

2021

“A New Normal”

Kathleen (Katy) Marie Camphouse

Follow this and additional works at: https://digitalcommons.csumb.edu/hcom434_spring2021

This Book is brought to you for free and open access by the HCOM 434: Creative Publishing and Critical Storytelling at Digital Commons @ CSUMB. It has been accepted for inclusion in HCOM 434 Weekly Response Activities by an authorized administrator of Digital Commons @ CSUMB. For more information, please contact digitalcommons@csumb.edu.



A new decade, a new beginning
The start of something unfamiliar,
An experience slowly rolling in,
Something we've never gone through before.

Expansion & Discoveries,
were all what we envisioned.
But the universe threw us all a curveball,
In adjusting to something,
We never would have expected.

Though maybe we may seem powerless,
There will be brighter days as time passes.
All this newness of isolation drains us,
As we try to remain positive,
While the unknown unfolds before us.

With challenges we must face and endure,
We are able to grow & learn something more.
Navigating relationships with ourselves & the world,
This past year has surely taught us what matters most.

Everything is laid out on the table,
Attempting to put it all together to make sense,
For what is really needed to survive in this time of scare.
We continue figuring out the puzzle of what's right,
With each day bringing something new to walk through & handle in life.

We question when this fight will be over,
When will we win back our ultimate freedom to live?
We will always remember these times of despair & loneliness,
As we are now stronger beings who will always be prepared.