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A Sonnet for Mornings

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A Sonnet For Mornings

Through rosy aromatic flesh I taste
The gentle morning calm before the storm.
Drawing the bitter steam and air in haste
I try to hold my thoughts in present form.

Between the gentle sips and munches I,
Closing my eyes around the lights of morn,
Breathe deep and still myself to hear the cry
Of sparrow's sweet lament of moon. **Though worn,**

The still small voice within me calls me on
To greet the vibrant light of day with thanks;
A gift to be in simple grace of dawn,
A gift yet often overlooked for clanks

Of keys and footsteps rushing out the door.
Oh, why have I not stopped to rest before?