Lighting Needed on Campus

by Robert W. DeLaRosa

If you went walking through Bunker Hill at night, you would pass Yorktown court. From Yorktown to Saratoga court, there are no streetlights. It is these kinds of dark streets, parking lots and walkways that have many people in the CSUMB community concerned.

According to University Police, there are no streetlights. "I don't see a problem in the residential areas; the only place I would have a complaint about is some of the roads," said apartment resident Jacob Munns. "I think that it is insufficient. I often feel unsafe to walk to my car," said dorm resident Marie Ricco.

People in the campus community said the main quad and the walk from building 201 to the DC are in need of better lighting. McTaggart said he feels that-in general, the campus is a safe place and he is more concerned with accidents than with crime when it comes to the lighting issue. RA Arianne Tucker does not feel the same about the lighting issue. Tucker said, "I think that on campus there is not adequate lighting for people to be walking late at night. Women especially feel vulnerable and do not feel safe walking on unlit paths."

In parking lots 201 and 45 the lighting is mediocre to non-existent. They are the next lots to be renovated. "This is a spot, another building will open that is not adequate lighting for people to be walking late at night. Women especially feel vulnerable and do not feel safe walking on unlit paths."

There is a high demand for buildings but the funding for lighting is not there. Much of the lighting issue seems to be related to the rapid growth here at CSUMB. There is a high demand for buildings but the funding for lighting is not there. "Plans are in the works, it's just a matter of funding, but things are getting better," said McTaggart.

The issue of lighting will not be solved anytime soon because once they fix a trouble spot, another building will open that needs better lighting.

When walking in the daylight, you can see the unpaved paths that students have made taking shortcuts. Many students take these shortcuts through the wooded and bushy areas at night. It does save time but, each time they do this, they are taking a risk. There is no lighting in those areas and there are no plans to put any there. When walking on an unpaved and unlit road at night, you should always walk with someone.

The only alternative at this point is the NightWalk service from the University Police Department. This is a service provided by the Community Service Officers here on campus. They will pick you up anytime from 6 p.m. to midnight and drop you off at your home on campus. The phone number is (831)-582-3573.

Students Want Healthy Choices

by Leah Maxwell

It is lunch time on Tuesday afternoon and the Dining Commons buzzes with activity. Students of all ages, staff members, and faculty retreat to cure their hunger. A newcomer may enter the feeding grounds and notice the appealing sandwich counter or the tasty burrito bar.

"There are a lot of options; not a lot of healthy options, but plenty of cheesy, greasy options," - Amy, a freshman in the dorms

Others may need a grilled cheese and fries fix or a cup of homemade soup and some salad. The choices may seem endless. But to those freshman and sophomores that rely on the Dining Commons for their body's daily fuel, choices become limited.

The main concern of these students is on healthy alternatives. They don't feel as though their dietary needs are being met. "There are a lot of options, not a lot of healthy options, but plenty of cheesy, greasy options," Amy, a freshman in the dorms said.

A sophomore, also living in the dorms, stated, "There is too much fat on everything," a sophomore also living in the dorms stated. "You really have to watch what you eat and that limits your choices."

Many of these students have to rely on the salad bar to stay healthy, but in reality, there is only so much salad one can eat. Even with current complaints, many students have noticed some positive changes in the Dining Commons. The sandwich counter is an obvious favorite, and the self-made Belgian waffles are enjoyable as well. Deborah Allyson, the DC director who has worked in college cafeterias for 18 years, is proud of the recent changes and said, "people are recognizing the changes that were made, specifically around more healthy selections, especially on the entire line."

Another issue students have is the lack of vegetarian and vegan choices available. A recent addition of a hot plate available for grilled, meatless items, is geared toward vegetarian diets. But the butter used on the surface is sure to repel any vegan. There was a meeting held on February 18th specifically about this issue. Students and staff were encouraged to voice their opinions and offer suggestions for these important needs.
CSUMB Students Included in Tellus Survey

by Ginger Rose O'Kelley

This year, the CSUMB student body will be included in a survey conducted by the Tellus/Diganos Project.

The purpose of the Tellus/Diganos Project is to develop an assessment tool that will indicate how people who live and work throughout the Monterey County feel about their quality of life.

The Tellus/Diganos Project is a collaborative organization of Monterey County hospitals, County Government, the Harden and Community Foundations, the United Way of Salinas Valley and the Monterey Peninsula, as well as the business sector and municipalities.

The last survey was completed in 1996. It produced practical results. According to Joya Chavarin, CSUMB grad student and assistant to the Tellus/Diganos director, the survey indicated that during the welfare reform, many parents had difficulty taking their children to daycare and getting to work. Because of these survey results, the bus routes were changed to go past day care sites so parents would have an easier time getting to work.

A goal for the 1999 survey is to interview a more diverse population of Monterey County, including farm workers and CSUMB students.

The survey will focus on five key priorities for Monterey County: Health, Public Safety, Education, Environment/Economics and Social Environment.

The survey will include telephone interviews with 500 people in households chosen randomly by Applied Survey Research, a local non-profit research organization. These results will be supplemented by thousands of face to face interviews.

The Tellus/Diganos Project needs volunteers for the face to face interviews. The three upcoming disbursement dates of the survey are February 27, for Salinas, March 13 for the Monterey Peninsula area, and March 27 for the South County (King City, Soledad, Gonzalez).

For more information about the Tellus/Diganos Project, and how to volunteer, contact Joya Chavarin (831) 647-7656.

Alumni Association Growing and Active

by Sondra Rees

Kristine Edmunds, the Associate Director of Corporate and Foundation Relations for CSUMB, has been the coordinator for the Alumni Association since July 1998. She has established a database of 500 potential alumni members and developed a Board of Directors: President Sky Rappoport, Vice President Theodore Hightower, Treasurer Tessie Brodrick and Troy Challenger is Secretary. A By Laws committee will be formed shortly, which will decide final eligibility and dues for membership.

On Thursday, February 11, 1999, the Alumni Association held its third event, a co-sponsored auction/fundraiser with the Alumni Association will work closely with career development on campus to encourage ongoing career support.

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CSUMB News

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Carpet Removed in MLC
by James Thomas Green

Students returning from winter break found a big change in the Media Learning Center (MLC) in Building 18. The carpet had been removed and replaced with tile. The reactions were swift. Student Travis Melvin said, "I personally think it was stupid to remove carpet from the MLC and have heard more negative reactions than positive."

Student Kathryn Angarano said, "I miss it. I noticed it was gone the moment I stepped into the MLC my first day back to class. It makes the place look like a hospital, I heard someone say."

The hospital-like complaint is a common one. Student Alison Geitner said, "I feel like I am in a hospital. When I walk down the halls to class, I hear in my mind, 'paging Dr. Roberts. Dr. Roberts to E.R.'" Ben Fowler, a Student Assistant in MLC Lobby C agreed, "I think it makes it too much like a hospital. The carpet gave the building a nice, warm, didn't used to be run by the military feel to it."

Student Michelle Halpin said, "I liked the carpet! (seemed cozier) It was cold enough in the MLC last semester. Now it seems really cold in there! (and my shoes make too much noise now?)"

Student David Wilhelm said, "The tile floor is ugly to begin with and with in a day of laying it down it was filthy and looked it."

On the positive side, student Kent Garliapp said, "It's easier to roll my wheeled brief case."

"I miss it. I noticed it was gone the moment I stepped into the MLC my first day back to class. It makes the place look like a hospital, I heard someone say."

Student Kathryn Angarano

Student Jimmy Liang said, "Ever consider that carpeting creates static electricity which is quite harmful to the equipment in the rooms ... also, are the carpets being removed from the rooms as well? That would help greatly with rolling the chairs... you can slide effortlessly from one computer to another on those chairs." Student Greg Lukas commented that the lack carpet would probably be good for people with allergies.

Many wondered whether the carpet was removed in the first place. Student Sandra Johnson said, "I didn't see anything wrong with the carpeting that was in there in the first place. Why fix something that isn't broken?"

So what was the reasoning behind the decision to remove carpeting from the MLC?

According to Dino Latino, Director of CSUMB Building Maintenance and Services, a survey was done and the flooring of building 18 was identified as needing attention.

"As we moved ahead, we looked to the long term," Latino said. "The carpet was four years old. It was beginning to fray in places and had permanent stains. The decision to replace the carpet with tile rather than another carpet was made. There were several reasons for this. The expected life span for tile is longer than that for carpet. The cost to maintain the tile is about one-fifth the cost of maintaining the carpet. Contract custodians spent over five hours per week removing carpet stains and an additional five hours a week shampooing and vacuuming for about $125. Now they spend around two hours per week in buffing tile for about $25."

Marsha Moroh, Dean of the Center for Science, Technology & Information Resources (STIR) made the final decision to replace the carpet based on the recommendation of Tom Welsh, (the former) director of New Media Services.

Moroh said, "I accepted his judgement as I usually do on such matters, because I had neither the expertise nor the time to do the research myself." Moroh added, "I don't want to convey to you the impression that I don't care about this issue. But since I am managing ESSP, CST, TAT, all of InfoTech including all computers, networks and telephones, the SIVA center, the Library and New Media Services, chairing several major task forces and search committees, and still trying to work with my advisees and other students, I sometimes need to rely on the judgments of those responsible for specific functions. And that's what I did in the case of the MLC car­pet."

Student Audrey Ciccone wondered "What are they going to do with all of the old carpet, recycle it or landfill it?"

Latino said, "The carpet was disposed of at the landfill. It was not the type of carpet that would be recycled for carpet or pad."

However, according to Student Travis Melvin, not all the carpet ended in the landfill, "I think the only positive is that one of my friends got the old carpet to lay down over the hard floor in his first floor apartment."

CSUMB Student Raising Funds for AIDS Ride
by Angie Cricchio

In the coming months, I will be participating in a very special and powerful event to help raise awareness about AIDS.

In June, 1999, I will take seven days to ride my bicycle 560 miles from San Francisco to Los Angeles with over 2,600 other people in an event called California AIDS Ride® 6. We are riding my bicycle 560 miles from San Francisco to Los Angeles.

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OLLIN Club

Ballet Folklorico
by Silka Saavedra

Ollin literally means movement, which is what this new organization on campus plans on achieving. In less than a month, this ballet folklorico dance club has recruited over twenty students, fifteen of which are active members.

Rafael Arce, a CSUMB student and the President of Ollin, is the creator of the dance troupe. "I felt and thought CSU, Monterey Bay needed something else, something to motivate the other percentage of the school population, something useful, entertaining, and health beneficial," said Arce.

The vision statement of the ballet folklorico states that the club acts as a vehicle of expression to all students, staff and faculty who share a passion for music and dance. Ollin focuses on enhancing the Mexican culture, but opens its doors to the entire CSUMB community, regardless of ethnic backgrounds. The club currently has members who are not from Mexican descent. Its staff advisors are Alethea de Soto and Felix Cortez-Littlefield.

Club members are working diligently to be prepared for what is their main goal this year. During the summer, a group of about ten students will have the opportunity to attend a workshop on Mexican folklore tap dancing. The seminar will take place in Guadalajara, Mexico for two weeks. The group's main concern at the moment is funding and preparation. Practices are held three times a week, Sundays and Mondays in the Barker Theater, from 6-8pm and Thursdays in Building 93, from 5:30-7pm. If you are interested in forming part of the group, you can come to any of their practices. As a club member, Maria Figueroa puts it, "practices are fun an entertaining. It's a great way to learn about my culture and maintain a nice figure." For further questions, e-mail Rafael Arce at rafael_arce@monterey.edu.

Barker Theater
Sun. - Mon. 6-8 pm
Building 83
Thurs. 6-8 pm

Ollin members practice a basic step called "zapateado".

photo by Silka

DegenerAsian X! Are You Ready?
by Darby Okamoto

Watch out otter fans, there is a new cultural club at this illustrious campus and it is called DegenerAsian X!

The original name of the club was the Pacific Asian Student Union (PASU), and junior Liz Silos founded it during the spring semester of 1998. The name was soon changed since most of the club members are avid pro wrestling fans who enjoy watching the likes of "Stone Cold" Steve Austin and The Rock going at it, thus changing the club’s name to DegenerAsian X.

Don’t be fooled however, this club is a far cry from being a group of degenerates. The club puts much emphasis on the community and is likened to the Kiwanis groups in many high schools. They help out in the community and are always available on campus to help host a cultural event.

Although there is an emphasis on the Asian community, all races and ethnicities are welcome to be members. The club as it stand is very diversified with several Chicanos, several mixed Asians, and several full-blooded Asians and it is growing by leaps and bounds.

Although working with a rather modest budget, the club has managed to have a couple of big events in Seaside with a special Karaoke night, a get-together at Fuji’s, and are now planning on some upcoming holidays.

The reigning president is Liz Silos and the vice president is the newly elected Matt Eguchi. Mike Acoba, Dave Maguirre, and Barry Garcia also round out the rest of the board. The club has a meeting every Tuesday night in Building 44 between 8 and 9PM. The scheduling time might change soon and it would be good to contact Liz directly for proper time and location of the meetings. New members are always welcome and there is a realm of possibilities just waiting to be tried out for this young club and the experience that can come out of this, would be more than memorable. It would be downright outrageous! Join the fun! Join the gang! Join DegenerAsian X!

Black History Month Viewpoint:

Whose Black History Do We Believe?
by Bobby L. Welch

I, like many black students, learned about Africa watching Tarzan, King Solomon's Mines, and Jungle Jim. I learned about Egypt watching the Land of the Pharaohs, Cleopatra and the Ten Commandments. I learned about Greek mythology watching Hercules and Jason and the Argonauts. I learned about American slavery watching Gone With The Wind.

Some Afrocentrists don’t help matters. In an effort to combat the whitening of history, they made outlandish claims that blacks made all the major contributions to world civilizations.

Grow up, I, unfortunately, believed the claims of many eminent historians that blacks contributed little or nothing to history.

Thanks to the work of Carter G. Woodson, the pioneer black historian and educator, who fifty years ago initiated the original "Negro History Week", and other black and white scholars, the contributions of Africans to world history and African-Americans to U.S. history were permanently rescued from oblivion.

Black abolitionists Frederick Douglass and Harriet Tubman, black educators Booker T. Washington, and W.E.B. DuBois, black activists, Marcus Garvey and A. Phillip Randolph, black writers Langston Hughes and Zora Neale Hurston, and modern day civil rights champions Rosa Parks and Martin Luther King had finally claimed their place in many history texts.

The problem is they are still too often compartmentalized into separate and unequal chapters, such as "civil rights," or "slavery." This gives the false impression that black contributions are little more than a sideshow to the real workings of history.

This is nonsense. Black inventors, explorers, scientists, architects and trade unionists were major players in the development of American industry, Black abolitionists, religious and civil rights leaders profound influence on law, politics and ethics in America. Black artists, writers and musicians gave America and the world its most original and distinctive culture and art forms.

Once again, Afro-centrists don’t help matters. In an effort to combat the whitening of history, they made outlandish claims that blacks made all the major contributions to world civilizations. They reveled in the past glories of African empires and ignored the rich contributions that blacks made to American history. By distorting history to score racial brownie points, blacks and non-blacks within left many blacks and non-blacks wondering:

Just whose black history do we believe?
"Women are just as capable of successful and rewarding careers in mathematical, scientific and technical fields as men," claimed Earth Systems Science and Policy (ESSP) professor Steve Moore. And this past Saturday, Moore's words echoed in over 100 young female minds as ESSP teamed up with the Association of American University Women (AAUW) for the Second Annual Girls' Science and Math Conference.

About 100 junior high school girls attended the event, which featured science- and math-related workshops run by successful professional women currently working in various science-related fields.

"I'm confident that some of these girls will go on to become great scientists, engineers and mathematicians. In the process, they will help redefine the culture of modern science."

"The AAUW's mission is to show girls..."

"There are relatively few positive women role models in mathematical, technical and scientific fields," Moore said. "Role models are critical. Research has shown that middle school age is also critical, because a person's image of what they can become when they grow up seems to narrow down dramatically at this age. If girls have seen women happily and productively employed as scientists, mathematicians, and technicians, then they will know that they can do that too, and may well go on to take the appropriate courses in high school and college."

"ESSP's goal is simply to expose girls to some of the careers being done by women in science, mathematics, engineering and other technical fields, so they will know this pathway is open to them, if they want to follow it," said Moore.

One result of so few role models, Moore said, is that "...many girls (and men of color) drop out of science and math courses because they see these courses as dead ends with no future for them. This is tragic, because it simply isn't true."

Eufemia Palomino, a Latina woman pursuing a career as a physical oceanographer through the ESSP program, also sees few women in the sciences. "There aren't that many women in math or the physical sciences these days, and even fewer are Hispanic or Latina," she said.

"I remember thinking when I was in high school that being smart was not cool or that liking science was not cool. The sooner students realize that it is cool, the greater chance we have for more kids finishing high school, and getting motivated to take charge of their education and, hopefully, their community."

The Conference was run entirely by volunteers, with many CSUMB students participating in making the Conference a success. Eufemia became interested in helping with the educational workshops because she thought, "education is the key to a better future, and the local approach is HIGHLY effective because it lets you see the state of your community, and gets you in touch on a personal level with the kids who benefit from your efforts."

Jenifer Rogers is a sophomore who also "wanted to get more involved with the school and its activities." She was inspired to volunteer by her memories of a high school science teacher whose senior thesis was on women in science.

"I wanted (the girls) to see that they can be whatever they want," she said. "I believe everyone should have a chance to follow their dreams, no matter what sex, race, or any other 'category' they fall under."

Kendia Herrington, the sophomore dynamo and DoD scholar who organized student support at the conference, admits to being one of the lucky ones.

"My mother was very management from both women and men in the field."

"It may sound corny," she said, "but I wanted to return the favor. I wanted (the girls) to know what is possible if they work hard and stick to what they believe in - and believe in themselves."

Over 100 girls participated in the second annual Girl's Science and Math Conference. photos by Janet Moors
An Evening With Dee Dee Bridgewater at CSUMB
by Caroline Musto

Dee Dee Bridgewater will grace the new stage of California State University Monterey Bay’s World Theater on March 3, 1999. The two-time Grammy Award Winning jazz vocalist will be performing as a benefit for CSU Monterey Bay’s Music and Performing Arts Institute.

Dee Dee is recognized as one of the most exciting jazz singers performing today. She began her professional career with saxophonist Andy Goodrich and has performed with Thad Jones in the Mel Lewis Orchestra, Winner of a Grammy Award for best jazz vocal performance in “Dear Ella,” this versatile artist has also won a Tony Award for her performance in The Wiz on Broadway and received international recognition for her duet “Precious Things” with Ray Charles. In 1984, thanks to another musical,

"Sophisticated Ladies," Dee Dee came to the attention of Paris, where she decided to settle. Two years later, she played the role of Billie Holiday in the show "Lady Day", first in Paris, then in London and Hamburg. The show begins at 8:00PM in the new World Theater, building 28, which is located on Sixth Street. Parking is available in the adjacent lot # 28.

Tickets may be purchased by calling 582-3862—Credit Card Only $50.00 Orchestra Seating $35.00 General Admission

Dee Dee Bridgewater “Dear Ella”

photo by: Philippe Pierangel/Verve 1997

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Message of Community at the Heart of Musical Offering: Linda Tillery and the Cultural Heritage Choir

by Marisa Mercado

In Oldemeyer Center in Seaside, under a banner that read "Black History: Past, Present, and Future," a gathering of the community, including CSUMB students, faculty, and mayor Jerry Smith, came together for an American history lesson that no one would sleep through.

"...when we were little and our mamas made us go to church, I could never understand a word people were saying, but the sound stayed with me."

Linda Tillery

Linda Tillery, one of the Bay Area's most prominent vocalists, led Rhonda Benin, Eloise Burrell, Melanie DeMore, and Emma Foster-Fiege, collectively known as the Cultural Heritage Choir, in a patchwork musical quilt rooted in the African heritage. The presentation included slave field hollers, tribal chants, gospel hymns and fifties pop songs in a complex mix, woven into an ongoing lesson of Black history.

This second annual performance was sold out, a good sign for collaboration between CSUMB and the surrounding cities. To celebrate Black History Month, CSUMB joined Seaside in a visible step towards fulfilling the vision of partnership with the community. Part of a month-long series, this event was a joint effort of the Music and Performing Arts Institute (MPA), CSUMB African Students United (ASU), and the City of Seaside.

The key to the evening's success was in Tillery's humorous interaction with the audience, inviting members to do the Hand Jive, play musical Jeopardy, learn the Rinky Tinky (a folk children's song and dance), and join along in singing gospels, even if they didn't know the words.

Tillery explained that, "when we were little and our mamas made us go to church, I could never understand a word people were saying, but the sound stayed with me." She stressed the importance of the community singing as one voice, and led the audience in a call and response. Afterwards, she said, "you all sure sing pretty," and added that, "in college they call that antiphonal music, and do dissertations on it, five hundred pages to tell you how that works."

For MPA professor Paulette Gissendanner the evening "brought home a lot of memories. I'm from the south-Alabama-and a lot of the songs were very familiar. I learned them from my mother, and she learned them from her mother, I had the church experience, the rhythm was a constant thing, it's good to hear confirmation of what I already know."

Taherera Smith, the freshman president and founder of the Monterey Harmony Movement a cappella club, was enthusiastic about the presentation: "It was excellent, moving, she got the audience involved, it proves the a cappella movement is growing, and I'm glad that she came."

Professor Renee Perry, of Earth Systems, Science, and Policy, declared it, "history made beautiful." Indeed, the evening was one of remarkable vocal grace. As described by Carlos Santana, "This body of music touches your heart immediately-and then it explodes with the sound of universal oneness."
World Theater, residents of Monterey Bay venue.

The original theater required less money for renovations is spent on the actual structure which enabled the university to do a renovation for much less money than the cost of renovating a more traditional old theater. Most often, the majority of the budget for renovations is spent on the actual structure. Since the structure was overbuilt, more money could be spent on quality equipment, said Eric Hayashi, Interim Director for Teledeagram Arts and Technology. "There was no money wasted rebuilding walls or reinforcing the foundation. We got our money's worth."

The World Theater has an intimate, medium-sized house of 427 seats. The theater will have diverse live theater and multimedia performance capabilities. Because it was originally a movie theater, there is no traditional 'fly space' for scene changes. The large open playing stage can be altered visually with different draping techniques.

The theater is graced with the latest digital lighting and audio controls. Over 200 lighting instruments and fixtures connect to a lighting grid, which hangs over the performance area. This equipment will allow CSUMB to do several types of activities within a week without having to refocus lights or reprogram audio components. An acoustic shell has been ordered and will be installed in the near future. Choral and intimate music concerts will experience the best acoustics possible.

There is a 31 feet wide retractable motion picture screen. Two 35mm projectors were saved from the original theater which are being reconditioned to be installed this spring. CSUMB will be capable of showing feature movies on campus.

Unlike most stage conversions which are built on top of concrete slabs, the World Theater's stage floor is 'double sprung' which translates to better flex, which is not only beneficial for dancers but adds to the diversity of the performance capabilities the World Theater can offer. A 'Marley floor' will also be installed for dance performances. The theater is completely wired for video and fiber feeds for videotaping live events. There are also "Powerpoint" and other computer capabilities making CSUMB's new World Theater a complete multimedia theater.

Events are already in the planning stages for openings in March and April. CSUMB's new multi-purpose theater will be opening on March 3, 1999 with a benefit concert featuring Dee Dee Bridgewater. The two time Grammy Award winning jazz vocalist will be performing live. The concert will benefit CSUMB's Music and Performing Arts Department's effort to raise money for new pianos.

**CSUMB's World Theater offers a high performance Venue**

by Caroline Musto

With the completion of California State University, Monterey Bay's renovated World Theater, residents of Monterey Bay area can take a seat in the County's new state-of-the-art, high tech performing venue.

"Lucky for us, whoever designed the space, in their infinite wisdom, overbuilt the structure which enabled the university to do a renovation for much less money than the cost of renovating a more traditional old theater. Most often, the majority of the budget for renovations is spent on the actual structure. Since the structure was overbuilt, more money could be spent on quality equipment," said Eric Hayashi, Interim Director for Teledeagram Arts and Technology. "There was no money wasted rebuilding walls or reinforcing the foundation. We got our money's worth."

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<td>(831) 624-6765</td>
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<tr>
<td>9:00-Family Education Hour</td>
<td></td>
<td>The Rev. Roy Blumhorst</td>
</tr>
<tr>
<td>Marina: Epiphany Church-Lutheran Episcopal</td>
<td>425 Carmel (corner of California St)</td>
<td>(831) 384-6323</td>
</tr>
<tr>
<td>11:00-Worship</td>
<td></td>
<td>Jon Perez, Chaplain</td>
</tr>
<tr>
<td>Monterey: Bethlehem Lutheran Church</td>
<td>800 Cass St (Between El Dorado and Hartnell)</td>
<td>(831) 373-1523</td>
</tr>
<tr>
<td>8:00 &amp; 10:30 Worship</td>
<td></td>
<td>Pastor Arnold Steinbeck</td>
</tr>
<tr>
<td>Monterey: St. Timothy Lutheran Church</td>
<td>52 Soledad Drive</td>
<td>(831) 375-2042</td>
</tr>
<tr>
<td>8:30- Traditional Worship</td>
<td></td>
<td>The Rev. James Sorenson</td>
</tr>
<tr>
<td>Salinas: Iglesia Luterana El Buen Pastor</td>
<td>817 Beech St. (East of N. Sanborn)</td>
<td>(831) 424-2935</td>
</tr>
<tr>
<td>10:00 - Sunday School 11:00 - Sun. Worship 7:00 - Wednesday Worship</td>
<td>(831) 424-5643</td>
<td></td>
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<tr>
<td>Salinas: Lutheran Church of the Good Shepherd</td>
<td>580 Larkin St. (East of Davis Rd)</td>
<td>Pastor Wendell Brown</td>
</tr>
<tr>
<td>8:30 - 11:00- Worship</td>
<td></td>
<td>9:45 Sunday School</td>
</tr>
<tr>
<td>Salinas: Lutheran Church of Our Savior</td>
<td>1230 Luther Way (at Blanco Rd.)</td>
<td>(831) 422-6352</td>
</tr>
<tr>
<td>8:30- Informal 10:30- Traditional Worship</td>
<td></td>
<td>The Rev. James Sorenson</td>
</tr>
<tr>
<td>Salinas: St. Ansgr's Lutheran Church</td>
<td>72 E. San Joaquin (1 block east of S. Main)</td>
<td>(831) 758-8427</td>
</tr>
<tr>
<td>8:00 &amp; 10:30 - Worship w/Holy Communion</td>
<td></td>
<td>Herb Hoff, Pastor</td>
</tr>
<tr>
<td>Seaside: Faith Lutheran Church</td>
<td>1460 Hilby Ave.</td>
<td>9:15 - Christian Ed.</td>
</tr>
<tr>
<td>9:15 - Sunday School and Bible Classes</td>
<td></td>
<td>(831) 394-1312</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Anton Prange, Pastor and Campus Contact</td>
</tr>
<tr>
<td></td>
<td></td>
<td>10:30 - Worship</td>
</tr>
</tbody>
</table>
In a fight for possession, Monterey and UC Davis Scrum down.

Carrie Drovin grabs the ball and takes the tackle.

Monterey Ruggrs Tahera Smith and Kerri Conger lift Carrie Drovin to catch the ball.

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**Outdoor Recreation**

242-5506/6133
Bldg. 228, Lewis Hall, Presidio of Monterey

**Trips & Tours**

San Francisco Get Acquainted Tour, Feb. 6, Mar. 13, $20
Disney Wonders Tour, Disneyland/Sea World/Universal Studios, Feb. 13-15, $199
San Jose High Tech Museum, Feb. 20, $30
"RENT", Golden Gate Theater, (Best of Broadway/ 1996 Tony Award Best Musical/ 1996 Pulitzer Prize), Mar. 5, $60
NHL SJ Sharks vs Detroit Red Wings, Mar. 12, $50
Hearst Castle & Imax Presentation, Mar. 20, $35
Great America Season Opening Tour, Mar. 27, $35

The Outdoor Recreation Office will arrange private tour packages for anywhere in California, for groups of eight or more. Call 242-5506.

**Ski The Best for Less!**

**Weekend Ski Trips**

Adult $169/Teen $155
Child $145
Feb. 5-7, 9-11, 13-15, 17-19
Mar. 1-3, 5-7, 9-11, 13-15

**Holiday Ski Trips**

Adult $239/Teen $219/Child $199
Feb. 12-15

**South Lake Tahoe Lodging**

Discount hotel/motel lodging, condo and cabin rentals are available through Outdoor Recreation. Ask about holiday special rates.

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**Classes**

**SCUBA - OWI Certification**

Classes meet on 1st Saturday and Sunday of every month for 3 weeks. Class fee is $230. There may be an additional charge for pool fees. Mid week, advance, specialty and condensed courses during holiday weekends are also offered.

**Kelp Klimbers Dive Club: Meets on the last Thursday of every month**

**Surfing**

Classes meet on the 2nd Sunday of every month. Class fee is $40.

**Power Boat Orientation**

Classes meet on the second and fourth Wednesday of every month at 6:30 p.m. You must attend this class prior to renting ODR boats. Class fee is $20.

**Other Classes:** Mountaineering, Backpacking, Sailboarding, Kayaking, Hang Gliding, Skydiving and Orientering

**POM Ski Club** Meets on the 2nd Tuesday of each month.

**Speciality Programs**

Charter Bus Service
Hotel Bookings, RV Storage, Unit or Group Tours

**Discount Tickets**

California Ski Resorts
Local Movie Theaters
Monterey Bay Aquarium
Disneyland
Great America & Much More!

**ODR Satellite Office**

Stilwell Community Center
Bldg. 4260, POM Annex, 242-6155

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**Whale Watching**

Tickets & Tours
Jan - Mar
Adult $12 - Child $8

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**ODR Satellite Office**

Stilwell Community Center
Bldg. 4260, POM Annex, 242-6155
Many members of the CSUMB community have developed a false sense of security on this campus. Often times it seems as though we are living in a bubble looking out on the world. We are a small community between Fredricks Park I and II and Schoonover.

Students find themselves walking in the evening from their home to a friend’s house, sometimes three or four blocks away. When the evening turns into a late night, they find themselves walking back alone in the cold. It becomes tempting to walk along the poorly lit back trails that line both Fredricks I and II to get home quicker. Or maybe someone stayed too late at the library after the shuttle stopped running and did not have the extra 35 cents to call Night Walk, so they decided to take the long trek down Inter-Garrison Road. After all, it’s good exercise, right? Someone else may be driving along and see the lone walker and pull over and offer them a ride. After all, this is CSUMB, everyone knows everyone, right?

Unfortunately, our community is not as safe as many of us think it is. According to the Uniform Crime Report, CSUMB reported 26 Violent Crimes, including four reports of rape in the 1996-97 school year. There were only 1256 students enrolled and CSUMB had by far the highest number of Violent Crimes and was one of the highest in reported rapes.

We do need to put this into perspective and acknowledge that not all residents are students, faculty and staff, we must also recognize that 75 percent of our students live on campus. Regardless of whether these crimes were inflicted on students, this is still our community. We are still effected and threatened by this. Even the Christina Williams incident was frighteningly close to home since she was picked up on the other side of Fort Ord and found behind student housing.

The answer all of us have to demand is a safer living environment, which means proactive measures to avoid being victims of these crimes. Sgt. Jay McGaggert said he feels this campus is relatively safe. We need to inform him that it is not safe enough.

When a new building is scheduled to be renovated or built, the first question should be, "Where are the light!?” and then, "Will there be parking and parking their cars?" "Is there a lit path to the nearest shuttle?"

When buildings 44, 45, and 46 opened and the the days became shorter in the fall of 1996, students found themselves walking in the pitch dark to the parking areas behind the buildings. This oversight should never happen again. If students are responsible for paying to park on this campus, they should have the right to demand safe parking and parking areas in the vicinity of their classes.

The shuttle service has to be looked at more closely, also. Some classes last until eight or nine in the evening and the shuttle does not run that late. Many students who rely on the shuttle are required to call the Night Walk service, which unfortunately is an inconvenience and sometimes they would rather walk. This is not a good idea and students should reconsider the Night Walk or demand better hours for the shuttle.

We have an attentive University Police Department with Community Service Officers who spend a lot of time patrolling the parking lots looking for valid parking permits. Could their time and our money be used more efficiently as shuttle drivers and adding more hours in the evenings?

There have been quite a few information sessions lately about being safer on campus, which is welcomed and effective. However, shouldn’t we be putting as much effort into making the campus safer?
Healthy choices:
cont. from front page

One of the biggest issues right now is about the use of styrofoam. A large number of students seem genuinely concerned that every cup and carton is styrofoam. Allyson commented that, "we could certainly put paper plates out with plastic wrap, but from my experience, people still reach for the styrofoam container."

Allyson revealed that the cost of a styrofoam cup is 3.5 cents, whereas the same sized paper cup is 12 cents. She is currently speaking to the university's administration about the possibility of allowing the students to choose the material of their containers, possibly paying a fee of 25 cents at the register for paper products. Allyson also mentioned that many people get their food to go, in a styrofoam container, and then sit down to eat in the dining room, filling the trash with the non-biodegradable material.

For more information about the outcome of the February 18th meeting or to give your input contact Deborah Allyson @ monterey.edu.

Other Healthy Tips:

Shaping up is a commitment that many of us know we should make, but somehow there just aren't an extra 30 minutes a day to start an exercise program. Physical inactivity contributes to many health risks such as overweight, high blood pressure and even stress. By incorporating physical activity into daily life you can reduce these risks. Exercise can improve energy and elevate mood too!

If you do not exercise regularly, it is important to start slowly. Move your body everyday for just 10 minutes and you will feel the difference. Some suggestions for increasing your daily activity are:

• Walk or ride your bike to classes, even if you walk from Frederick's Park, it only takes 20 minutes.
• Try scheduling morning walks into your daily routine. The early morning sunshine will increase your energy!
• Try an aerobics class. The Wellness Activity Center offers step aerobics class for an hour on Tuesday and Thursday nights at 5:30!
• Visit the Wellness Activity Center, and play racquetball or use any of the other equipment they have. The WAC is free to CSUMB students.
• Listen to soothing music and do breathing and stretching exercises.

There are many things that you can enjoy that will bring activity into your life. Aim for 30 minutes or more of activity each day. Find something that you like to do and find a partner for motivation!
February/March

2/25 Thursday  MeCHA Welcome Back Dance, Meeting House, 8 p.m.-12 a.m.
2/25 Thursday  Cheryl keyes-Ngon; Rap Lecture/Demo, Bldg. 30, 10-12 p.m.
2/26 Friday  Black History month Program, BBC, 7 p.m.
2/28 Sunday  Palette Gissendanner: Voice/Piano Recital, Special Guest Daniel Glover, Bldg. 30, 3 p.m.
3/1-35 Monday  Multicultural Awareness Week
3/1 Monday  RA 1999/2000 Applications Due, Bldg. 44
3/1 Monday  Job Search Workshop, Bldg. 44, Noon
3/3 Wednesday  Safe Night Workshop, Bldg 18-118, 1-3 p.m.
3/3 Wednesday  DeeDee Bridgewater, World Theater, 8 p.m.
3/4 Thursday  Multicultural Comedy Night, BBC, 8 p.m.
3/5 Sunday  Palette Gissendanner: Voice/Piano Recital, Special Guest Daniel Glover, Bldg. 30, 3 p.m.
3/13 Saturday  Women's Rugby, Parade Grounds, 1 p.m.
3/22 Monday  Resume Writing Workshop, Bldg. 44, 12-1 p.m.

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Joya Chavarin 647-7656

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February is Black History Month

America by Claude McKay

Although she feeds me bread of bitterness
And sinks into my throat her tiger’s tooth
Stealing my breath of life, I will confess
I love this cultured hell that tests my youth!
Her vigor flows like tides into my blood
Giving me strength against her hate!
Her bigness sweeps my being like a flood
Yet as a rebel fronts a king in state
I stand within her walls with not a shred
Of terror, malice, not a word of jeer
Darkly I gaze into the days ahead
And I see her might and granite wonders there
Beneath the touch of Time’s unerring hand
Like priceles treasures sinking in the sand.

Susan H. Nisonger
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Advertising/Business Manager
582-4346

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