New Associate VP Encourages Community Input on Campus Renovations

By Stephan DuBose

Bev Wood is Cal State University Monterey Bay’s Associate Vice President for Planning and Development. Wood’s work on campus involves master planning, environmental reviews, design and construction. Wood works with many people and her focus is on providing the coordination and synchronization to keep progress moving forward. Wood is responsible for matching the development project needs of the university to its resource base, which consists of state resources, federal money, private investment, gifts and donations.

Wood says, “...you have to interact with the whole campus. You can’t stay isolated in your office. The most important thing is to be out talking with people and encouraging people to come talk with us because it doesn’t work without that communication. So, it’s a big part of my job, too, that we’re hearing, that the people who are doing the professional jobs are hearing what the needs, objectives, and aspirations are of the campus. Also, for the campus to hear how these professional services hope to draw a broader picture of the overall physical and spiritual development of the campus that really makes the campus come together as a special place.”

Wood goes on to say, “It’s a special challenge to try and take the vision people have for the institution and to express it physically. That’s our job. If we succeed at that, then we have our main goal accomplished. It’s a unique opportunity to do it here because of the timing. To start with a relatively new institution and shape it, as opposed to trying to impose a really progressive, really visionary outlook onto an existing institution. It’s a great opportunity. So, that’s the challenge. To take the vision, take a new model and build it, make it a physical reality.”

Wood expressed the challenge of dealing with a very “concrete” and fiscally responsible enterprise, while still keeping imagination in the process. “Campus planning is never boring, always surprising, and it is always changing.” Wood spoke of the considerable research that has been done on the relationship between the environment and social behavior and how they impact one another. Wood brings to the university a vast breadth of knowledge and experience, which should well complement the pioneering spirit already established.

Before coming to the Monterey area in July, Wood was the Associate Chancellor at the University of Massachusetts. Bev Wood has a Bachelor of Science degree from the University of Massachusetts in landscape architecture and environmental design. Wood also has an MBA from U. Mass, with an emphasis in organizational development. Among other things, Wood has a background in city planning and has focused on natural and built-in environments.

Wood responded to some questions about current and possible future campus development projects. “I do not think we are going to have to put federal money into the Science Center. We have made a request to the state for the 14.5 - 15 million dollars for the development of the Science Center and the other seven million dollars will come from capital campaigns, donations, and fundraising. We are in the process now of going through the capital outlay request process with the state. We have recently had a “scope” visit from the Legislative Analyst with the Department of Finance to go over the particulars of the project and it will continue now on through the state process and we will know toward the end of the year about the state funding for that project. I am optimistic about it. That will be the first major new construction on campus, a major new building.” The choice of location for the new Science Center will be part of the process this spring. “For now until the end of the year, while the state is processing our request, we are going to get ready to hire an architect. As soon as we get some feedback from the state, we will be ready to start a design process. One of the first things we will look at is an appropriate site.”

As far as the Pomeroy Center (referred to by some as the Pomeroy Center) is concerned, Wood is looking at the plans for the restaurant that is supposed to open next spring. Wood also commented on another development. “Building 47 is a project that has quite a history to it. We are in the process of trying to finalize the interior space planning. It is an existing building that is being renovated and it has been gutted, so when people go by it, they’ll see the skeleton of the building or the framework that’s left... This fall we will be finishing up discussions about who will occupy that space and by the end of the semester we will have final space assignment for the building. We will give that to the architect and it will go into construction next spring. It will be open a year from January.”

Wood responded enthusiastically to questions about input from students, faculty, and continued on page 2

Special Edition:
Alcohol Use on Campus

For the past two weeks, the Otter Realm staff has been revisiting the issue of alcohol on campus. On pages 3-6, we will explore the various concerns around alcohol use specifically on this campus, how this topic is viewed by various folks around the university, and get a peek into how other California colleges are handling it on their campuses.

We welcome and encourage feedback to this special section.

Kechia Smith-Gran, Editor-in-Chief

Alcohol Policy On Tap for CSUMB-
What Does This Mean?

By Christian Womack

After five years in existence CSUMB is developing an alcohol policy. CSUMB is a work in progress. It is a school growing and changing with every year. This policy is just part of the natural evolution any young campus must go through.

Alcohol consumption on college campuses around the country has been an issue over the last year. Director of Residential Life Cindy Derrico supports a new policy saying, "I do believe that there is a need for campus policy, on the use, possession and purchase of alcohol." With practices such as binge drinking leading to student deaths on other campuses around the country Derrico went on to say, "Nationwide, statistics regarding alcohol consumption and abuse by college students is high..."

In an interview Director of Purchasing, Contracts, & Risk Management Rich Taylor described the new policy as a "synthesis of other campus’s policies and what is important to CSUMB." The policy is now a draft. It means the policy is in its first stages. The Policy Facilitation Team is currently doing research into what kind of policy other California State campuses have in place.

The Policy Facilitation Team (PFT) will pay close attention to other campuses but CSUMB is faced with a unique situation. The majority of CSUMB faculty and staff live on campus, not to mention the large population of older and returning students. The team must come up with a policy everyone can live with. Taylor emphasized how they were avoiding extremes. CSUMB will not be a dry campus but there must be some regulation.

The current draft will be finished and polished into a final day. Once all of the details have been worked out and everything is in place the final copy will be circulated around campus.

The PFT wants to make sure that everyone is given a chance to comment on the policy. Among other committees the policy will be sent to the Student Voice. Eventually the draft will make its way to the Faculty Senate. Final stops will include CSUMB President Peter Smith and the cabinet.

In an open forum survey students were asked for their input. Students were asked whether they thought there was a problem with alcohol on campus and whether there should be policy in place. Megan Wong responded saying "...if the person in question is under age and drinking in their dorm room, there’s a problem and a policy should be in place...if a student of age is drinking in their apartment...I don’t see how anyone can say they are breaking any laws." Caroline Moonford wrote in to say, "...if we are supposed to be treated like adults then why is there a use for an Alcohol policy? I thought we were supposed to be able to make decisions for ourselves...I think that anyone over 21 is entitled to their choice of how, when and where to consume alcohol..."

Not all of the details have been worked out yet. There are many general issues the Policy Facilitation Team must deal with. The goal of the team is to come up with a policy that discourages irresponsible use of alcohol among all students, staff, and faculty. They want to make sure that alcohol is in use in what Taylor described as "appropriate venues". For example, the Black Box Cabaret where there is proper staff on hand to monitor consumption and the restaurant scheduled to open up in the Dining Commons.

The Otter Realm will publish the final copy of the proposed policy as soon as it is available. Students are encouraged to read and comment on the draft.
Alcohol is not an evil unto itself. How people use alcohol can become the problem or an issue, either on campus or in the community. At present time, this university does not have an alcohol policy in place, even though CSU Monterey Bay has been here for five years. A policy should have been in place prior to enrolling the first student.

Even though the California State University system has a set of loose guidelines written 21 years ago, each university has the responsibility of designing and implementing its own alcohol policy. This campus is unique, but not so unique that it can be without a standard in regards to alcohol consumption. CSUMB’s alcohol problems are neither nonexistent nor extreme; it ranks somewhere between a dry campus and a party school. The onus is upon the leadership, both administrative and student, to practice a policy that takes into consideration that our school’s diversity includes broad age ranges and experiences.

In March of this year, the Otter Realm ran two articles related to alcohol on campus: one about the lack of an alcohol policy, the other on the scours of binge drinking on college campuses nationwide. Six months later, there is still no policy on campus. There has been some committee work on the policy through the Policy Facilitation Team, yet still CSUMB has no official guidelines. In the meantime, alcohol-related problems continue on campus resulting in conduct hearings, arrests, loss of financial aid and disrupted lives.

Any policy that is adopted at this university must be able to be enforceable by the University Police Department or the policy will have no teeth. The men and women in the public safety sector will have to consistently enforce CSUMB’s alcohol policy as well as state and local laws, being careful not to impede on anyone’s civil rights.

There are laws currently on the books about underage drinking, serving minors, driving while intoxicated and public drunkenness, but many other aspects of alcohol use are not clearly defined. For example, should a person over 21 be able to sit in the middle of the Quad and very quietly down a six-pack? Should a person over 21 be allowed to chug scotch before giving a lecture? While most people exercise common sense, there is nothing in that outlines responsible alcohol use.

One of the challenges for the campus is how to prepare the proposed document so that it does not put California State University Monterey Bay into the role of playing Big Brother. Let’s face it, there are many who might say ‘we are adults’ and ‘no one should govern what, when or where we indulge.’ By implementing a rational policy that incorporates meaningful suggestions from the students, staff and faculty, the Team has the opportunity to do what should have already been done.

The Otter Realm Staff

Editorial:

Continued From Page 1

staff re: planning and development. "We are now in the discussion stages of setting up a campus advisory committee, with subcommittees that would have the main focus of trying to engage people in all of these topics and finding ways through workshops, through committee work, through focus groups, and so forth, to get people engaged. Topics are master planning, space management, design and construction, community planning and real estate development. We’ll find ways to give people access to that. They can always contact us (Campus Planning and Development), too. I have been meeting with a lot of individuals and groups. I wanted to get to know the campus better, but also to let people know that I am perfectly happy to come out and talk with people, if they want to set aside some time at staff meetings or if student organizations would like to ask some questions or have particular interests. We are already talking with people about sustainable development issues; students have contacted us and that’s great!"

Woods felt that the university had done well with "very cost-effective retrieval of existing facilities." At this point, planning can be more "deliberate" and there are more opportunities to focus on functionality, as well as practicality, she said. However, it is becoming more expensive because the more problematic facilities that the Army left are now being addressed. "The three-story buildings (hammerhead shaped buildings) along Sixth and Seventh Avenue are not easily renovated. What was built for the Army was good for the Army and now we need to look at what’s in our future... As far as what the Army left, there is more than I expected in terms of community space and I think the people have a done a good job with what was here and making it into an academic environment, but it certainly needs to develop a more permanent identity of its own."

"[The campus] will be a model environment for technology infused education... and I am anxious to hear what the academic student and faculty expectations are... It is also important to keep in mind where we are heading, 10, 15 to 20 years down the line." A swimming pool on campus is also in the works, exactly what kind is still being defined. "As far as the Quad, it needs to have a balance of residential and academic support space and social space, so that it becomes a total environment that can take on a life of its own..." she said.

Woods has found people [here at CSUMB] very optimistic. "...Not always collectively, but individually people have high hopes and they have big dreams and they have no sense of limitation. When I talk with individuals in many of the groups on campus, they not only see a very bright future, but really believe it's attainable and that been the most fun. That's the best possible place for a planner to enter the picture... The most fun has been people's enthusiasm, commitment, and vision of where this place can go."

"Personally, the most fun is this paradise for me. I never thought I'd come back to California. I had friends back in San Diego for years trying to get me to move back to California. I actually had made this statement two years ago: 'I would only move back to California if I could live in Monterey, but there is no campus there.' So, when I saw that this whole thing had happened, it was totally shocking to me. I had almost made that prediction a couple years ago not knowing what was going on out here. So, for me it almost feels like destiny to be here because it is the only place in California that we would have been happy to come back and live. I just love it and personally, I felt at home from the very minute I got here. It seems like I have been here longer. I am having a great time exploring the whole area and I've only just scratched the surface because I having been moving in, starting a new job and all that. I really, really like Northern California!

Matlock Memorial Service Planned

The Earth Systems Science & Policy (ESSP) Institute will be holding a memorial service later this month for Leslie Marie Matlock, an ESSP student who died in July of cardiac arrest during a severe asthma attack. The date has tentatively been set for Thursday, October 21st. Exact time and location of the service has not been set, however this information should be available soon through the ESSP office (582-4120).

Plans for placing a bench on campus in Leslie’s memory will be announced at the service, and speakers will include William Head, former Director of the ESSP Institute. Leslie’s mother will be present to accept her degree in Earth Systems Science & Policy, which will be conferred to her posthumously by CSUMB president Peter Smith.

Enclosed in this edition of The Otter Realm is a letter to the CSUMB community from Dr. Peter Smith. The letter was included in order to ensure the widest distribution possible. As with all such items added to the Otter Realm, services have been paid for by the requesting party.

Comments on the document can be sent to the "Letters to the Editor" folder on FirstClass. Letters are limited to 250 words. Content may be edited for space.

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To Our Readers:

We encourage feedback through Letters to the Editor on any subject, not just those covered in the Otter Realm. Letters can be mailed or submitted via FirstClass to the “Otter Realm Editors” folder. All submissions must include first and last names, as well as a telephone number where you may be reached. The telephone numbers are used only by our Editorial Board in the event that we must clarify your letters and are not published.

Letters to the Editor are limited to 250 words. We reserve the right to edit for libel, space or clarity. If you would like to submit an article to be published, please send it via FirstClass to Mary Patyten, our Copy Editor, or if you would like to submit photos, please contact Leon Smith, the Photo Editor. The Otter Realm staff can be reached at the address listed below:

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All letters or articles must be submitted by the 10 a.m. deadline or they will be held for future editions of the Otter Realm.

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Editor’s Note:

The Otter Realm would like to give credit where credit is due and make note of the talented group of people who collaborated to create the mural painting that was shown on Page 5 of the September 8, 1999 issue of the Otter Realm. CSUMB senior Vanessa Aquino pointed out that the SL200 class Intro. Into Multicultural Communities worked with participants of the Oldemeyer Center’s Elder’s Group and Boys & Girls Club of the Monterey Peninsula to present this enchanting twist on folk art. The mural painting is located in the University Center.

Also, the Otter Realm would like to make a correction on a caption also shown on that page. Leslie Arutunian, Michelle Melicia and Lin Blankovich were pictured at a Monterey Peninsula Chamber Mixer from Spring 1999. 

For Advertising Rate Information, Contact Jose C. Ibarra, Business & Advertising Manager at 582-4346 or 582-4347

When the Blues Won’t Go Away

By Charles Stringer, Jr.

What is depression? Depression is a mental state characterized by feelings of sadness, loneliness, despair, low self-esteem and self-reproach. Some accompanying signs may include agitation, withdrawal from interpersonal contact, and insomnia.

Everyday temporary "blues" or sadness is not depression, such as the feelings of normal grief caused by the death of a loved one or loss of a job. People with the blues or normal grief may experience short-term symptoms of depression, but in general they may continue to function almost normally and soon recover without treatment.

A diagnosis of depression may answer some questions about feelings, but it may raise more. What causes depression? Who is affected? How is it treated? An important step toward overcoming depression is going to a medical provider for help. Depression is a condition that responds well to a treatment program.

Together, you and your medical provider can decide upon the treatment program that is best for you. Many depressed people require a treatment of some kind. People may expect that you can just "snap out of it," but this is rarely possible. It is important to understand that you are not at fault and that there is no reason to feel ashamed. Depression is a disorder, an illness — not a sign of weakness or lack of willpower.

Depression is more common than one might imagine; it affects people of all ages and races, and in all walks of life. Studies in the United States have shown that at any given time, about 5 percent of the population can be diagnosed as having major depression. At least 10 percent of Americans will experience major depression at some point in life, and some researchers place this figure as high as 25 percent.

The good news is that depressive illnesses are among the most treatable of all mental illnesses. Early treatment can decrease the duration and severity of depression for most sufferers. Thanks to years of fruitful research, major gains have been made in treatment and understanding the various manifestations of depressions. With appropriate treatment, approximately 80 percent of those with depression can be managed successfully.

National Depression Screening Day is October 7, and many local and on-line sites are offering screenings. This service provides very basic general information about whether a person may or not be depressed. The screening providers, both locally and on-line caution that these tests do not take the place of a diagnosis by a health care professional and encourage participants to seek out professional help if needed. Natividad Medical Center and Community Hospital of the Monterey Peninsula are participants in the nationwide screening on October 7. For more information, contact Natividad Medical Center at 755-4100 or Community Hospital at 625-4600. Two on-line sites for depression screenings are http://www.depression.com and http://intelihealth.com. Again, these screenings are not diagnostic tools. People taking part in the screenings will need to contact a health care professional for treatment.

Alcohol Policies at other California Universities

By Christine Svendsen

"Alcohol is the number one problem facing college campuses today," said Chancellor Reed of the California State University system in a teleconference recently. However, when asked about whether the Chancellor’s office had taken an official stand on alcohol, he said that they had not.

"All campuses should have policies as it relates to alcohol," according to Chancellor Reed.

The only document on file at the Chancellor’s office that even mentions alcohol is 21 years old, older than a lot of students at CSUMB.

Some campuses have lengthy alcohol policies. CSU Chico has a 10-page policy, while some schools have a single paragraph. The average policy is about 1 to 2 pages in length. The type of policy each school has, though, is as diverse as the schools in the CSU system.

Some campuses like Cal State Fresno have a "Policy on Sponsorship by Alcoholic Beverage Companies." These types of policies are concerned about how alcohol is sold, the type of advertisements circulated at sporting events, and sponsorship. It doesn’t restrict the amount of alcohol advertisements purchased independently through commercial radio or TV, and broadcast during school events. It also doesn’t talk about how or who can consume alcohol at these events, except to say that "In no case may alcoholic beverage promotions include drinking contests, nor may promotions include uncontrolled sampling, nor may alcoholic beverages be provided as awards or prizes..."

Some schools have taken a more aggressive approach to alcohol on their campuses, detailing how, where, who and when alcohol can be consumed. Campuses like UC San Diego, UC Davis, San Jose State University, and Cal State Sacramento have instituted just such policies. These policies detail everything from a student can consume alcohol, how they may or may not consume alcohol, and of course the obvious, who cannot consume. Most of these policies also detail the exact disciplinary action that will be taken if caught breaking the policy. Penalties range from a warning to expulsion. If a club, group or organization is caught breaking the policy they are subject to penalties up to and including exclusion of the organization from campus.

Some universities have deferred to Federal, State and local governments to define their policies, letting the local police decide what is enforceable and what is not. One thing seems clear: most campuses have a policy that addresses alcohol in some capacity.
Drinking on campus: Lieutenant Maltyp speaks up

By: Mary Patyten

"More on Beer, Less on Books" shouted a recent VivaSmart advertisement aimed at college students. "We know you have better things to do than blow all your money on textbooks."

The ad soon had VivaSmart swamped with protests. People complained that the ad, featured on the textbook seller's webpage and run in university newspapers across the country, promoted a serious problem: binge drinking. The advertisement was soon pulled from VivaSmart's website, and anti-drinking advocacy groups continue to discourage university newspapers from printing the ad.

Cal State University at Monterey Bay (CSUMB) is no different from any university in this regard: binge drinking and other alcohol problems exist here, also. Last year, the University Police Department (UPD) listed 22 alcohol-related offenses on campus. This places alcohol-related crimes third behind vandalism/vehicle tampering (37) and traffic collisions/hit-and-runs (28) during the past 12 months.

The recent alcohol-related attack at the Black Box Cabaret, though precipitated by a non-student, may have amplified the need for CSUMB to develop its own alcohol policy. UPD's Lieutenant Maltyp said recently that such a policy would have to carry sanctions to be effective, otherwise it would be ignored.

"Violations of a University alcohol policy would most likely be a student conduct issue, not something UPD would handle. It would be up to the University to sanction students," he said. Maltyp observed that UPD steps in to handle alcohol-related incidents only when they're criminal offenses (furnishing alcohol to minors, possession of alcohol by minors, drunkenness in a public place or driving under the influence, for example).

Maltyp believes that the University's quest for an alcohol policy may prove problematic: "If the University writes a policy that conflicts with state and federal laws already governing alcohol use, students will ignore it," he said.

Lieutenant Maltyp expressed special concern for the younger students on campus. "When you have a group this large all around the same age, it compounds the problem," he said.

Maltyp explained that a population of partying college students, some new to the drinking scene, can produce dangerous situations. "You sometimes have too many students stuffed onto balconies, or in apartments - what if a fire broke out in one of those apartments when it's so overcrowded? We don't want to be the 'bad guys', but some of those parties are potential powder kegs." Maltyp said that a "dry" campus would be great. "Absolutely," he said. "I've never seen alcohol do anyone any good."

However, he pointed out, that expectation was unrealistic. Even if CSUMB were declared a dry campus, people would sneak alcohol in, he said. Maltyp urges the CSUMB adult community to simply be as responsible as possible when drinking alcohol.

Are You An Alcoholic?

By: Leon Smith

What is alcoholism? Alcoholism has been defined by the American Medical Association as a disease. Alcoholics Anonymous (AA) literature says it is an illness in which alcoholics cannot control their drinking.

So, how do you know if you are really an alcoholic or whether your drinking has become a problem or not? Not all alcoholics have the same symptoms and may exhibit different signs at different stages of the illness. These signs may include:

- a feeling that alcohol gives them self-confidence and makes social situations easier
- may get drunk when they didn't intend to
- often want 'one more for the road'
- trying to control their drinking by changing alcoholic beverages
- staggering bottles
- drinking alone, on the job or before classes
- having blackouts
- drinking in the morning to relieve hangovers
- feeling guilty and fearful
- shaking violently, hallucinating, or having convulsions when trying to withdraw from alcohol (DT's)
- lying to cover your drinking
- stealing money to buy booze from roommates or parents

I like the drinking on campus. I haven't noticed any problems. I think they could be more lenient in the apartments. But I don't think they need any more alcohol policies. I like it the way it is.

Q. What do you know of the campus alcohol guidelines?

I don't have any kegs or you aren't supposed to. I thought you could have a beer on campus. Yet had one before. I don't think the Marinas or Seaside even have ordinances instated [prohibiting] open containers. People still throw keggers. There's no way to stop it. There have been plenty of times when I have been walking around the apartments with a beer. There should be no problem if you're not drunk, they probably won't hassle you.

Q. How do you feel drinking alcoholic affects university students academically or workwise?

Academically, it's not a good idea to drink the day before a test. If you drink too much your grades might fall - if you are too tired or too sick the next day, you can't participate in class discussion. If you have a presentation Monday, it's not a good idea, you're not going to go to a party the day before. You can't function well the next day and that's it.

Q. Would you like to add anything else?

Legally, people are 21 can drink, so you can't do anything about it. They drink to have a good time. As long as they don't anyone or do harm to themselves or go driving - as long as they drink responsibly.

Travis Melvin
TMAAC (Telecommunications, Media and Applied Computing)
Age 21, 4th year, lives in the student apartments
Disc Golf Club tournament Participant

Q. What do you think about drinking alcohol on campus?

- laughing it off whenever anyone suggests you might have a problem
- AA literature also states that people have already sunk into the mire of alcoholism before they become are aware of it themselves. Remember that no one can declare you an alcoholic, that is something that must come from within - a realization within yourself after given the facts. If it walks like a duck, then maybe it is a duck.
- For those who want help, there are 12-step recovery programs and locations listed on General News every week. Keep these helpful hints in mind:
- Your automatic response may be to turn to alcohol relief for uncomfortable feelings.
- Look for non-alcohol solutions for the discomforts of everyday living. The best action against relapse is active participation in a recovery program.

Since alcoholism is a family disease, it is also recommended that the roommates and family members attend the AA fellowship as well through Al-Anon. Family and friends of alcoholics can call 373-2532 or 424-6207 for more information about Al-Anon.

The help and the answers are there for alcoholics and their loved ones, but one must be sought out.

Q. What do you think about drinking alcohol on campus?

I think it's perfectly fine as long as people conduct themselves in an appropriate manner. People still throw keggers. There's no way to stop it. There have been plenty of times when I have been walking around the apartments with a beer. There should be no problem if you're not drunk, they probably won't hassle you.

Q. How do you feel drinking alcohol affects university students academically or workwise?

It's hard for me to gauge this. Most of the people I'm around drink regularly and they work and they know they have to get up and go to class or work. Of course, it's an issue. There's so little to do it's kind of a norm. Even when we were in the dorms, we used to drink more frequently because you had to drive to go anywhere. I think a lot of people in the dorms drink a lot. I think it's the same everywhere.

Q. Would you like to add anything else?

I love the fact that the BBC has beer, even though it went up 50 cents.

Continued on Page 5
By: Charles Stringer, Jr. and Kechia Smith-Gran

There are students at CSUMB and at other colleges and universities, who by choice do not consume alcohol. For many of those who do choose to drink, alcohol may become problematic. Through continued use and the gradual increase in the amount of alcohol used, these social drinkers may fall victim to alcohol-related health problems.

Some of the health issues related to drinking are quite serious. Problem drinking may cause one to experience feelings of sadness, despair, low self-esteem, and self-reproach.

How Alcohol Can Affect Health

Depression can set in, and alcoholism may follow. Short-term effects of alcohol use can include distortion of vision and hearing, lack of coordination, altered perceptions and emotions, and impaired judgment. According to research from The Center for Substance Abuse Prevention, some long-term effects of heavy alcohol use include problems with nutritional deficiencies, sexual impotence, and central nervous system damage. Also major organs such as the brain, liver and heart may be harmed from excessive drinking. Alcohol can also cause one to experience blackouts (temporary loss of memory) which could lead to serious accidents or even death.

Alcohol-related illnesses are more common than one might imagine, affecting persons of all ages and from all walks of life. These illnesses affect the lives of millions and cost billions of dollars. According to research from the Samhsa Center for Substance Abuse Prevention, in the United States, millions of people experience alcohol related illness during any five-to-six-month period. Their loved ones may pay an enormous emotional price. Alcohol-related illnesses can cause grief, pain, and contribute to family disruption. While no accurate price tag can be applied to the effects of alcohol-related illnesses, the economic costs have been estimated into the billions of dollars annually, the majority of which is due to time lost from work.

Alcohol-related illnesses are among the most treatable according to researchers. Many people with alcohol-related illnesses do not seek treatment, because they do not recognize that they have a treatable illness according to information from the National Clearinghouse for Alcohol and Drug Information. Due to years of fruitful research, major gains have been made in understanding and treating alcohol-related illnesses. Early treatment may decrease the duration and severity of alcohol-related illnesses for most sufferers.

Continued from page 4

Cruz Alvarado
Graduate Credential Program
Age 23, lives in the apartments
Q. What do you think about drinking alcohol on campus?

In the dorms, as long as they don’t disturb the other residents and they know the rules and they act responsibly.

Q. What do you know of the campus alcohol guidelines?

I don’t know of any guidelines- if they even have any. There should be some type of policy. Whether people drink in their room or dorm room should be up to them. We’re all adults now. It’s their choice whether they choose to or not to.

Q. How do you feel drinking alcohol affects university students academically or work-wise?

They [some] don’t know how to drink responsibly, how, when, and where not to do it. I believe it affects their academics and work. Just don’t drink the day you work or the day before exams.

There’s a time and place for everything. You’re just better off not doing it.

Q. Would you like to add anything else?

I know there are students that don’t want to or don’t drink at all. Maybe the university should consider a healthy, drink-free area that students could use.

Many of them feel that drinking distracts them, even just being around it. Maybe, the university could have a separate dormitory or something as another alternative or option.

Jennifer Banks
BA Pan-African Studies from Kent State, Ohio
HCOM Age 23, living in Student Apartments
Q. What do you think about drinking alcohol on campus?

It’s a two-way street for RAs in the dormitories because you don’t want young girls going downtown drinking, but you don’t want to take the legal responsibilities of having them drinking in the dorms if they are under 21. It’s a two-way street, you can’t win.

Q. What do you know of the campus alcohol guidelines?

Nothing. I’ve only been in California for a month. I haven’t had a chance to check it out. I know that an organization can have a party. You have to check ID’s and you have to have a permit. You are free to drink in your own home.

Q. How do you feel drinking alcohol affects university students academically or work-wise?

It can provide a danger. Especially, for students who are just coming out of home. They are getting these new freedoms, but it can also teach you how to be responsible. Responsibility and moderation.

Q. Would you like to add anything else?

I can say a warning for young girls in the dormitories about knowing who you are going out with and your trust level? When you are altering you brain or your judgment, it could be dangerous.

I was an RA at Kent State so I got to see lots of girls going out late at night. And I see them the next day and they don’t even know where they were. I didn’t know where they had gone- and they got lost. They hadn’t planned to go there when they left.

Scott Clary (No Photo Available)
Service Learning Institute Program Coordinator of Service Learning in the schools
Age 30, lives in Schoonover Park
Q. What do you think about drinking alcohol on campus?

I think it’s okay for people to have access to alcohol on campus. I know of the problems it can cause in the dorms.

Q. What do you know of the campus alcohol guidelines?

I got here August 2nd, I don’t know what they are or how to find them. I would refer them to Res. Life. I know they sell beer and wine at the BBC. It’s good they don’t serve until after 4:00pm- I thought that’s what the sign said.

Q. How do you feel drinking alcohol affects university students/people academically or work-wise?

We do know that out of control drinking and binge drinking cause students, people, to miss class and to miss work. Encouraging moderation is the way to go as far as policy.

On the one hand, the university shouldn’t encourage students to drink alcohol and it’s also a civil liberties issue and there are young adults here. There are adults, late teens, early twenties- we expect them to behave responsibly. There should also be places for them to get help if it gets out of control. If people come here, shouldn’t they be able to have a beer at the end of their day? It’s a hard line to draw between the interests of the university and protecting their civil liberties.

Rina Bemmayor (No Photo Available)
Institute Director of Human Communication Faculty Housing
Q. What do you think about drinking alcohol on campus?

It would be nice to have a place close by to go to have a glass of wine or beer with friends. But I also worry about the fact that the campus is physically removed from the town, town life. Students have to create their own social activities.... It’s kind of a positive and negative opinion. I think like anything difficult, people use alcohol in different ways. It’s good to have a public place where you can gather, instead of loud parties or at the dorms. I’m not a prohibitionist. We live in a social community, so people have to be responsible.

Q. What do you know of the campus alcohol guidelines?

I know nothing of them. There are no loud parties on my street and I’m not a big drinker, myself. It’s not something I pay a lot of attention to.

Q. How do you feel drinking alcohol affects university students/people academically or work-wise?

Recreational alcohol [drinking] can sometimes impact student abilities to function in class the next day, but it hasn’t been a big issue in my class- I haven’t noticed anything.

Alcohol dependence is an important reality, issue, that we need to address in a compassionate way and to provide support not to see it as a stigma. We need to approach these issues with compassion, understanding, and support. I think it’s okay to blow off pressure once in a while. The stress factor at this school can be high...

You have to be careful. There’s a job related stress factor, as well, ... Instead of looking at the substance itself, look at the context and conditions... Look at alcohol in the larger context.... I would move the focus to the conditions that lead to alcohol abuse and use. The combination of being isolated and facing stress makes a volatile cocktail.
Alcohol Awareness Education

By: Judie Swartz

As colleges around the nation struggle with issues surrounding alcohol use by students, CSUMB's Risk Management Advisory Council is developing an alcohol policy which it plans to submit for ratification by the president. Alcohol awareness education for new students will be a part of CSUMB's new policy in the form of programs like the one called Take Eleven which made its debut before 250 new CSUMB students this fall during Orientation Week.

According to Matt Kritscher, Coordinator of CSUMB's Student Activities and Career Development Center, Take Eleven was a dramatic presentation by eleven CSU Northridge students in the World Theater that covered such issues as drug abuse, safe sex, STD awareness, peer pressure/fitting in, and violence/assault, in addition to alcohol use issues. When asked if there will be future events of this kind during Orientation, Kritscher responded, "Yes, this program involved over 250 new students in a powerful manner. I hope to do it each year."

In addition to the alcohol awareness programs conducted during orientation week, CSUMB plays host to weekly Alcoholics Anonymous meetings on campus which are open to students, staff, and faculty members and their families.

Most new college students are already familiar with alcohol awareness education, which is often received in their high school health education classes. According to Carol Weesner, Vice Principal at Monterey High School, not only is alcohol and substance abuse awareness part of the health education curriculum at the school, but a prevention/intervention specialist from the district's Health Services Department visits the school weekly to do group counseling sessions for students who have substance abuse problems. The students usually are referred to the program by parents, teachers and friends, and often seek out the program on their own. Administrators of the program are able to report drastic or immediate behavioral changes, but do report positive attitudinal changes by students who take advantage of the program.

The organization reports heartening statistics as well. With the onset of their nationwide efforts to bring alcohol education to young people, the number of intoxicated youth drivers in fatal crashes dropped 14.3% from 1983 to 1994.

The Black Box Cabaret, licensed to serve alcohol, is one place on campus where students, staff, faculty and their guests can gather socially. This sign is on the front door of the BBC where guests can read it coming or going.

Photo: Leon Smith

Words of Wisdom from a Residential Advisor

By: Stephan DuBose

Holli Bachman, a senior CHS major and the lead Resident Advisor (RA) for student housing, recently spoke of the responsibilities students have in regard to the use of alcohol and having parties in their apartments. bachman wanted to remind students that having a keg at their place is against the rules and having more than seven people in your apartment is a violation of the lease agreement. One of the best ways to keep parties safe is for the host to know the people invited to the party, otherwise don’t let them in.

Bachman wants to see the best for her community and her neighborhood, and takes her duties as RA seriously. The RAs work together closely and have intense training about how to best serve their residents and how to keep student housing safe for everyone. Holli has been an RA on Trenton Court for three years and has made time to be there for her residents and to get to know them.

Residential Life offers party contracts to allow up to 30 persons at your place, but guests in attendance still have to be over 21 and no kegs are allowed. A key point of this contract is to let immediate neighbors know about the party, Bachman says, and to be respectful by recognizing that we live in diverse community that has families and people of all ages. The apartments are not set up to really allow for an area for frequent parties.

While Bachman is not against students having fun and she doesn’t advocate a dry campus for students over 21, she does feel that here at CSUMB, school and learning come first and that quiet hours are not just only after 10 p.m.

Bachman says there are a few things people can do to keep their parties from getting busted. One thing is to not have everyone on the deck/balcony at the same time, and to avoid letting the party spill out into the street. "Students need to take full responsibility... and the person on the lease is fully accountable. Recognize the risk you take with people under age -don’t let it happen."

One way for hosts to be responsible is by not letting guests drive after drinking. Another is by not letting guests walk home alone late at night. Night Walk, a service made available by the University Police Department, provides students, staff and faculty members with an escort to accompany people to on-campus locations. Night Walk is available Monday through Friday, from 6 p.m. until midnight, and can be reached at 582-3573.

6 Otter Realm October 6, 1999
CSUMB Women's Volleyball Gets New Coaches, With "Eyes on the Prize!"

By: Brandon Simon and Ted Benbow

Ok, so it’s not John Madden the football coach. But this fall, Coach Sean Madden, his wife Nikki Madden, and Rollin Salazar have joined forces on the court to help improve the Women’s Volleyball program at CSUMB.

Coach Sean Madden, an employee of CSUMB’s department of University Advancement for the past year, has a vast amount of coaching experience. He was the Coach at Gonzaga University for 10 years and the Assistant Coach at the University of Oregon for 3 years. Along with his college coaching experience he also was the Technical Assistant for the Women’s National Team and in 1993, he had the opportunity to coach the Men’s Volleyball Team in the United States Olympic Festival. Assistant Coach Nikki Madden has traveled a little bit different path. She was a star volleyball player for the University of San Diego, and played four seasons of professional volleyball for the United States and Belgium. Sean and Nikki had the opportunity to play against each other when Nikki’s University of San Diego team squared off against Gonzaga State, then coached by Sean Madden. “She’s one of the best hitters and blockers around,” says Sean.

The duo is joined by Rollin Salazar, an imposing figure at 6’7,” who runs drills for the squad and provides coaching support for the Maddens in his role as Assistant Coach. Since 1988, Salazar has been involved with the sport of volleyball, “365 days a year,” he said. In addition to his extensive participation as a player, with regular competition in both outdoor (doubles) matches on beaches from Santa Cruz to Mexico, and indoor (full team) competition, Salazar has spent five years as a high school volleyball coach. He began coaching at Robert Louis Stevenson High School, where he spent three seasons under the guidance of Head Coach Mark Lawson.

Salazar then followed Lawson to Seaside High School and continued as Assistant Coach while finishing his degree in Liberal Studies at CSUMB, graduating in May of 1999. “Lawson is a legend of the Outrigger Club in Hawaii, an organization with a huge volleyball tradition,” said Salazar, “and his best friend, Tommy Hanes, was the second man elected to the Volleyball Hall of Fame.” Salazar describes Lawson as a mentor who helped him develop an appreciation for the tradition of volleyball, a firm grasp on the fundamentals of the sport, and an awareness of how important discipline and hard work are to a successful program.

Salazar, now enrolled in the Teaching Credential Program at CSUMB, met Sean and Nikki Madden through the volleyball class at the university, where all three had showed up just to play. When the Maddens agreed to take over as coaches of CSUMB’s Women’s Volleyball Team, they enlisted the aid of Salazar who was enthusiastic about the new opportunity to give back to the sport he loves. Salazar commented that he is excited about the development of the program, saying, “I love promoting athletes and teams, and my coaching philosophy is to try and be as selfless as I want my players to be.” Salazar said that one of the first things he told Coach Madden when coming into the program was that he feels, “coaches should promote their athletes and teams without the egos that a lot of coaches have in trying to make themselves look good.” In Salazar’s opinion, the Madden’s Division I College experience, combined with his own experience as a player and high school coach, ”make a good fit for the situation here [at CSUMB].”

Colby Campbell, the only fourth year player on the squad and CSUMB’s first four-year varsity athlete, also described the feeling of this year’s team with a word that seems to be on everyone’s lips, “excited!” She went on to say that, although they are still getting used to the new coaching staff, “these [coaches] are the best we’ve had so far.” Campbell also commented on the increased number of players this season, up to twelve from last year’s seven. “We finally have a full team,” she said, “so we can run good practices, and we have plenty of subs for games, which makes a big difference.”

Carli Young, team captain and third year team member, expressed her excitement too. “It’s great to have seven new players,” Young said, “but it is also very encouraging to have five returning players [Carli Young, Colby Campbell, Kari Benard, Farah Hussein, and Misty Seva’aetaw]. It’s a good mix; we have a lot of talent on the court and it will be very exciting when it all comes together!” Young also expressed her encouragement with the new, more experienced coaching staff. “They’re more demanding, but more supportive, too,” said Young. “It definitely feels like there’s more stability in the program now.”

The Women’s Volleyball team has currently posted a record of 7 wins and 8 losses, including the two tournaments in which they have played: the Life Bible College Tournament and CSUMB’s own Otter Classic. Coach Madden said of the team’s successes, “All seven of our wins were dominating victories; three of our losses were close games which we had a chance to win.” All of the coaches and players seem to share the opinion that the team is only getting better, and that this will be a very “exciting” season (there’s that word again!). They are looking to improve on their third place finish of last year, but Coach Madden has only two requirements of his players: “Give 100% and have fun!” Given the dedication of the coaching staff and the energy of the athletes, Coach Madden’s requirements sound like a sure-fire recipe for success! If you want to experience the excitement for yourself, come check out a game! The Women’s Volleyball Team plays all of their home games at the Wellness Activity Center (WAC) on the CSUMB campus. Look for schedules of upcoming competitions in the Otter Realm, or contact the WAC front desk for more information at 582-3031.
MISSED OPPORTUNITY

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Dear Members of the CSUMB Community,

For several weeks, I have wanted to address the current debate on multiculturalism at CSUMB, including my views on the issue. Recently, in a thoughtful note to me, Dr. Steve Watkins, Parliamentarian of the Faculty Assembly asked me to reconsider my interpretation of the Faculty Assembly’s vote of no confidence in my ability to lead the development of a multicultural university. I am taking the liberty of responding to Dr. Watkins with this paper in order to make a larger point about universities in general and, more specifically, the status of debate and discussion on serious issues at CSUMB. This is especially critical as we begin to discuss and develop the university’s strategic plan.

I agree with Dr. Watkins’ assertion that many of the people who voted represent the core academic constituency of the university and that, as such, the vote stands as a significant and serious message to me on their part. I respect their position and I pledge to work to develop a continuing dialogue on issues related to diversity and multiculturalism. The Cabinet’s “Response to the Community” contains several critical projects which, taken collectively, will strengthen our recruitment and retention of students, staff, faculty and administrators as well as clarify our commitments through strategic planning and the creation of the Multicultural and Diversity Advisory Committee. The most important outcome is that the message has been received and my administrative team and I are committed to keeping the lines of communication open.

It was been almost five years since I arrived at CSUMB. Over that time we have achieved a great deal together against long odds. There have been recitals of those achievements and recognition of them in other settings, so I will not do that here. We have much to be proud of, including the profile of who we are. CSUMB today is one of the most diverse universities in America. While I am confident that we will sustain and deepen our diversity in the future, I am proud to lead a university that has attracted the students, staff, faculty, and administration that we have.

We have, however, more to do if we are going to institutionalize the vision of the university as a diverse, high access, high quality, and innovative learning environment. As we move from being a “start-up” institution to a young and growing institution, we all must take responsibility for not losing sight of our vision. Moving to an FTES driven budget, administrative re-organization, continued work on RTP and work load, the building out of academic programs, and the development of space planning policies and processes are but a few examples of work still under way.

Over the next several years, our thoughtful commitment to the values of a university and the values of our Vision statement will be tested. This is the work of years, not months. And, as we contemplate the work before us, we should hold the words of the 19th century German poet Heinrich Heine close to our hearts. As Heine stood with a
friend before the great cathedral of Amiens, in France, his friend wondered aloud, “Heinrich, why can’t people build buildings like this anymore?” Heine answered, “In the days of this great cathedral, people had convictions. We moderns have opinions. And it takes more than opinions to build a great cathedral.”

What is the similar commitment for a university? Historically, universities have stood as bastions of free speech and debate; as places where provocative thought is not only protected but encouraged. Though troubling to some people, the tradition is as compelling today as it was in the 1950’s when Senator Joseph McCarthy launched his attacks against professors and artists who he believed had ties to the communist party. And, as McCarthyism proved, these traditions are protected by an extremely thin veil, too easily pierced if we lower our vision and our guard.

We at CSUMB have taken a courageous stand. We have chosen to put ourselves in the middle of several debates currently raging in the education, public policy and social discourse of our state and country. We have said clearly that we believe in bridging cultural divides, teaching across disciplines, successfully serving the under served, integrating practice and theory in pedagogy, infusing technology, and creating and sustaining a climate of tolerance and mutual respect. We have built these and other values into the very core of what our university stands for. We have done so with determination and pride, believing that our campus will be one place where these values can be lived.

Our campus is not an island, separated from the community around it. These issues do not stop at our borders. They come onto the campus and into our lives in the form of the people who learn here, the people who work here, and the people of California who support the institution. They ebb and they flow; informing, occasionally confusing, sometimes hurting, but always provoking thought and fulfilling the mission of helping people learn how to think. Teaching across the disciplines is not done only one way, and neither is multiculturalism. As a university community, we are faced with a challenge. How do we develop and practice our commitment to multiculturalism and, at the same time, remain committed to the exchange of divergent ideas and views in an environment of tolerance and mutual respect?

When I served in the United States Congress, I met a young African-American woman who had endured the reality of growing up in a low-income neighborhood in Washington. She had to walk through gangs and drug dealers to get to school every day. She had persevered and was on her way to Howard University the following fall. When I asked her what she would change, if she could change anything, so that others might follow in her footsteps more easily, she answered, “I would give myself more courage. Then I would not be afraid to tell the drug dealers on the corner, ‘get out of my way, I’m going to succeed despite you.’”

Over my years here, I have been approached by students, faculty, staff, and administrators who are also afraid. They are afraid to join the campus conversation on multiculturalism for fear of retaliation; for fear of being branded a racist if their thinking differs too much from their perception of the dominant theme on campus. Others say they fear retaliation from faculty peers or the administration. These fears, regardless of their
source or to whom they are directed, run against the very grain of a university and must not be tolerated.

So, how can we reconcile multiple views within our own community on this important issue? Clearly, a decision to work here brings with it a commitment to respect and embrace the vision statement. There are several core elements of the vision statement, including multiculturalism, which reinforce each other to create, collectively, the CSUMB vision. Each of us as faculty, staff, students and administration should embrace and exemplify all elements in the vision statement to the best of our ability. I believe equally, however, that the strength of our collective approach to the vision statement is based on the fact that each of us will have differing interpretations, levels of experience, and passion for each of the vision elements. It is precisely the range and diversity of approaches to the several elements which gives the university its cumulative core strength. Diversity of opinion, like diversity of cultures and experiences, gives strength to an intellectual community. This “braid”, differing approaches bound by mutual respect, is our strength.

In this context arises the question, how will we build out our commitment to multiculturalism? By welcoming divergent views, by bringing people into the conversation. Not by driving people out or silencing them. Along with that, the university’s bedrock commitment to multiculturalism includes the following:

- To recruit, hire or enroll, and retain a workforce and student body which in profile resembles that of the citizens of the tri-county area and California.
- To emphasize throughout our curriculum, student life, and community life a respect for and understanding of the major cultural traditions represented on our campus and throughout the world.
- To develop international and global programs which emphasize and build on the concept that students must be able to cross cultural boundaries in order to succeed in the 21st century, and
- To provide appropriate and necessary academic and residential support services to assure the success of all our students.

We have proven that we have passion for our vision statement. Now we must be passionate for the soul of the university, for an environment of tolerance, mutual respect, and civility where people can speak without fear of retaliation. Our strategic plan will be the vehicle through which we convert the vision of the university to its mission. As we establish our strategic objectives, we can then, as a community, be accountable for our success with learners. Through the strategic planning process and with an open and rigorous intellectual environment, we can develop the commitment it takes to create a great university. As President of the university, I pledge my unconditional support for the creation of that environment.

Sincerely,

[Signature]

Dr. Peter Smith
President