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## **Perfect Painting**

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Figure 1: FOCUS by Alison Thomas

# Artist's Statement

#### FOCUS by Alison Thomas

In the digital art series OCTOPUS GARDEN, patterns of self discovery and healing are communicated in the works of BURN, FOCUS, GROW, and SHINE. Mirroring the anxiety, isolation and uncertainty of the pandemic year they were created in, these pieces share a redirection of energy through burning down of "self" and growing anew. Highlighted are the cycles of self introspection, destruction of ego, pursuit of purpose, and rebirth of spirit found through love.

# **Perfect Painting**

Allison Thomas

Keywords: Poetry, Covid-19, Personal Growth,

Movement Forward

I used to see joy among friends. I heard crowds of laughter and love. Time racing by as I enjoyed every minute.

Taking the field, the smell of fresh cut grass, dirt, and leather. So bright and filled with color.

It was a perfect painting.

Now I dream of change and happiness of what once was. Stuck in time, the days seem to merge into one.

Longing for a chance to relive what once was just to feel again.

A perfect painting, turned colorless and vague. Author Bio

Allison Thomas is a student at CSUMB. This poem was written as part of a first-year student composition course.