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Numb

Yazmin Macias

California State University, Monterey Bay

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Numb

Yazmin Macias

have you ever felt the warmth exuding from a freshly brewed cup of coffee when the rest of your soul has only absorbed the cold winds from outside?

gripping the mug tightly, hoping the small source of warmth will be strong enough to course through the rest of my body and bring back the light I once felt.

the feeling shoots through my body faster than a strike of electricity;
I feel; I don't; back to the cold we go.