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I'm Sorry for my Silence

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I'm Sorry for my Silence Madeline Boettcher

How do you say that a friendship has ended?

What has transpired is lost.

That times together are better

as memories. How morals no longer

intertwine.

How growth cannot be sustained in a dying forest of vines.

How do you hear your heart tell you

when it's time to go?

To feel the leaves crunch beneath the damp forest floor as you chop the desiccated limbs

of once thriving flowers.

How do you feel your stomach churn

as you contemplate their absence?

Or understand that your forest will no longer be overcome by weeds

sucking dry the native beauty that once was there.

How do you know when to run?

To glance back at the bubbling nuclear waste accumulated from years of toxic patterns.

To ignore the chilling cries of those left behind or feel yourself taking on a mutated form.

How do you grasp when silence no longer feels welcoming, or taste the residue of unsaid words?

Feel the rage simmering at the surface of an otherwise cold exterior.

How do you know when to ignite the bridge? To watch it spew its fiery flame of passion. To bask in its emanating heat.

To taste the bitter resentment of the flames, or smell the rotting stench of a decomposing friendship.

I'm Sorry for my silence my inability to scream this sad truth. But confronting the fear of loss was greater than my ability to keep your heart considered.

But how many times have you desiccated my forest, mutated my morals, set fire to my bridge? How many times have I replanted the flowers.

replanted the flowers, reestablished my morals, put out your fires?

Boundaries crossed too often to overlook as your own ignorance.

Consideration not had

not had.

So why then do I feel guilty for doing the same? My consciousness can no longer be yours too yours too.

So, I will light this match and hope that what emerges from the ashes will birth a new connection with myself *Myself*.