WELCOME BACK OTTERS
CSUMB is Where the Heart Is

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I didn’t get the feeling they said I would. That feeling you are supposed to get when you walk onto the ideal college campus. The feeling where all the birds sing about how this place was made for you. Where you automatically feel like this is home, and everyone is already your friend. Three years ago, I didn’t get that much-anticipated feeling when I walked onto campus at CSU Monterey Bay (CSUMB).

CSUMB is a little quirky; it has some rough patches, but most importantly it is my home. And I am in an enviable position to share a few things about the campus that will tell you a little more about your new home than its proximity to the beach or that it’s the only campus still accepting students. I have some good news and some warnings.

By the end of the semester, you likely will feel like you are sitting at the “Cheers” bar where everyone knows your name, as you sit in a classroom where you feel comfortable with your peers and your professor, is something to treasure. Granted, professors here like to help us achieve outcomes, which translates into a lot of homework and even more group projects, but it really does help us grow.

A few warnings might serve some fellow Otters well if swimming through the sea of life while attending CSUMB. First of all, a quick way to save some money on campus is to make a full and complete stop at all stop signs. And do not talk on your cell phone while driving through campus unless it is hands free. The UPD can often be spotted, waiting on the other side of the stop sign.

New to CSUMB and clearly confusing to both new and returning students are the new building names that now supersede the existing numbers. Even though the buildings still have numbers posted out front; remember, we’re all supposed to call them by their newly assigned names. For instance, on a class schedule, it states ‘Mountain Hall,’ but you will not find the name, only building number 84. These kinds of things pop up all over an evolving campus and just take a little patience and getting used to.

The campus holds a lot of opportunity for students committed to making something of it and taking responsibility for their experiences, whether it be making new friends or finding your perfect major. Your classes offer a great opportunity to meet new people who share your interests. I know from experience that the persons sitting next to you could end up your best friend, future roommate or greatest inspiration. If CSUMB does not offer a ready-made perfect fit, you can create your own. Form your own course of study through an Integrated Studies Major (ISSM). This major enables students to find what interests them and develop it into a new major. This option is rare among larger universities.

CSUMB is designed for students to pave the path they wish to take. As with any endeavor worth working for, it can, at times, become frustrating or overwhelming. But, in the end, the benefits outweigh the bad moments. Now, when I walk onto the CSUMB campus, I know this is where I belong, and it gives me a feeling of comfort and a sense of home. I hope CSUMB has a niche for everyone; but if not, carve it yourself, and get that amazing feeling that this university was made for you.
Feed the People

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California is one of the biggest players in the produce industry. With its rich soils and ambient climate is the salad bowl of the county. A treasure trove filled with a wealth of crisp home-grown produce, including a wide range of vegetables unique to the area, such as artichokes, tomatoes, garlic and lettuce.

Just a few miles north of Monterey on Highway One, Moss Landing is a small harbor town surrounded by many farms. Produce stands scattered along the edges of the highway attract visitors and locals alike. Located close to CSU Monterey Bay, it is a quick trip for hungry college students to chomp down some goodies.

Moss Landing Farm Fresh Produce has been a family-owned and operated produce retailer since 1964. Since opening their new location in Moss Landing in Feb. of this year, the family remains true to their commitment of providing food for the community. “We work with local farmers to get the best price possible to feed the local people and do them right,” said manager Marco Perez.

The mission to “feed the people” has kept Farm Fresh Produce a thriving business throughout the years. “Prices are low and the food is great,” said local shopper Sarah Maddox. The bright assortment of fruits and vegetables provides a ripe culmination of local love.

This season, bargain hunters can get a lot for a dollar at Farm Fresh Produce. Local corn, grown in Gilroy, sells at five for $1. Small artichokes from the legendary Castroville farms are 10 for $1. The chokes range in size and price, including the enormous, family-size variety. Oranges from the Central Valley are 7lbs. for $1, perfect for squeezing juice. Big red strawberries from Watsonville are packaged both in bulk and in single baskets, and are priced accordingly. Broccoli gleaming from Salinas is available at two bundles for $1. Small yellow lemons are 20 for $1, and bottle-green limes are seven for

$1. Fuzzy peaches run 49 cents per lb. Crunchy almonds and walnuts weigh out to $2.99 per pound.

Farm Fresh Produce gets their mushrooms, strawberries, blueberries, blackberries, raspberries, chilies, tomatoes and cauliflower from Watsonville farms. Stalks of Asparagus are brought in from Gonzales. Bright bell peppers come in from Hollister. And the much-celebrated garlic, smelled for miles around, is brought in from Gilroy.

By working directly with the local agricultural community, Farm Fresh Produce has access to plenty of fruits and vegetables that are harvested daily. Thanks to retailers such as Farm Fresh Produce, local Otters know they can serve refreshing regional food all year long.

Moss Landing Farm Fresh Produce is open seven days a week, all year long, excluding Christmas. It opens at 7:30 a.m. and close at 7:30 p.m. They are located at 7990 Hwy One, in Moss Landing.
What's New At School

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Most California universities have a long and treasured history of higher education. UCLA opened in 1919. UC Berkeley began educating students in 1873. Stanford opened its doors in 1891. Students returning to such legendary schools after a summer away from professors, textbooks and term papers expect the campus, curriculum and activities to be just as they left them at their chosen institutions.

CSU Monterey Bay (CSUMB), however, opened in 1994, after struggling to convert the former Fort Ord Army base into a seaside learning center in the heart of the Monterey Bay area. Just 15 years since the first 654 students embarked on their educational journeys at CSUMB, the university has undergone significant changes.

Transfer student housing was built in the North Quad, the Black Box Cabaret was fully revamped and the brand new Tanimura & Antle Family Memorial Library recently opened. During the recent summer months, the progress continued for young CSUMB.

After the March groundbreaking of an estimated $3 million renovation of the campus Dining Commons (DC), crews worked diligently on a virtually empty campus to meet the Aug. 21 deadline when Sodexo was scheduled to reopen the DC to patrons.

"Instead of two separate food service areas and two dining rooms, the remodeled DC accommodates more diners with a single open seating area," reports the CSUMB website. "This floor plan offers diners a clear view of the seating area and creates a space for special events and community gatherings."

The new DC design gives diners a chance to witness the preparation of their meals and watch a big-screen TV. The building also boasts new restrooms and energy efficiency with the help of new windows, heating and air conditioning systems.

The DC was not the only major renovation on campus this summer. The Otter Student Center, formally the campus library and interim DC, also underwent change. As of Aug. 21, the center was scheduled to open and become the new home to the Associated Students (AS) office and conference room, as well as offices for the Dean of Students, Judicial Affairs Officer and other CSUMB staff members.

The 25,000-sq. ft. Student Center is also scheduled to be the new home of the Bicycle Recreation Center, a branch of Adventure Connections, where students can rent mountain and cruiser bikes for up to a semester.

"Our goal is to get as many students riding bikes as possible," Outdoor Recreation Coordinator Cynthia D'Vincent said. "They can check bikes out for a semester, week or day from the northeast corner of the new Student Center."

A map of campus trails is expected to be posted in the bike center, which is seeking student suggestions for a clever naming of the CSUMB bicycle rental headquarters. More information is available at www.CSUMB.edu/Adventures.

To support CSUMB's mission of becoming more environmentally friendly,
Student Housing and Residential Life (SHRL) made use of a grant from the California Department of Conservation to buy 3,100 recycle bins to be placed in on-campus housing. “With the assistance of the grant, we are able to outfit every residential space with blue recycling containers in addition to the current black trash cans,” said Don Yackley, Director of Residential Life. “We hope to encourage residents to split their trash and recycling on a consistent and regular basis, thereby decreasing the amount of trash CSUMB is sending to local landfills.”

SHRL is also using rooms previously occupied by only two residents to house a total of three students this fall. According to Yackley, the converted army buildings were designed as triples and have not been used as such because of a previously slow growth rate of the university. “The demand for fall student housing has increased significantly,” he said. “As a result, we converted about 150 triple rooms to the residence halls.”

Another new experiment in student housing is “Themed Floors”. While in the past there have been substance-free and international floors in North Quad, this year welcomes additional themes. Project Higher Ground will be collaborating with First Year Seminar students that are living and learning together as part of the program in Sanderling Hall, Yackley said. Other pilot themed floors, not integrated with other departments, include outdoor recreation, math and science, business, and global village floors.

Theme or no theme, students always need an excuse to escape the dorms. With the predictable fog and unpredictable climate coming in off the cool waters of the Monterey Bay, they will wonder when the weather is right to ride bikes from campus to the surrounding communities to discover all the area has to offer. Thanks to the weather station atop the CSUMB Facilities building, Otters have access to the current campus temperature, wind conditions, barometer reading and rainfall totals via the internet: http://www.weatherlink.com/user/csumb/.

CSUMB has a brief history but a dynamic future. Each fall, students return to find progress and new programs that bring the former Fort Ord base closer to the vision of a completed CSUMB campus.
Welcome to the new Recording Arts program. The Music and Performing Arts Division (MPA) has been hidden on the far side of campus, a short stroll south of the Bookstore, but a long way from awareness. Many students don't even know it exists. That promises to change this year.

Meet Dr. Andrew Watters, the new head professor of recording at MPA, who already seems to have made an impact on students in the program.

"I believe Dr. Drew will help the music program run professionally and efficiently," said MPA major Eric Zawolkow on behalf of Dr. Drew's organization and professional policies.

Those fortunate to work with Dr. Watters this past summer, are already saying that he has opened their eyes to how artistic recording music can be. He has an arsenal of tricks and techniques that are not only fun for students, but seem really effective for professional mixing projects.

One area Watters is set to effect this year is student motivation, which means MPA majors are going to have to put in effort to excel in the program. "Every student should be leaving this major with an album," Watters said. Having that in a recording engineer's portfolio is a must for those seeking a job.

Watters also has mentioned working more extensively with the Teleドラマtic Arts division because the two run hand in hand. Music for film is reportedly one of the highest-paying jobs in the industry. Music and sound is half the experience of a feature film, so film students would do well to take a music class and get one step ahead.

So, whether a film or music major, students should check out the new recording program. Most everyone loves live music, but learning what goes on behind the scenes to make those favorite tracks sound amazing can bring the MPA experience to a whole new level.

Budget Cuts and Student Jobs

The budget crisis in California has taken on huge toll on state spending for many public services. State revenues from income and sales taxes have decreased drastically and Governor Schwarzenegger has been forced to make budget cuts (in the billions of dollars) in a number of different areas that are not immune to a drop off in funding, namely education, which in 2008 accounted for over 50 percent of the states budget.

Due to the lack of funding, CSU Monterey Bay (CSUMB) students can still get jobs on campus but they are few and far between this year. In the past, most departments at CSUMB would hire on an average of four to five student assistants to work. According to CSUMB Administration and Events Coordinator Katrice Miller, it is best to apply for on campus jobs at least two weeks before the start of the semester to insure the applicant will be considered for hiring.

Whether or not a student's application is taken into consideration, in the 2009-2010 school year, Miller says that most departments can only afford to hire two or three student assistants due to the decrease in each department's budget.

Some students are being forced to look for alternative sources of income such as financial aid, student loans and from family. The direct results of the on-campus budget cuts may not manifest until several months into the semester, but some will include: less campus services available for students, students coming up short with money for rent or other expenditures due to the lack of jobs and job hours and students being forced to look for lower paying jobs off campus. The results will also be seen on a case-by-case level for each individual department, some being affected more than others.

Most departments that already have student positions filled, such as Academic Skills Achievement Program (ASAP), are cutting back the work hours that they are providing for students. Some students counted on having a 20-hour workweek are now faced with a 10-hour workweek instead. Miguel Iniguez, Junior Information Technology and Communication Design (ITCD) major and technology tutor at ASAP said, "I kind of knew it was coming. There will be less hours for the tutors meaning, the students won't be able to receive as much help as we could offer in the past." Iniguez has a positive outlook though and says that this allows him to be more focused on school this semester and less concerned about work.
This is Your Last Chance

Close to the CSU Monterey Bay campus lies a wasteland that has slowly molded itself into a place littered with treasures.

Located just two miles north of Marina, Last Chance Mercantile offers a wide selection of household goods. A superstore of recycled materials, it offers an economical and ecological alternative to the supplies and demands of daily living.

Last Chance is a place to “go green” by dropping off unwanted items or buying someone else’s cast offs. All items have been rescued from the fate of the local landfill and, instead, are given a “last chance” for reuse at a reasonable price.

The store is among the easiest and cheapest ways to recycle. "Anyone can drop off usable goods," said David Sawyer an employee of the mercantile. "Instead of just throwing them away, we take in most things. Our prices are cheap, and our service is good." Sawyer said it is great for students looking for inexpensive furniture, with couches starting at just $10.

Last Chance offers a wide variety of items from couches, desks and tables, to records, glassware, sporting goods and apparel. Since people drop things off every day, there is no telling what might show up. Last Chance also gives away free paint, donated by locals who appreciate the safe disposal site for left-over paint, as well as electronic waste.

The Monterey Regional Waste Management District opened more than 50 years ago and introduced Last Chance nearly 35 years later in 1991. The District started the mercantile to meet its state required goal of reusing at least 50 percent of all items that come to the landfill.

Classes are available for those who would like to learn how to improve recycling techniques, such as composting with earth worms, and reducing energy and water usage. Volunteers are needed to help with elementary school classes teaching about ways to reduce, reuse, and recycle. These classes correspond with the Waste Management Recycling Program on location at Last Chance Mercantile.

When dropping off donations, look for bins designated to accept plastic, glass or metal. The free electronic waste bin will take unwanted televisions, computers, printers or fax machines.

Throwing things away can be avoided by taking advantage of Last Chance Mercantile. Not only can waist be reduced in the environment, donations could also make someone else very happy with what could be considered unused junk. The mercantile is open Monday through Saturday and can be reached at (831) 384 5313 or by email at webmail@mrwmd.org.
Guided by their commitment to maintain services at CSU Monterey Bay (CSUMB), employees at CSUMB have joined other California State University employees to help relieve California's $564 million revenue shortfall through state mandated furloughs at CSU campuses. CSUMB began its furlough program Aug. 7.

According to a statement from the university released on Aug. 13, furlough days will be split into two categories: campus closure (CC) days and administrative furlough (AF) days. The number of furlough days for an individual employee will range from 18 to 24, depending on their function and the length of their work year at the university. As a result, state employees will receive an annualized pay reduction of 9.23 percent during campus closure dates of August 2009 through June 2010.

"We have worked very hard and will continue to do so to try and minimize the impact on our students' education and experiences here on campus, both in and out of the classroom," said CSUMB President, Dianne Harrison about the furloughs. "We also intend to continue with our forward progress in developing CSUMB as a comprehensive university for the 21st century."

According to Scott Faust, Executive Director for Strategic Communications at CSUMB, "Loss of work days to the furlough program will have an impact on what can be accomplished by an individual employee."

However, as noted in CSUMB's vision statement, one of the university's goals is to, "Seek ways to contribute to the economy of the state, the wellbeing of our communities, and the quality of life and development of its students, faculty, and service areas."

Though mandated, participation in the furlough program demonstrates commitment of state employees at CSUMB to its students, and service to the state itself.

All departments at the campus are equally effected by the furlough, but student services like the library will have alternate furlough schedules. Police services will remain active during both categories of furloughs.

Faust said, "The university has asked supervisors and employees to work together to revisit priorities and re-examine work flow to ensure that the most important things get done."

Protecting the quality of the students' experience is important to CSUMB President Dianne Harrison.

The employee furloughs are only one strategy being used by CSUMB and the greater CSU network to deal with the state's budget woes.

President Harrison said administrative and campus closure days have been scheduled "In ways that will minimize the impact on students, support [CSUMB's] employees as much as possible, and continue [to make] progress with our university's strategic goals." Adding, "Faculty will work with their department chairs and deans to schedule their furlough days such that expected student learning outcomes for a particular course can still be met."
Indian Summer
Fine Flavors from India

HAPPY HOUR
Everyday 5-7PM
1/2 Off Appetizers & Drink Specials

Thursday
COLLEGE NIGHT • DJ Fredo
HAPPY HOUR ALL NIGHT!
$3 Drafts/Jager Shots • $2 Well Shots • $5 Patron Shots

Friday
DJ Oshān Morphy

Saturday
DJ Fredo

Late Night Menu 10-12pm • Outdoor Dining & Fire Pit
220 Oliver Street • 372-4744 • behind Portola Hotel and Spa

Tempted
by, Kristin Leal

Moisture gathers,
the early anxiety,
Curved drops collect—
between blades of grass.
Ladybugs attach to long
stems,
anywhere wildflowers hide.

Within the granite walls,
quartz runs through—
sparkling under the rays.

Alpine air fills—
as lungs expands,
the head feels buoyant.
The climb is felt
throughout.
Ducking among packed
pines,
within the thick of
Manzanita.

Aspens quiver behind
fields,
of yellow mules ear—
purple lupine tangles
among sage.

A dry heat radiates,
off the sides of the
Rubicon trail.
Tempting the body to
plunge,
into the liquid ice.
Slightly beyond green
emerald,
secret coves would hide.
Walking in a Foggy Wonderland

Marc Russo, Staff Reporter
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The morning fog that blankets the Monterey peninsula starts to break right as the two-hour tour begins. Looking for something new to try near campus? Well, unlike Gilligan’s fateful trip, participants on Carmel Walks all return safely and on time.

Just a short drive further south on Highway One, a hamlet by the sea is a small piece of paradise for shopping and surfing, wining and dining, art and antiques. A place where an early law against women wearing high heels still stands but is not upheld, where the houses have names and not street numbers, and selling ice cream on a cone was once forbidden, the town of Carmel-by-the-Sea has even seen its’ dog population surpass people at times.

For about the cost of dinner and a movie, students can take their date on a charming tour of Carmel-by-the-Sea’s hidden secrets and unknown history. For the most part, the walk stays off the beaten path of Ocean Ave., which tour guide, Gael Gallagher, calls “Hill’s Hinges” because of its’ steep slope into the sea. Tourists meander through the town’s hidden courtyards, secret lush gardens; including the legendary Church of The Wayfarer, whose biblical garden is considered among the more beautiful and serene.

Directly across from the Church of The Wayfarer, lies the Cypress Inn, a historic landmark hotel since 1929. The Cypress Inn is owned by both Doris Day and Dennis LeVett. Doris Day is most known for her film career, but was also heavily involved in the music industry. The Inn is pet friendly and offers a daily afternoon tea where guests are encouraged to bring their favorite Doris Day film.

Tours are typically held on Saturday’s at 10 a.m. and 2 p.m. The walk meets in the courtyard of the Pine Inn at Lincoln and Ocean Ave. Carmel’s first hotel, the Pine Inn was rolled into place atop pine logs across dirt streets at a time when the town was fighting not to pave “Main Street.”

Stroll past iconic curved-roof cottages with fairy tale like windows and rounded wooden doors, many of which were designed and built by legendary builder Hugh Comstock, who created his first cottage to house his wife’s doll collection. In addition to the Hansel and Gretel cottages he built more than 80 years ago, Comstock built the world-renowned “Tuck Box”, a tiny English-style café on Dolores St. Known for its tea and scones.

“I love the little cottages everywhere in Carmel”, said junior and Collaborative Health & Human Services major Nikki Potter. “It’s such a cute little town.”

For more information on the walking tours, visit www.carmelwalks.com. To learn more about this hamlet by the sea, visit www.carmelcalifornia.com.

Base Camp

Staff Reporter

It used to be a place you didn’t want to go after dark. As night fell, cyclone fences were gated and warehouse doors rolled shut, converting a place of industry to a warren of black alleys where little more than fear and a junkyard dog roamed the hollow streets.

Over time, the shadows of night crept into the daylight, reducing the place to a contemporary ghost town blighted by apathy and abandonment.

That’s one perspective. To an artist, it was a ready canvas, waiting for creative expression. Leave it to the artists to see the potential in blight.

As part of a continuing effort to transform Sand City into a thriving community, local artists have taken advantage of mixed-use rezoning to create their studios, their art, their community in abandoned or converted warehouses in what is now “Sand City Soho” on the West End of town.

When artists Elizabeth O’Malley and David Wilkinson came to town six months ago, they strolled the streets and slipped into studios, looked at the ocean and hung out at the Ol’Factory Café, and they got it. Got the energy among the artists, the sense of community, and the idea to create fine art base, a nonprofit arts organization dedicated to emerging artists.

The name is always written in lowercase letters but always a little bigger and bolder. It seems to give a more grassroots vibe to this home base, base camp, training base, artist-based place that has landed mere inches away from a former military base.

“fine art base,” said O’Malley, “is about creating a certain location where emerging artists can work and learn and exhibit their art, a place that contributes to and connects to a larger network of artists. David and I wanted to do this in a beautiful, inspired place, with a strong history of art, and a current community of artists who are bringing that legacy along. The Monterey Peninsula is a perfect place for fine art base; it is utterly gorgeous, and there are so many wonderful artists here, who have given us such support.”

Two key supporters of the project, among many, are established artists Fred Slatterback and Carol Chapman, whose Sand City space, Slatterback Chapman Fine Art studio and gallery, now houses fine art base. A warren of spaces already dedicated to training, production and exhibition, the studio proved a perfect “repurposing” for fine art base.

“We are big fans and supporters of Elizabeth and David, and are excited about the new art direction of our previous space,” said Chapman who, with Slatterback, has studios in Monterey and Carmel. “It is a first for the art community in Monterey County to have a non-profit which will provide studio space for emerging artists, and also sponsor workshops and exhibits for these artists. Sand City and this particular space are a perfect fit to make this work. This young, dynamic duo is truly creating a gift to the community.”

Born and raised in Denver, Wilkinson received a bachelor’s degree in Philosophy from Metropolitan State College of Denver before pursing photography-based fine art in Los Angeles, Paris, New York City and the West Coast.

The pair, which has already established significant membership in fine art base, has already hosted workshops with established artists, has already held onsite art exhibitions, is currently hosting Emerging, an eclectic group show at Sunset Center’s Marjorie Evans Gallery on San Carlos between 9th and 10th avenues in Carmel-by-the-Sea, through August.

fine art base, 652 Redwood Ave., Sand City; visit www.fineartbase.org
Art On Paper

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Black-and-white cut-paper imagery is exhibited on one wall, while in an adjacent room a story is unfolding about a small rabbit getting himself into trouble. The tonal artwork is layered with imagery and meaning, both sinister and joyful, while next door, the rabbit digs deeper into a hole of danger.

These concurrent exhibitions don’t actually have a lot in common, except both are worth a visit to the Monterey Museum of Art. The bi-annual Monterey Now series features local artist Kevin Miller, whose complex cut-paper collection is a study in contrast. Using only a single piece of paper, Miller creates imagery through suggestion and significance.

The exhibition, which runs through Sept. 17, illustrates how Miller layers black-and-white paper on solid backgrounds, and then creates minute details using an exacto knife to eliminate or cut away extraneous paper. His images often include real-life portraiture with endless possibilities for interpretation. A former CSU Monterey Bay (CSUMB) student, Miller was first inspired by magazine prints and protest posters but now elaborates his designs using paints, fabrics and simple black and white paper.

Miller’s artwork is exhibited around the bend from another exhibition at the Museum. “Over Rainbows and Down Rabbit Holes: The Art of Children’s books,” is splashing the Museum with color by presenting 70 original illustrations from classic children’s books, including “The Tale of Peter Rabbit,” by Beatrix Potter. These post-World War II illustrations can inspire people of all ages, bringing back memories of stories heard during childhood. On display until Sept. 13, “Over Rabbits and Down Rabbit Holes” includes live readings from these illustrated books, such as “House at Pooh Corner,” by A.A. Milne, and contemporary artists Leo and Diane Dillon’s “Earth Mother.” The Museum received this exhibition on loan from the Santa Barbara Museum of Art for this late-summer exhibit.

The hub and heritage of the professional local art community, the Monterey Museum of Art honors the local art community through MontereyNow by displaying regional talent, up close and personal, with style. Through a vast collection of paintings, photography and sculpture the Museum holds the heart of the Monterey art scene. Open Wednesday through Saturday, the Museum offers a discounted admissions rate to students at $2.50.

Monterey Museum of Art, 559 Pacific St., Monterey. For more information, call 831.372.5477 or visit www.montereyart.org.

Festa Italia Monterey

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Viva la dolce vita. A taste of Italian culture and cuisine has come to the community. The smell of cheese, cannoli, and calamari will fill the air, as guests stroll the streets, enjoying Italian fare during the 76th Annual Santa Rosalia Festival at the Custom House Plaza overlooking the Wharf in Monterey Sept. 11 through 13.

Festa Italia, part of the Monterey Fisherman’s Festival, is dedicated to Santa Rosalia, the patron saint of Palermo and all of Sicily, who was born into a noble Norman family that claimed to be descendants of Charlemagne. Tradition has it Rosalia retired to a cave on Mount Pellegrino, where she died in 1166.

In her mythology, in 1624, when a plague haunted Palermo, Santa Rosalia appeared to a hunter to whom she indicated where her remains were to be found. She ordered him to bring her bones to the city and have them carried in procession throughout the city. The hunter found her bones and carried out the wishes of the apparition. Following the procession, the plague vanished, and Palermo was restored. Santa Rosalia has since been venerated as the patron saint of the city, often symbolized by a Basillian nun with a Greek cross in her hand.

This tradition of feasting and celebration hosted in Monterey, includes Italian food, beer, wine and entertainment. The Joe Sharino Band will play music, as participants take to the streets to dance under the stars.

“I cannot wait to take part in the Italian culture through this festival,” said Visual and Public Arts (VPA) senior, Lottie Cassidy, “It’s a great opportunity for students to embrace something new.”

For more information visit http://www.festaitalianmonterey.com/

When: Sept. 13-17
Where: Monterey Custom House
Admission: Free
Drinking From A Cold Spring

Staff Reporter

It began as a way to figure things out, to find and understand the thread that weaves through her life as a mother, wife, artist, teacher, daughter without unraveling it. And so she wrote because she can and because she understands it as a process whereby the attaching of words to thoughts gives them substance. And often clarity.

She wrote down a selection of ideas, each a story in and of itself, which told her something about who she was and what she was feeling in the moment. As she shared her text with others, they, too, got a grasp of what she was saying and how it might apply to their own questions. So she wrote more. And still, as she continued to craft her text and clarify her mind, Erin Lee Gafill did not yet understand that she was writing a book.

Until she had.

“The more I heard from others that this was the story they needed to read that day,” said Gafill, “the more I realized this writing was not just for me; it mattered to other people. Which meant that following this process mattered; this process of trying to understand my creative life and consciousness is a process that gives meaning to others. People are struggling with this; we’re all trying to find meaning in our lives as we juggle so many roles at once. Perhaps, I thought, we’re all looking for that thread, the lifeline that pulls us through our different passages.”

The result is Drinking From A Cold Spring: A little book of hope. Published by 26 Letter Press out of Big Sur, this 208-page book is a compilation of some 40 excerpts from Gafill’s life, each crafted with both narrative and insight, so that in the end it reads like an autobiographical novel. Except readers can’t decide whether it is hers or theirs.

Gafill has spent most of her life amid the untamed beauty of Big Sur at Nepenthe, the way station her grandparents, Bill and Lolly Fassett built to offer community among residents, respite for travelers and livelihood for generations to come. An award-winning writer, painter and teacher, Gafill’s work is both inspired and informed by an area that is as much a part of her as she is, of it.

“Drinking From a Cold Spring is what living in Big Sur means to me,” she said. “It’s about being in a place so awesomely beautiful, so pure, so revitalizing, and remembering to go back to the source and draw from it to replenish myself. Every bit of my writing came after walking along the highway well before the cars set in, breathing in this unbelievably clean air and watching the hawks on the wing. I would breathe in this place we live in, and then go back to my writing, conscious of what that gave me to take forward and remembering to drink deeply from the source.”

The point of the book, says Gafill, is to give ourselves time to replenish our spirit. And the subtitle, A little book of hope, is what she really wanted it to become for herself and for her readers.

“If you pick it up at any moment in your day and read one passage from it,” she said, “perhaps it will offer a lift and allow you to go on. In a lot of ways, the book was written for artists and anyone else interested in the creative process, but I felt as I worked through it, that everyone is struggling through all these issues. The goal is to find meaning in daily actions and daily decisions, and the objective is to stop being overwhelmed by too many demands and decisions and choices, so we can become still enough to get the message.”

Drinking From A Cold Spring is available at The Works in Pacific Grove, Carmel Bay Company in Carmel, the Phoenix Shop at Nepenthe in Big Sur and through amazon.com and eringafill.com.
Fall Athletes Arrive to Kick Start the Season

After a summer break filled with fun in the sun, Otter athletes return to campus to begin hectic practices. Arriving at CSU Monterey Bay (CSUMB) two weeks before classes started, to check in for practice. The CSUMB fall sports program started on Aug. 10 with vigorous enthusiasm. Soccer, cross country, volleyball and basketball teams, preparing for the season, and can be seen on campus honing their skills and building excitement for the season.

Sports start with a grip of home games, beginning with Volleyball’s Otter Classic on Aug. 28 and 29. The team will welcome the University of Findlay Oilers (OH) and the Dixie State College Red Storm (UT). On Sept. 5 the Cross-Country team, will host its first meet in history, to kick off their season. Look out for the men’s Basketball team to host the 2009 NCAA National Runner-Up Cal Poly Pomona Feb. 23.

This season Artie Cairel, head coach for the men’s soccer team during the past seven seasons, also will assume the role of head coach for the woman’s team. Cairel has a busy season ahead. The men’s soccer team heads to Chico State on Aug. 28 and 31. The woman’s squad will head north to kick off its season with three games in Washington, starting Aug. 27.

“This season,” said Cairel, “men’s soccer has the potential to take the program to new levels under the leadership of an experienced returning corp. A record of 44 women was in camp on Aug. 10, some came as far away as Virginia. There was an evident level of determination during the early morning weight training session.”

Woman’s Volleyball returns for the 2009 season with a total of 19 players, among them, 10 new faces. “The level of athleticism has risen since last year,” said Head Coach Jody Garry, “We have a very determined and motivated bunch of woman this year. I am also impressed with the returners because it’s obvious they took our summer training seriously and look great.”

The Men’s Basketball team has announced its schedule for 2009-10, which includes a 2009 NCAA National Tournament Runner-up, 12 regular season home games and a trip to Washington. “With a mix of good young talent and good returning players, I am very excited to get this season underway,” said Head Coach Rob Bishop. Men’s Basketball is opening their season at home on Nov. 15 by hosting Academy of Art University at the Otter Sports Center., in the kelp bed.

The 2009-10 women’s basketball schedule will feature four opponents for the 2009 NCAA Tournament where the Otters will face off against UC San Diego, Humboldt State, Cal State Dominguez Hills and Northwest Nazarene. “Coming off a record-breaking season for our program, we are ready to face another tough CCAA conference,” said Head Coach Renee Jimenez. “We have loaded out schedule with tough non-conference opponents, including playing NCAA Division I Santa Clara University at home at the Kelp Bed on Nov. 3. This is a game fans will not want to miss.”

With a full complement of fall sports and a long list of home games, there is plenty opportunity to come out and cheer on the Otters. Check out www.otterathletics.com for a complete list of schedules, breaking news and special events.
Otters At Play

Men's Soccer
8/27 @ Sacramento State
8/28 @ San Jose State
8/29 vs Academy of Art in Chico
8/31 vs Saint Martin's University in Chico
9/8 vs Seattle Pacific University
9/11 @ Cal State East Bay
9/13 @ UC San Diego

Women's Soccer
8/27 @ Seattle Pacific University
8/29 @ Saint Martin's University
8/30 @ Western Washington University
9/8 vs Notre Dame De Namur University
9/11 @ Cal State East Bay
9/13 @ UC San Diego

Womens Volleyball
8/28 vs Dixie State vs Findlay
8/29 vs Dixie State College
8/29 vs Dixie State College
8/29 vs Findlay vs Dixie State
8/29 vs University of Findlay
9/4 vs Hawaii Pacific University in San Francisco
9/4 vs Chaminade in San Francisco
9/5 vs Dominican University in San Francisco
9/5 vs Notre Dame de Namur University in San Francisco
9/11 vs Cal State Stanislaus
9/12 vs Chico State
9/16 vs San Francisco State

Men's Cross Country
9/5 CSUMB Invitational

Women's Cross Country
9/5 CSUMB Invitational

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Expeditions Under the Sea

Within the ocean's expanse is a world rich with layers to discover. The Monterey and Carmel bays offer a unique opportunity to experience the mysteries of a rare and unusual underwater habitat. Beyond the windows of a mask, await adventure and exploration.

Whether taking the big plunge off a boat or walking to the shore and swimming out, underwater access means adventure. SCUBA divers step off the boat and into a balancing act between ocean and air as they settle into the liquid playground. The pressure of the ocean is manipulated by the divers as they descend into temperatures ranging from the high 40s to the mid 50s. "When your life is dependent on equipment, it becomes an extreme sport," said Tim Doreck, Captain and co-owner of Monterey Bay Express dive company.

The world below the surface harbors a bounty of territory to explore among kelp forests and the many pinnacles throughout the ocean floor. "The underwater environment of this area supports a wide range of habitats with a multitude of species to discover," said expert technical diver Phil Sammet, owner of the Under Water Co.

As divers glide through intertwined ropes of kelp, beams of light expose a blue aura that creates an ethereal scene. Giant kelp weaves in and out of rock canyons, dangling like thick grasses within the canopy as shoots stretch into the darkness like a redwood forest.

Past the kelp zone "God Beams" shoot through the deep blue shale reef, these giant garnet pinnacles appear like a vision in the night. As divers descend further, the understory kelp grows a mere 3'-4' high off rocky pinnacles. Fish hide among rocks, and corals and sponges attach to the garnet walls. Wolf eels are known to hide in the many dark caves.

Eric's Pinnacle, a local dive spot south of Lovers Point in Pacific Grove, is accessed best by boat. A recreational dive at 80 to 105 feet, it does warrant caution, as lots of rock slivers shoot up. Further south, Aumentos Reef is teeming with the flora and fauna of marine life. "Pinnacles are lush like a carpet," said Berj Amir, a local technical diver and CSU Monterey Bay Educational Opportunity Program Retention Advisor. "This is why I moved to Monterey. Strawberry anemones cover the rocks, white clumps of giant plumous anemones attach to the rough sides and an 8' to 10' sunfish came curiously close."

Point Lobos State Reserve in Carmel offers diving access to Whalers Cove and Blue Fish Cove via a boat ramp to launch small boats. Local dive companies with larger boats anchor off shore for deep-ocean diving, where large pinnacles emerge from the sandy floor and the middle reef hosts a winding maze of giant kelp. Their shoots grab onto rocks as deep as 130 feet.

"There are many good dives in Lobos," said Amir. "Bluefish Cove can have nice sunburst coming down, with a 90 to 95-foot dive." Cannery Point is a little shallower with about a 60-foot dive.

Above and below the water, the Monterey Bay and Carmel waters offer many outlets for the recreational diver. CSUMB offers S.C.U.B.A. classes with Frank Degnan, and local dive clubs welcome new members. For a list visit www.montereyexpress.com. For more diving information and
CSUMB Golf: The Front Nine

Teeing off the front nine of the Fall 2009 semester, Men’s Golf Coach Jason Owen shares his excitement for a new start after a promising first season with CSU Monterey Bay’s (CSUMB) Men’s Golf Team.

With only one year under his belt, Owen is eager to begin this semester. “This is my second year being around the guys I had last year” he said, “and now I am bringing in four guys I recruited.”

This season, Owen has brought in three freshmen; two from southern California, Dillon Jackson and Jared Stone. The third freshman, Bret Devries, is from Canada. The fourth recruit is a junior transfer from Salinas. Owen said he expects great things from all four of the new players.

Sept. 23 marks the first of the season’s tournaments. Ten young men and their coach will travel to Olympia, WA to bring the season into full swing, followed by two events for the fall semester, and seven for the spring semester.

Continuing CSUMB’s tradition of bringing sports into the community, the men’s golf team will volunteer at the First Tee Open this fall. Sponsored by Wal-mart and the Pebble Beach Company, First Tee is a golf program designed to inspire youth to excel. The First Tee Open gives these young people an opportunity to play with legends of the game. The Golf Team also will help at the AT&T Pebble Beach National Pro-Am golf tournament on the Peninsula in Feb.

The month of Oct. marks the annual President’s Cup fundraising event for CSUMB Athletics. This year the event will take place on Oct 5 at Corral De Tierra country club in Monterey. President Dianne F. Harrison, as well as the entire Athletics Department, reportedly is excited by the magnitude of this event, during which members of the Men’s Golf team and many of CSUMB’s student athletes will attend to help the event run smoothly.

In the meantime, the golf team will continue its travels this semester and return for the big home tournament in April.
This fall semester will bring a multitude of swells building across the Pacific and churning toward Central California for surfers to ride in to shore. These currents will wrap around the coast to rush in on beaches all the way from Santa Cruz to Big Sur.

This season, the CSU Monterey Bay (CSUMB) surfing community can come together to take advantage of the natural beauty in our backyard. Whether a seasoned rider waiting for the first major Northwest pulse, or a beginner looking to rent out a board from the university’s Adventure Connections, all should respect what the ocean has to offer.

One of the finest seasons of surfing in this area is Indian Summer, a phrase that refers to the period of warm weather Monterey enjoys mid fall. Summers in Monterey are typically foggy and cold, but well into the fall semester, summer conditions set in with plenty of sunshine and offshore breezes.

With El Niño weather dynamics back in affect this year brings the promise of epic conditions and endless barrels. The wet winter could bring fresh greens to the hillsides and much-needed fresh water to the drinking supply. More importantly El Niño will bring warmer water, along with waves begging to be surfed. I, for one, predict some unforgettable rides.

Surfers should be patient and willing to look for good waves around the area. Winds can pick up in a matter of seconds and ruin a perfectly good session. Follow the mantra to take what you have and enjoy the time you have in the water. Check out a new spot, meet new friends, and try to take in the breadth of the Central Californian coastline.

And remember, everyone who wants to enjoy the rays and the roars of the ocean everyone has to should pitch in and take care of Mom nature who is always there to hit the waves hard give surfers a ride home. (transition sentence like this one is needed) California beaches have become littered with leftovers from people who love the beach but forget to take care of the ocean. Even those who do not venture out into the Pacific should do their part to keep local beaches clean. A quick toss of just one piece of trash will make a difference.

This fall semester promises to be a wild one off shore. Grab your best stick, some shades and a towel, and hit the beach like never before. Take advantage of potentially perfect conditions and go catch some surf.

Even if this is a column, talking too much to the reader makes it preachy. Put it in third person whenever you can. And since you’re talking “surfing,” don’t go back and forth between cool, clipped, hip talk and formal construction. Stay with the surfin’ vibe.

OPINION

Many people follow the philosophy, “If it’s not broken, don’t fix it.” With regard to MyMessaging, the new campus-wide e-mail system, CSU Monterey Bay (CSUMB) has blown away this philosophy and has replaced a functioning system altogether.

On June 16, CSUMB embraced change by replacing FirstClass with MyMessaging, powered by Google Apps for Education. Although students and faculty may have liked FirstClass, I predict if you give MyMessaging a chance you will agree that it beats the old FirstClass.

I am the first to admit that I was skeptical about this new e-mail system. I, like many others, thought FirstClass was perfectly fine; so why get a new system? After being forced to check it out because FirstClass is now only used for archival purposes, I can understand why we changed.

It took me a long time to learn how to actually get to my e-mail, which is on the bottom toolbar along with the calendar, documents and chat, but when I finally figured out how to open the e-mail, I was excited to see that it is set up just like Google’s personal e-mail accounts. It is user friendly. While I cannot see if my sent e-mails have been read or not, I can still begin typing in the name of student, faculty or staff, and the rest of their e-mail address pops up automatically.

Google’s MyMessaging still has all of the old favorites of FirstClass, but it includes many new features, too. Some of these old favorites are the calendar, chat, documents and groups. The groups have even taken the role of the public forum and marketplace. For instance, there are now groups called “Lost and Found,” and “Merchandise Wanted”. One of the new features is the campus weather reading, which is extremely helpful for those who live off campus where the fog is not quite as heavy, and the weather does change. It includes the temperature, wind, humidity, smoke and the weekly forecast.

Other new features include a status, blog, and print balance. And my favorite new feature is being able to log onto what is used to be Peoplesoft. Now called CMS Student/HR, I can pay my tuition, add classes, and those who work on campus can even log in the hours worked, without having to remember that terrible nine-digit login number. All of these new features are available directly from your e-mail account. I am not sure why we did not have MyMessaging before, but I am confident that Google could not do much to make MyMessaging better. Check out MyMessaging for yourself at www.my.csumb.edu.
om·buds [äm-bu-dz]
1. One who investigates reported complaints (as from students or consumers), reports findings and helps achieve equitable settlements.

Welcome Back Otters,
We hope that your summer was grand. The school year is new, and so are numerous things on campus.
The Otter Realm would like to welcome a new Editor-in-Chief, Caitlyn Johnson, who was formally our Managing editor.
As you are back on campus this fall, check out all the new treasures CSUMB has to offer. To learn more about them check out the rest of this issue, and the many to come this semester.
Have a great fall Otters!
Sincerely,
The Otter Realm Staff
P.S. If you have any questions or comments for us, drop us an e-mail at otter_realm@csumb.edu.

EDITORIAL POLICY
The Otter Realm is a bi-weekly student publication produced by the Otter Realm club and HCOM 389. Opinions expressed herein do not necessarily reflect the views of the Otter Realm, CSUMB administration, faculty, staff or college policy.
The Otter Realm serves two purposes: It is a training lab for students who wish to develop journalism skills, and it is a forum for free expression of campus issues and news. The Otter Realm Editorial Board will determine what to print on these pages. The Editorial Board reserves the right to edit for libel, space or clarity.

OTTER OOPS
We look forward to the possibility of Omitting this box in the future.

@Stay Current Online at
www.otterrealm.net

Typical college Friday nights lead to typical college Saturday mornings. Someone from tomorrow night's party will take the "walk of shame" the next morning. Whether the result of a late night or early morning, it begins by lingering in the moment, followed by the awkward breakfast and an even more awkward hug goodbye. The Allstar of awkwardness is the forced kiss goodbye that unintentionally promises a second date.
This "instant relationship" is not a "just add water" product, but one that requires alcohol and a stirring night to result in a fresh girlfriend or boyfriend by morning. While the ingredients that make this concoction - the sex and the alcohol - may create an incredible feeling of absolute bliss at in the moment, it is not a good way to kick-start a relationship. Alcohol affects memory and judgment, so certain necessary precautions can be forgotten or ignored during a drunken state of affairs.
It's no secret that alcohol affects not only the mind, but bodily functions as well. You don't want your first time with each other to be ruined by a case of "whiskey dick" or "whiskey bagel." You can find both terms on www.urbandictionary.com if not familiar. Believe me, a first time with either symptom, rarely results in a second chance.

Our generation seems to have a problem with telling the truth. Not only do we keep quiet, trying not to offend someone, we hold tight to our emotions as well. For many of us, it takes a bottle of Jack to tell someone how we really feel. Frequent use of this liquid courage could lead to serious addiction. If alcohol is needed to become outgoing, maybe you should take a step back and think of the implications of your actions and what this relationship is based on.
If this is a first encounter, and all you know about each other is that you can't wait to rip each other's clothes off, how do you know you'll want to wake up together in the morning? Who knows whether what looked great in the dark will be so attractive by daylight? Remember, "The girl/guy you meet at a bar is not the person you bring home to Mom." Or even a second time.
So in entering a new semester, a whole new school year, and maybe even college for the first time, don't use sex as the first stepping-stone to a relationship. Even Elvis said, "Only fools rush in." Build toward the sex, not off of it.

SUDOKU

Each Sudoku has a unique solution that can be reached logically without guessing. Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

Person on Campus

Why did you come to CSUMB?

"The scenery and I'm used to the bay area because I used to live here." -Stephanie Reis, Math, Freshman

"I like the area, the size of the campus and the math department." -Carl Ericson, Math, Junior

"The VPA program was a pretty unique program from the other ones I looked at." -Carl Ericson, VPA, Senior

"It's close to home and I didn't want to live far away from the ocean." -Michelle Pacheco-Espinoza, CHHS, Senior

"At first I wanted to go to Fresno State with a friend but we stopped being friends. I was going to go to Hartnell instead but my sister convinced me to come here." -Michelle Pacheco-Espinoza, CHHS, Senior

Tidal Forecast

Thu, Aug 27: Tide Set One/Two - 6:17 AM - 3.15 ft / 4:44 PM - 5.05 ft
Fri, Aug 28: Tide Set One/Two - 7:49 AM - 3.31 ft / 5:50 PM - 5.02 ft
Sat, Aug 29: Tide Set One/Two - 6:40 AM - 3.48 ft / 6:52 PM - 2.92 ft
Sun, Aug 30: Tide Set One/Two - 9:23 AM - 3.61 ft / 7:45 PM - 5.22 ft
Mon, Aug 31: Tide Set One/Two - 9:50 AM - 3.74 ft / 8:30 PM - 5.35 ft
Tue, Sept 1: Tide Set One/Two - 10:44 AM - 3.90 ft / 9:10 PM - 5.41 ft
Wed, Sept 2: Tide Set One/Two - 11:35 AM - 4.07 ft / 9:48 PM - 5.44 ft
Thu, Sept 3: Tide Set One/Two - 10:56 AM - 4.27 ft / 10:25 PM - 5.62 ft
Fri, Sept 4: Tide Set One/Two - 11:58 AM - 4.49 ft / 1:00 PM - 5.49 ft
Sat, Sept 5: Tide Set One/Two - 12:58 AM - 4.72 ft / 8:30 PM - 5.02 ft
Sun, Sept 6: Tide Set One/Two - 12:05 PM - 3.42 ft / 9:22 PM - 4.71 ft
Mon, Sept 7: Tide Set One/Two - 2:16 AM - 1.38 ft / 7:09 PM - 4.72 ft
Tue, Sept 8: Tide Set One/Two - 6:12 AM - 1.5 ft / 8:02 PM - .52 ft
Wed, Sept 9: Tide Set One/Two - 7:10 AM - 2.23 ft / 1:37 PM - 5.32 ft
Thu, Sept 10: Tide Set One/Two - 7:43 AM - 2.62 ft / 2:24 PM - 5.35 ft
Fri, Sept 11: Tide Set One/Two - 8:32 AM - 2.95 ft / 3:25 PM - 5.35 ft
Sat, Sept 12: Tide Set One/Two - 10:44 AM - 3.56 ft / 4:39 PM - 5.41 ft
Sun, Sept 13: Tide Set One/Two - 11:35 AM - 4.07 ft / 9:48 PM - 5.44 ft
Mon, Sept 14: Tide Set One/Two - 10:56 AM - 4.27 ft / 10:25 PM - 5.62 ft
Tue, Sept 15: Tide Set One/Two - 11:58 AM - 4.49 ft / 1:00 PM - 5.49 ft
Wed, Sept 16: Tide Set One/Two - 12:58 AM - 4.72 ft / 8:30 PM - 5.02 ft
Thu, Sept 17: Tide Set One/Two - 12:05 PM - 3.42 ft / 9:22 PM - 4.71 ft
Fri, Sept 18: Tide Set One/Two - 1:04 AM - 1.38 ft / 7:09 PM - 4.72 ft
Sat, Sept 19: Tide Set One/Two - 2:16 AM - 1.5 ft / 8:02 PM - .52 ft
Sun, Sept 20: Tide Set One/Two - 6:12 AM - 1.38 ft / 7:09 PM - 4.72 ft
Mon, Sept 21: Tide Set One/Two - 9:10 AM - 2.23 ft / 1:37 PM - 5.32 ft
Tue, Sept 22: Tide Set One/Two - 10:44 AM - 3.56 ft / 4:39 PM - 5.41 ft
Thu, Sept 24: Tide Set One/Two - 10:56 AM - 4.27 ft / 10:25 PM - 5.62 ft
Fri, Sept 25: Tide Set One/Two - 11:58 AM - 4.49 ft / 1:00 PM - 5.49 ft
Sat, Sept 26: Tide Set One/Two - 12:58 AM - 4.72 ft / 8:30 PM - 5.02 ft
Sun, Sept 27: Tide Set One/Two - 12:05 PM - 3.42 ft / 9:22 PM - 4.71 ft