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Finding the Needs for Filipino Seniors in Salinas

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Finding the Needs of Filipino Seniors in Salinas

Courtesy of the Filipino Community Center (2017)
Overview
Finding Needs of Filipino Seniors in Salinas

- Internship
- Problem Statement
- Capstone Project
- Implementation Methods
- Results
- Outcomes
- Strengths/Challenges
- Conclusions
- Acknowledgements
Internship

Alliance on Aging

MISSION

As a community leader and advocate, the Alliance on Aging provides services and resources that address the challenges and
Lost in the Asian category and ignored as a cultural group, Filipino seniors and the Filipino community have typically been underserved.

Filipino "Sakado" immigrant
Pinoy, Manoang M. Palacpac (1912-1984)

Filipino Soldiers of WWII and medical detachment - Recessional Act of 1946

Problem Statement

United Farm Workers:
Larry Itliong (left) Phillip Cruz (right)

Nucum, J (2015)

Forgotten Filipinos who lead a farmworkers revolution (NPR 2015)
Capstone Project

Initial Concept:
Mirroring Alliance on Aging Strengthening Wellness Program

Final Concept:
Needs survey
77 Participants
13 questions-12 multiple choice and 1 open-ended
Implementation

Filipino Women’s Club of Salinas

Contact
Gatekeepers
Officials
Meetings
Collaboration
Question: Would you be interested in the following?

Results

<table>
<thead>
<tr>
<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Benefits check-up: Access to food/utilities discount/discount cell phone/taxi vouchers</td>
<td>58.18%</td>
</tr>
<tr>
<td>Medicare/Medicare Supplement Insurance</td>
<td>56.36%</td>
</tr>
<tr>
<td>Tax Assistance (Assistance in State &amp; Federal Tax Preparation)</td>
<td>43.64%</td>
</tr>
<tr>
<td>Education events (use of computers, nutrition, anxiety, depression, mental &amp; health issues and referrals)</td>
<td>60.00%</td>
</tr>
<tr>
<td>Individual counseling/support (Confidential)</td>
<td>14.55%</td>
</tr>
</tbody>
</table>
Top 5 Answers: Question- Are there any other needs(s) for a Filipino senior that was not addressed?

1. Dancing: line dancing and ballroom dancing 37%
2. Places to play Bingo 29%
3. Field trips 26%
4. Social gatherings 17%
5. Transportation Assistance
6. More activities 14%
Outcomes

- Gain insight into the needs of Filipino seniors
- Increase access to programs to support senior citizens

Imus, Cavite, Philippines (2014)
Building relationships

Broadening knowledge of my heritage

Enhanced Professional Communication

Strengths/Challenges

Acceptance
External factors
Time

Courtesy of S. Aremas

Philippines Reporter, 2016
Conclusion

Request for more resources and services
Advocacy and guidance

Lessons Learned:
Trust is an important to be accepted

More research is needed
Recommendations to Alliance on Aging

- Advocate for resources
- Increase access and referrals
- Increase the pipeline to Filipino Community
Acknowledgements

- Alliance On Aging and mentor-Natalia Molina
- The Filipino Organizations
  - Filipino Women in Salinas of Monterey County
  - Lauoagians of Monterey County
  - Filipino Hall and Senior Luncheon
  - Line dancers
  - Gatekeepers
- Professor Alicia Hernandez-Sanchez, Cohort, and CHHS faculty and staff
- Family & Friends

Flowermeaing (2017)
References


Maraming Salamat.
Thank you very much.