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Finding the Needs for Filipino Seniors in Salinas

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Finding the Needs of Filipino Seniors in Salinas
Overview

Finding Needs of Filipino Seniors in Salinas

- Internship
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- Capstone Project
- Implementation Methods
- Results
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- Strengths/Challenges
- Conclusions
- Acknowledgements
Internship

Alliance on Aging

MISSION

As a community leader and advocate, the Alliance on Aging provides services and resources that address the challenges and opportunities of aging.
Lost in the Asian category and ignored as a cultural group, Filipino seniors and the Filipino community have typically been underserved.

Problem Statement

Filipino “Sakado” immigrant
Pinoy, Manoang M. Palacpac (1912-1984)

Filipino Soldiers of WWII and medical detachment- Recessional Act of 1946

United Farm Workers:
Larry Itliong (left) Phillip Cruz (right)

Forgotten Filipinos who lead a farmworkers revolution (NPR 2015)

Courtesy of the Filipino Community Center (2017)
Capstone Project

Initial Concept:
Mirroring Alliance on Aging
Strengthening Wellness Program

Final Concept:
Needs survey
77 Participants
13 questions-12 multiple choice and 1 open-ended
Implementation

Filipino Women’s Club of Salinas

Contact
- Gatekeepers
- Officials
- Meetings

Collaboration

THE FILIPINO COMMUNITY OF SALINAS VALLEY

THE LAOAGUENIANS OF MONTEREY COUNTY
Question: Would you be interested in the following?

Results

<table>
<thead>
<tr>
<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Benefits check-up: Access to food/utilities discount/discount cell phone/taxi vouchers</td>
<td>58.18% 32</td>
</tr>
<tr>
<td>Medicare/Medicare Supplement Insurance</td>
<td>56.36% 31</td>
</tr>
<tr>
<td>Tax Assistance (Assistance in State &amp; Federal Tax Preparation)</td>
<td>43.64% 24</td>
</tr>
<tr>
<td>Education events (use of computers, nutrition, anxiety, depression, mental &amp; health issues and referrals)</td>
<td>60.00% 33</td>
</tr>
<tr>
<td>Individual counseling/support (Confidential)</td>
<td>14.55% 8</td>
</tr>
</tbody>
</table>
Top 5 Answers:
Question- Are there any other needs(s) for a Filipino senior that was not addressed?

1. Dancing: line dancing and ballroom dancing 37%
2. Places to play Bingo 29%
3. Field trips 26%
4. Social gatherings 17%
5. Transportation Assistance
   More activities 14%
Outcomes

- Gain insight into the needs of Filipino seniors
- Increase access to programs to support senior
Strengths/Challenges

Building relationships

Broadening knowledge of my heritage

Enhanced Professional Communication

Acceptance

External factors

Time

Courtesy of S. Aremas
Conclusion

Request for more resources and services
Advocacy and guidance

Lessons Learned:
Trust is an important to be accepted

More research is needed
Recommendations to Alliance on Aging

- Advocate for resources
- Increase access and referrals
- Increase the pipeline to Filipino Community
Acknowledgements

- Alliance On Aging and mentor-Natalia Molina
- The Filipino Organizations
  - Filipino Women in Salinas of Monterey County
  - Lauoagians of Monterey County
  - Filipino Hall and Senior Luncheon
  - Line dancers
  - Gatekeepers
- Professor Alicia Hernandez-Sanchez, Cohort, and CHHS faculty and staff
- Family & Friends

Flowermeaing (2017)
References


Maraming Salamat.
Thank you very much.