

OTTER REALM

Sept. 16th 2010 | Student-Run Newspaper



and at otterrealm.net

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YOUR CHECKBOOK**

Tuition on the Rise

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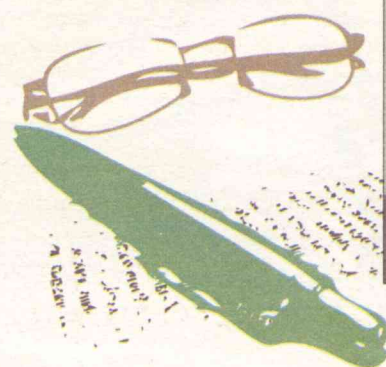
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WHAT YOU OTTER BE DOING

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EDITOR'S COLUMN

Questioning Arbitrary CSU Requirements Because, I Have To



Cameron Fuller, Editor-in-Chief
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CSU Monterey Bay (CSUMB) offers a myriad of experiences to a variety of people. For many, this is why they choose CSUMB. For student athletes it is the opportunity to be a part of a small team and get time on the field. For student politicians it is the access to a small student body and the ability to make an impact on Associated Students. For me, due to its outreach message and as a local non-traditionally aged student, CSUMB was the only choice I felt I had, but it has allowed me the ability to become the Editor-in-Chief and gain valuable industry experience prior to graduation, putting me ahead of the rest as I apply for jobs in the "real world." However, since we as students are all different, why must we conform to the arbitrary guidelines that the CSU system requires?

I spent the formative years of my early 20's as a working man in the working world; I sold cell phones for Cingular Wireless. I was able to move up the corporate ladder, eventually earning two promo-

tions. Since returning to higher education however, I have been placed into a box which does not include real world education. The box of general education and arbitrary school requirements was not designed with a person like me in mind.

CSUMB relishes in its outreach to non-traditional students. First time college applicants, local students from migrant families and students returning to the realm of education are different students that one might encounter in any given classroom. With a supposed dedication to all types of students, shouldn't we all be able to design a curriculum that caters to the needs of individuals as opposed to a mass student body? It is not the teachers or classes that hinder my academic growth, but rather it is the bureaucracy of the CSU that stifles me. And with tuition raise after fee raise, the question I beg answered, is graduation about learning or is it about satisfying requirements that earn administrators more money?

SEPT. 16-29

THURS 9/16
CONSTITUTION DAY
UNIVERSITY CENTER BALLROOM
6 P.M. - 9 P.M.

Constitution Day is a campus wide event taking place in the University Ballroom featuring prominent guest speakers discussing constitutional issues in today's political arena.

FRI 9/17-18
EL GRITO
UNIVERSITY CENTER BALLROOM
A dance in celebration of Mexico Independence day.

MON 9/20
FYS MAJOR FAIR
UNIVERSITY CENTER BALLROOM
12 P.M. - 2 P.M.

Talk with faculty, staff and students from all 18 CSUMB majors. Find out about requirements, career opportunities, pathways, internships, student clubs, and capstones. Learn about opportunities from Study Abroad, Undergraduate Research Opportunities Center, Service Learning Institute, and the Career Development Center. Refreshments! Raffle Prizes!

MON 9/20
AS CULTURAL ENRICHMENT
LIBRARY CAFE
1 P.M. - 3 P.M.

In celebration of Hispanic Heritage Month, the A.S. Cultural Enrichment Committee will be hosting a Poetry Slam. There will be an open mic so any student, staff, or faculty wanting to present some of their poetry in celebration of Hispanic Heritage are welcome to do so. Diana Garcia will also be reading some of her poetry for this event.

MON 9/20
VAGINA MONOLOGUE AUDITIONS
BARNET SEGAL AUDITORIUM
8 P.M. - 10 P.M.

The auditions for the 2011 Vagina Monologues is here! Starting September 20th we will be holding open auditions for the upcoming production of this empowering production. No previous acting experience is needed but its an added bonus if you do! For more information please email Brittany Land at bland@csumb.edu.

TUE 9/21
TOY STORY 3
WORLD THEATER
8 P.M. - 11 P.M.

The toys are mistakenly delivered to a day-care center instead of the attic right before Andy leaves for college, and it's up to Woody to convince the other toys that they weren't abandoned and to return home. World Theater on 6th Ave *FREE* Doors open at 7:30pm

SAT 9/25
STUDENT LEADERSHIP CONFERENCE
MONTEREY PENINSULA FOUNDATION AUDITORIUM
9 A.M. - 5 P.M.

Join us for our annual Student Leadership Conference, a unique opportunity to experience nationally renowned speakers and engage in thought-provoking dialogue with peers!

TUE 9/28
ED BEGLEY, JR.
WORLD THEATER
7 A.M. - 8:30 P.M.

At the podium, Ed Begley Jr. brings the audience into his ultra-green world, shedding energy-efficient light on how each of us can make a difference.

Reservations strongly encouraged: www.csumb.edu/rsvp

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No Seniority for Seniors

Housing's new approach to reservation days

Jessica Blackwood, Staff Reporter
JBLACKWOOD@CSUMB.EDU



Last semester CSU Monterey Bay's (CSUMB) decided to take a rather new approach towards choosing housing assignments for students. In previous years housing was chosen, starting with the seniors. The seniors were able to choose their housing on the first day of reservation days, following with juniors and ending with the sophomores. This past year Residential Life changed it around and let sophomores chose their housing on the first day of reservation days instead. The seniors, in the years past, had been patiently waiting their turn to choose their housing assignments first, but now they are no longer granted this opportunity.

Many seniors that were planning to remain on campus had trouble finding housing assignments, which gave them the other option of living in East Campus. Seniors who wanted to live East Campus had not received their housing assignments prior to students who wanted on campus housing. East Campus license housing costs \$1,210 per month, not including a

meal plan. Residential Life also lowered the East Campus living age to 21, instead of the previous years where it was 24, in order to house more of the seniors.

The seniors that didn't want to move to East Campus had to wait to receive their housing assignments and were given the remaining spaces. "We waited about 3 years to be given priority and now towards our final year, we get stripped of it," said Josh Maldonado, senior, TAT. Maldonado, who was also a former resident advisor, said he was grateful to be given a single room in North Quad, although his first choice would have been the Strawberry Apartments where he had previously lived. "I enjoyed the living environment, I got enough socialization as well as study time," said Maldonado.

This most likely occurred because the housing available for juniors and seniors, the Strawberry Apartments, completely filled up within the first five minutes of reservation days. Even a few sophomores, who knew about the new

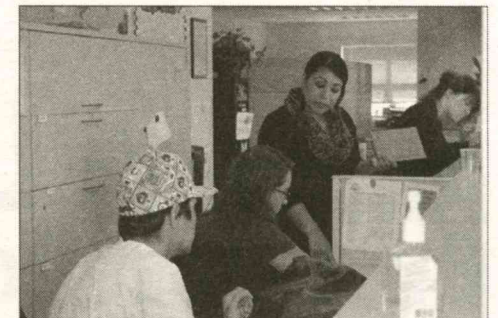
changes housing made, did not understand why they got to pick before the seniors. "Seniors Definitely should get first pick, they should have this thing called 'seniority,'" said Alex Mesa, sophomore, Business.

So what is the reasoning behind this change? According to Dean Kennedy, the Associate Director of Student Housing & Residential Life, the reason for the change was because Residential Life's priority is to house the freshman and sophomores since they're newer to the campus and have developmental needs when transitioning from home to college. "Senior level students have had several more years to grow, develop, and become prepared for living in an apartment type community," said Kennedy. To provide the best assistance to all students on campus Residential Life put together a process they hope is beneficial to all class levels. "We will continue to work with our upper-division students to help them be successful both on and off campus, but our focus as on-campus housing, is to provide housing space to First and Second Year students," said Kennedy.

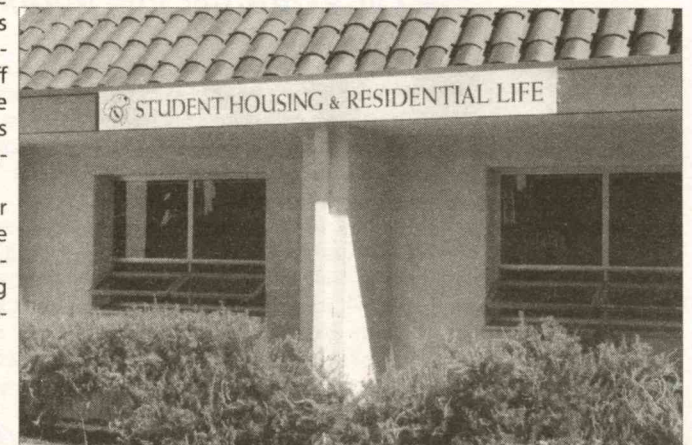
Along with changing the order of who chooses housing first, Residential Life also decided to take a different approach as to where freshmen reside. Now, Residential Life has secured the halls Cypress through Avocet as housing for incoming freshman to ensure they have a place to stay on campus. This change came after research showed that incoming freshmen are more likely to stay longer at the university if they can connect with each other. Originally, sophomores and juniors that wanted on-campus housing had to live in North Quad and had to pay \$2,860 for a double occupancy and \$3,780 for a single occupancy. The residence halls, however, go for \$2,720.

Due to the high amount of sophomores requesting on campus housing, Residential Life kept Tortuga and Sanderling halls available as upperclassman residential halls. "We are always trying to improve the way we do things to better serve students and help them be successful, while at the same time appropriately working with our challenges," said Don Yackley, the Director of Student Housing and Residential Life. In Residential Life's efforts to provide assistance to all students, they received many mixed reviews. Some of the students appreciated the process, while others weren't so thrilled. According to Gayleene Badiango-Rullan, housing's customer service assistant, everyone that was on a waiting list for housing was placed if not on campus, then East Campus. Some students decided to move off campus instead of east campus because they were not able to receive on campus housing and didn't care to live East Campus.

The campus has been growing faster and faster each year. In order to provide housing for the freshman and sophomores, Residential Life will be following the same priority room reservation process as last year.



HOUSING STAFF HARD AT WORK



PHOTOS BY JESSICA BLACKWOOD

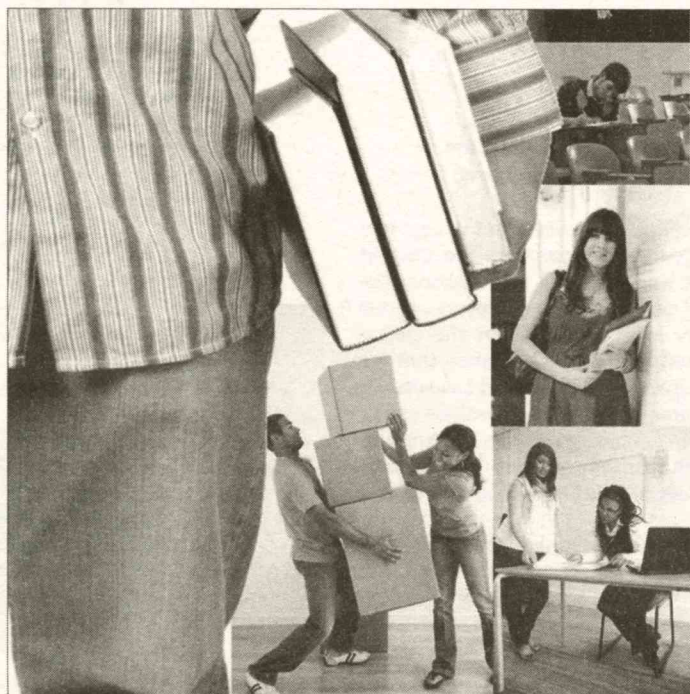


PHOTO PROVIDED

NEWS

Student Activities

Keosha Griffith, Staff Reporter

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It is Monday morning and "beep" another email; the 'You Otter Be Involved' has just showed up for the tenth time in the last five days. What exactly is 'You Otter Be Involved' one might ask? It is the weekly newsletter that goes out to all students so they are aware and involved with the events and activities taking place on campus that week. Many in Student Activities believe 'You Otter Be Involved' is working because student activities has had an increase in student participation on campus over the past couple of years. There have been many changes which have contributed to Student Activities' re-emergence over the past years.

Student Activities is the "umbrella" department that oversees student organizations on campus such as Inter-Club Council, Multicultural Greek Council, Associated Students, Otter Student Union, Outdoor Recreations and Orientation Leaders, (who are the first people incoming freshman and transfer students meet). "Over the past couple of years, Student Activities has come a long way from being a two person department to being fully fledged in student life putting on different activities such as various movies, dances, club showcases and more," said Christine Erickson, Dean of Students, the newest addition to Student Life at CSU Monterey Bay (CSUMB).

Some of the changes that have taken place within the student activities department can be contributed to various factors. Primarily, changes in faculty, the re-birth of Associated Students and Otter Student Union and various clubs and organizations that cater to all walks of life. The main mission of these various clubs and organizations is to work together and make campus life a better experience. In the past year, CSUMB has hired 3 new faculty to work directly and indirectly with Student Life: Christine Erickson, Tim Bills, Director of Student Activities, and Ajamu Lamumba, Advisor to Associated Students. They have also added the 'Otter Be Involved' weekly newsletters sent out to students every week and re-opened the Black Box Cabaret.

"I look forward to challenging and supporting students to get involved and engaged in co-curricular activities, to live the mission of the University," said Bills. Embodying the University Vision statement is one of the reasons student activities has come together and showed significant change over the past couple years. During the summer, there was leadership training in which every student organization came together in order to learn how to become better leaders and work together within their organizations. Shortly after leadership training, the first collaboration of the year for student life took place the Friday of move-in weekend; the Ice Cream social was hosted by both Residential Housing Association (RHA)

and Otter Days- Orientation Leaders. "I think the Student Activities Department has come a long way from where it was, but yes, as in all things in life, there is room for improvement," said Jessica Turner-Hernandez, senior, Human Communications.

While some may feel that Student Activities has become better over the years, there are a few who still think that it still has a way to go. "I like Student Activities, but I feel that they don't reach out for everyone. Otter Days is geared towards freshman, I've been here for four years, but they don't have anything for seniors or to prepare us to graduate, what good is student life if you only care about the freshman? They are not the only students here," said Mary Rodriguez, senior, Business. What Rodriguez feels, other older students may feel the same way. Many of the opening events are for freshman students and some transfers may not even feel included. Many of the movies that are put on may only hit a certain fan base. "This is my 5th year here, you can call me a super senior, and being African American, the only time I've seen a 'black' movie was during Black History Month, if not even that, but at least a movie that is actually funny," said Melvin Starr, senior, Business. With all the changes that Student Activities is making, it might not be good enough for some.

"RELATIONSHIPS ARE KEY, AND THE STAFF MEMBERS ARE CONSTANTLY MEETING AND INTERACTING WITH STUDENTS AND CREATING AND MAINTAINING RELATIONSHIPS WITH THEM"

BY DR. CHRISTINE ERICKSON,
DEAN OF STUDENTS

America's Largest Drug Bust Close To Home

The Close Location Says Nothing About CSUMB's Campus

SU Monterey Bay (CSUMB) is not heavily equated with meth, but its neighbors are, so much so that the largest drug bust in the United States occurred 35 miles north of CSUMB, in east Gilroy. Six hundred pounds of pure crystal meth and cocaine were found and said to have a value of an estimated 200 million dollars, according to law enforcement officials. The drugs are currently being held in Sacramento.

After a year long investigation, combining the work of local, state and federal agents, the Department of Justice, targeted the individuals responsible for the extensive amount of meth and cocaine. "Additional homes held surplus amounts of drugs in Sacramento and Modesto. But, the Gilroy home was the primary stash house in the central valley," said Stephanie Chuang, a reporter for KSBW. She adds, "It was the prime hub of drugs." According to a KSBW report, within this drug cartel, three men were arrested, seven were held in custody, and one is still on the loose.

Compared to Gilroy, the possession or use of meth at CSUMB is low. Chief Police Earl Lawson said, "Occasionally, we'll catch someone [with meth] but it's a drug that isn't of high interest."

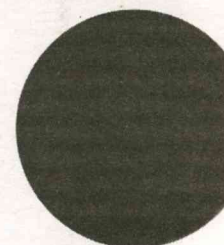
Despite media hype linking most college campuses and drugs, few instances of illicit drugs, such as marijuana, are found on the CSUMB campus. "The norm on campus is not doing drugs," said Lawson. On average, a drug bust for marijuana will occur once or twice on various weekends, according to police activity logs displayed on the police website of CSUMB. "This drug bust gives you the appearance that it's more predominant than it is, but it's really not the case," said Lawson. He continues, "Our goal is to keep the students safe, and the numbers speak for themselves. We try really hard to strike a balance between keeping the campus safe and using enforcement." The current rules of CSUMB state that nothing can be smoked within 25 feet of a state building, even if the substance is medical.

For Carolyn Janis, junior, TAT, the Gilroy drug bust came as a shock. She associates Gilroy with garlic and outlet malls, but never with meth. As for meth at CSUMB, Janis said, "I don't like to see meth infiltrating in my community and I don't want to see this place disintegrated by meth."

Christy Khoshaba, Staff Reporter

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"THE
NORM ON
CAMPUS
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SAID
LAWSON.



KELP Combats the Sophomore Slump

Tuba Abbasi, Staff Reporter

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On Wednesday, August 25, sophomores throughout CSU Monterey Bay (CSUMB) attended the first Knowledge Engagement Leadership Participation (KELP) event of the year. Tables with different campus resources, including Associated Students, Otter Student Union, Campus Health Center and Financial Aid engaged sophomores and provided them with information about campus resources.

"The second year is a very trying time because the novelty of the first year has worn off. We wanted to keep students involved with campus life," said Leslie Carson, Director for Student Success and one of KELP's founding members. The program is designed to "combat the sophomore slump," said Carson.

The KELP committee includes five faculty members; Grace Cardenas-Leal from Undergraduate Advising and Career services, Dean Kennedy and Don Yackley from Residential Life, Ajamu Lamumba from Associated Students, Pamela Motoike from First Year Seminar, and Gary Rodriguez from the Personal Growth and Counseling Center (PGCC), along with two students, Lewis Hall II, senior, Psychology and Evan Phoenix.

Hall II became involved with the program through his work at the Center for Student Success. He said, "After freshman year, we tend to forget about the sophomores. It is an awesome way to keep them connected."

The program targets second year sophomores who have retained a cumulative GPA of 2.0 or higher. Approximately 126 students are eligible to be involved in the program and the goal is to retain 85 percent of them. Carson said, "Our overarching goal is to get students connected and engaged. We want them to think critically and be reflective of where they are in terms of a major."

Saesha Hall, sophomore, HCOM, who won a raffled \$500 Apple gift card said, "I was really hesitant to go. But they had a lot of good connections to different resources. Even though I am a sophomore, there are still a lot of programs offered at the campus that I didn't know about."

Before KELP, there was a program called the Sophomore Experience. According to Kennedy, the Associate Director of Housing and Residential Life, the program was "spearheaded by student housing and was primary residentially oriented." The Sophomore Experience reached out to various organizations; in contrast, the KELP committee already includes members of various organizations. "There had been conversations for the last few years about how to retain sophomores. Leslie really just pulled us altogether," said Kennedy.

KELP primarily focuses on academia but it also takes in other aspects of student life. Rodriguez, Prevention Specialist at the PGCC, said, "Somewhere in your academic career, you may get a curve ball thrown at you. The counseling center recognizes that life sometimes gets in the way and we provide resources to make it through the day."

KELP is holding more programs throughout the year. Students who attend five events and receive a stamp on their card will be eligible to win the \$1,000 scholarship at the end of the year.

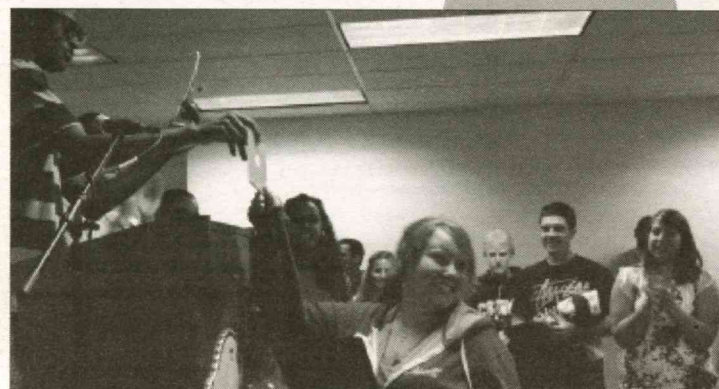


PHOTO PROVIDED BY JESSICA BLACKWOOD

NEWS

AlcoholEdu 101

Freshmen to be educated on the facts of college drinking

Ryan West, Staff Reporter

rwest@CSUMB.EDU

Imagine your roommate stumbling into your dorm late one night completely wasted. Immediately they grab the nearest trash can and throw up. Next morning they lie in bed all day recovering from the previous night.

For the first time at CSU Monterey Bay (CSUMB) an online alcohol education program called AlcoholEdu will be taken by incoming freshmen this fall. The aim of this program is to inform students of the possible dangers and detrimental behaviors that may result from excessive alcohol consumption, as well as increase their awareness so they can make healthy and safe choices when they are drinking.

The program's intent is not to preach against drinking or use scare tactics or judgment to prevent irresponsible drinking. "It's not telling you not to drink, but we want students to be informed about drinking safely," said Lauren Walters, senior, Kinesiology. Her Capstone project helped push the AlcoholEdu program into action.

The program is funded by CSUMB University Corporation and is guaranteed for four years said Andy Klingelhofer, CSUMB Judicial Affairs Officer. It costs \$15,000 per year over four years. The program lowers incidences and conduct issues among

universities using AlcoholEdu such as CSU Channel Islands, CSU Chico, Sonoma State University, California Polytechnic University San Luis Obispo, according to Walter's research.

AlcoholEdu, produced by Outside the Classroom, is used by hundreds of universities according to their website site, www.outsidetheclassroom.com. Thirty six percent of first year students will be going through the same program according to Outside the Classroom. CSUMB has been participating in the National Collegiate Alcohol Awareness Week since 2001 where students are educated about alcohol safety. It lasts from October 17 to the 23, although campuses may set their own date if needed. Since 2008 freshmen students have participated in a session called Mythbusting, which dispels myths about college drinking and is another aid in alcohol education according to Klingelhofer.

There are two components to the program; the first is an initial pre-assessment and educational seminar designed dispel myths about alcohol, which lasts approximately one hour and 30 minutes. The secondary component is a 15 minute post assessment taken by students two to three months after completing the first component.

Students are more likely to

drink due to social anxiety, peer pressure, or to deal with problems and stress. The rate for binge drinking by people enrolled in college was 40 percent in 2008 and was 30 percent in the same year for non-college students aged 19-22, according to a survey sponsored by The National Institute on Drug Abuse. The rate of incidences for student conduct related to substance abuse through Residential Life last spring was over 50 percent according to Klingelhofer.

When asked about the rate of drinking at CSUMB compared to other campuses Klingelhofer said, "We are about normal, but normal is too high; the staff spends too much time dealing with alcohol infractions in order to keep students safe. We hope to reduce the amount of incidences through AlcoholEdu."

Klingelhofer said students have the option of participating in campus programs that are almost entirely alcohol free. The goal is to give students other options besides drinking said Klingelhofer. One such program is Otter Late Night Presents from 9PM to 12AM on either Fridays or Saturdays. Otter Late Night Presents holds dodgeball games, movies, indoor soccer, karaoke and holds a Game Room tournament.

NEWS

THE SEPARATION SOLUTION

Feeling stressed from being on your own? The Personal Growth and Counseling center could be your way to overcome it

Erin O'Bryant, Staff Reporter
EOBRYANT@CSUMB.EDU

Every year CSU Monterey Bay (CSUMB) gets new freshman, many of who have never lived on their own before. Never had to get themselves out of bed, never had to make sure they went to class and did their homework and never had to do their own laundry.

Although these seem like small things to overcome to some, they can be stressors for certain students. According to a recent study done by UCLA, more than 30 percent of incoming freshman feel stressed and overwhelmed.

Too much stress
sion and anxiety.
college students
with depres-
percent with
orders. These
that can lead to
can affect school
situations.

Some people about these issues tell those around them. tled up can lead to more suicide.

The solution to these problems is right at the fingertips of every student at CSUMB, the Personal Growth and Counseling Center (PGCC). Their goal is to “promote the mental health of CSUMB students in order to improve the quality of their lives and aid them in achieving academic success.”

PGCC has multiple ways to help students who are dealing with the hardships encountered at college. Both one on one counseling and group counseling are offered. An initial meeting is made in which the student can talk one on one with a counselor who will then assess their needs and figure out a way to help them accordingly.

If one on one counseling is suggested, a semester is offered free to students under the health plan they pay for. They can also attend group therapy or receive a referral to a mental health professional outside the school.

One on one counseling is once a week for an hour with the same counselor for the semester. PGCC will work around your schedule to make sure you will get the time you need. If group counseling sounds like a better option, the times and days vary based on the group.

According to a recent study done by UCLA more than 30 percent of incoming freshman feel stressed and overwhelmed.

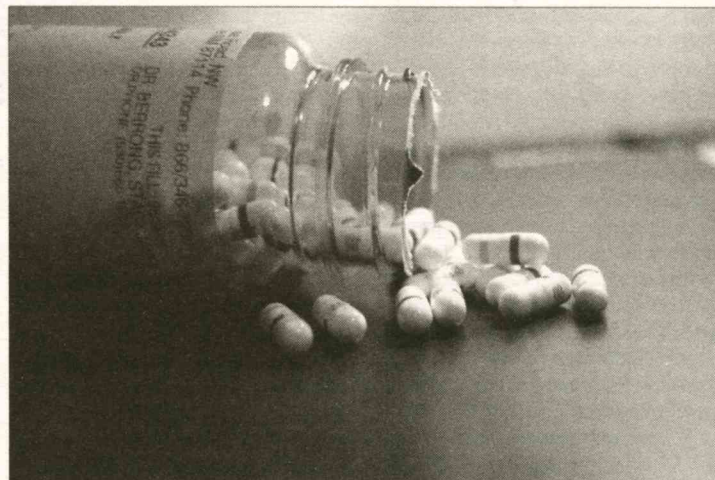


PHOTO PROVIDED BY ERIN O'BRYANT

Some groups offered this semester by the PGCC are womens group, mens group and yoga art and meditation. These groups meet once a week at various times. The PGCC also offers several workshops throughout the semester.



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NEWS

Students of the Issue

Two Students Enact Social Change through Their Art

Armando Franco

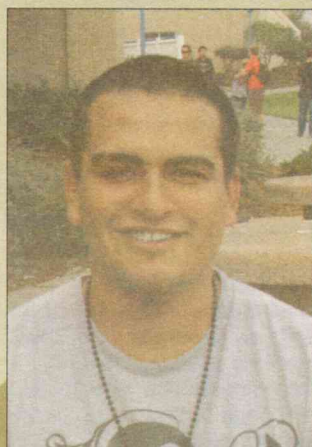


PHOTO PROVIDED BY JESSICA BLACKWOOD

WHO??????? Staff Reporter
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David Castillo

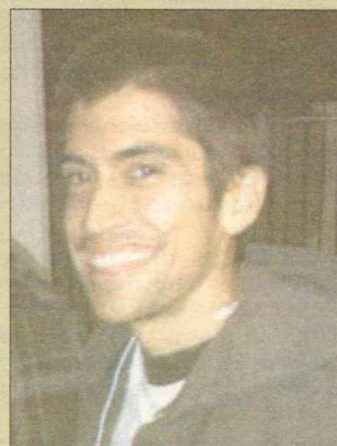


PHOTO PROVIDED BY DAVID CASTILLO

Art could be defined as the practice of purposefully positioning various components in different ways to elicit emotions or appeal to the senses. Armando Franco, senior VPA, and David Castillo, senior VPA are using their artwork as a mechanism for social change in the Tri-County areas.

Franco and Castillo are creating an art club on campus which will work with local art associations, schools, museums and art shops. According to Franco, the goal is to create a vibrant community dedicated to "beautifying cities with artwork." They are laying out the foundations for the club and eventually hope to aesthetically enhance various areas throughout Monterey and Salinas.

The inspiration began with Dorothy's Place on Soledad Street. Franco has volunteered at the soup kitchen for three years. Franco said, "There are a lot of homeless men, women, and children that populate this community. The very first time I volunteered at Dorothy's Place

I felt that this place could use a lot more student support." According to Franco, Soledad Street has previously been rampant with drugs, prostitution, and other illegal activities. Centers such as Dorothy's Place and the Community Garden, supported by Service Learning, promote a positive change in the community.

In an attempt to bring some "color and warmth" to the area, Franco came up with the idea to create a mural to symbolize hope and optimism.

When asked about his inspirations, Franco said, "Life inspires me, death inspires me, and the people that make up this beautiful world inspire me." Franco is a former LeaderShape attendee and Educational Opportunities Program peer mentor. As a student of CSUMB since 2005, he considers himself well-acquainted with the campus and its surrounding areas. In alignment with the CSUMB Vision Statement, which focuses on the disenfranchised "working class and historically undereducated and low-income populations, Franco said, "I have always felt empathetic about those who have been overlooked and misrepresented."

Castillo, a transfer student from De Anza community college in San Jose, volunteers at the Monterey Rape Crisis center and shadows Mercy Galarza with the child abuse prevention program at Olsen Elementary School. Through the school, he hopes to "make some connections and see what opportunities arise, whether they include [painting] murals or selling art to help with fundraisers."

Franco and Castillo emphasize the importance of establishing strong bonds with local organizations. Castillo said, "As for connecting with organizations that we don't have preexisting connections with, well that's going to involve some ground work. We'll have to do our homework and look at what they represent as an organization and speak with them about how we believe we can have some exciting projects with them that will have direct results for the both of us."

Faculty of the Issue

Outstanding faculty recognized for going above and beyond receives Presidents Medal

Dr. Swarup Wood

Ashley Rourke, Staff Reporter
AROURK@CSUMB.EDU

Dr. Swarup Wood, Professor of Chemistry at CSU Monterey Bay (CSUMB) for the past 13 years, has been awarded the faculty medal at this year's President's Medal awards event. Wood was nominated by the University community and recognized by President Harrison for his, "pivotal role in several of CSUMB's most important accomplishments over the past year." Wood was recognized by President Harrison for "sharing his time and talents with students, staff, and faculty above and beyond what is expected. He has demonstrated exemplary day-to-day service and a personal commitment to Cal State Monterey Bay and its vision."

Dr. Wood has not taught in the past several years as a result of accreditation work, as well as helping run the ULR system. Former student of Dr. Wood, Naomi London, senior, ESTP said, "Swarup is one of the most patient and understanding professors I have ever had." When asked about Dr. Wood's personal style London said "he always has a new Hawaiian shirt to show off, and a lot of interesting things to say between all of the 'um's."

Over the years, Wood has given back to the university through the

pivotal roles he plays here on our campus. One might recognize him around campus for his unique laid back style which usually includes his one of a kind Hawaiian t-shirts. As the leader of the ULR operating committee, Wood has taken an active role in implementing new general education requirements. He has also contributed to CSUMB's WASC accreditation, which is a major seal of approval for the university. Along with his extracurricular work in the CSUMB community, Dr. Wood is also a professor who is appreciated by both colleagues and faculty alike.

Wood has been quoted as stating that his main goals at the university have been to "keep growing as a faculty and as a person," and he has, "found good opportunity here at CSUMB." Dr. Wood has engaged himself in very challenging tasks over the past year, but out of all his contributions and accomplishments he is most proud of "the implementation of new general education requirements to better serve the students." He quickly acknowledges that such a great task is accredited to an enormous amount of input from community members, students present and past, and the great team with whom he has worked. When asked about his reaction to the nomination Wood replied it is all, "really sweet."



PHOTO PROVIDED BY SWARUP WOOD

POLITICS

Tuition Fees Up Another 5 Percent

How do the Tuition Increases affect our campus?



PHOTO PROVIDED

Susana Silva, Staff Reporter
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Susana Silva, Staff Reporter
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At CSU's statewide, starting this fall 2010, the average cost of an education for a full-time undergraduate will be just over \$5000 per year not including books and meals along with housing expenses.

In the past three years fees have continuously gone up for students.

For some this means that they will have to put off college and go back to work for others they will continue to struggle and do what they have to do to get by.

Governor Schwarzenegger's and

the legislature's budget proposals restores \$305 million to backfill a "one-time" reduction to the CSU Budget from 2009-2010 as well as an additional \$60.6 million that would fund enrollment expansion according to Erik Fallis, CSU Media Relations Specialist who said, "The current proposals are still falling short of the funding needed to fully restore the CSU resources to 2007-2008 levels."

Financial Aid:

More than half of all CSU students receive some form of financial aid to assist with meeting their educational expenses, and 45 percent of undergraduates have their fees fully covered by grants or waivers.

On average, CSU financially-needy undergraduate students receive grants covering 100 percent

of the State University fee if they are dependent, undergraduate students from families with incomes less than \$70,000, or independent, undergraduate students with family incomes less than \$20,000.

Students with higher income, and dependent students with higher family incomes, may still qualify for many forms of aid including grants, scholarships, work-study and subsidized or unsubsidized loans according to Fallis.

An important fact about student fees are that one third of fees is automatically set aside to assist others who are in need and are least likely to afford tuition costs.

CSU Monterey Bay (CSUMB) is still a relatively new and small campus and in turn has been shielded from some of the more severe budget cuts. Increases in tuition fees are not new to CSUMB however; these high increases in student fees are putting a burden on students and their families.

For some the cost of an affordable and quality education is slipping away. The ones most affected are the working and middle class income families in California.

The budget cuts are leaving CSU's with no other choice then to project the cost onto the students.

This is why a union such as California Faculty Association (CFA) is vital in our academic system. In

negotiates a contract with the CSU promoting academic freedom and providing administration for faculty while upholding faculty rights and delivering financial protection and participation in the governance of the CSU and of CFA.

"As concerned faculty, staff, administrators, students, and citizens of California, we must advocate for additional funding for the CSU in the state budget to help prevent additional increases in the future" said Urioste.

Faust also mentioned that President Harrison has made it apparent to all staff and faculty that students are to come first and that the standard of quality is to stay in tact regardless of the budget cuts.

Despite the deficit CSUMB has been able to avoid layoffs and continues to add staff members as needed. In fact, this fall six new faculty members have been: School of Information Technology, Department of Mathematics and Statistics, Communication Design, Department of Health, Department of Kinesiology, Human Services and Public Policy as well as the Library according to Dr. Kathryn Cruz-Urbe, Provost and Vice President for Academic Affairs.

In addition there will also be a visiting professor of nursing. We will also have more than 20 newly hired lecturers, in various departments across the university.

However, there have been other cutbacks in order to meet the budget according to Faust who says: "Other cost-cutting measures in place at CSUMB and on other campuses include limits on enrollment, reduced spending on deferred maintenance, delayed equipment purchases, continued vacancies in non-essential positions, and reduction in travel expenditures."

"CSU student fees have been raised eight times in the prior ten years. This latest fee hike means that student fees have risen 53% in the last three years, and 196% since 2002."

The end result being 187,000 or potentially more CSU students will not pay any increases whatsoever according to Scott Faust, Executive Director for Strategic Communications.

However, while 50 percent are supported by some sort of financial aid there are still many that are not being helped. Lauren Rodriguez, senior, HCOM said, "It is a flawed system for those of us who cannot afford to be an independent and yet our parents or whomever we depend on financially have too much in the way of assets for us to receive financial aid.

Assets are a credit line, sure, but to use them as such is risky and partly the reason many of our parents and financial supporters are in debt."

Faust noted that the Chancellor's Office has demonstrated a one-size-fits-all approach does not make sense when campus funding is involved.

In an interview with Donaldo Urioste, CFA Chapter President said "CSU student fees have been raised 8 times in the prior 10 years.

This latest fee hike means that student fees have risen 53 percent in the last three years, and 196 percent since 2002."

CFA has a history for standing up and advocating for students and fee increases to assist in an affordable education for all.

Last year student fees were increased by CSU's 32 percent and before that the fee increments were increased by 10 percent according to Urioste.

CFA is a union group of 23,000 lecturers and professors, librarians, coaches and counselors all who teach on a CSU campus.

As a union that advocates for the ideal of equal education for all, CFA ensures access to higher education by advocating for student and faculty rights.

In this role CFA is able to

Muslim Cultural Center Stirs Emotions from 9/11



PHOTO PROVIDED

Ryan West, Staff Reporter
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Recently headlines across the nation have featured the current controversy over the building of an Islamic cultural center. It would contain a mosque, performing arts center, swimming pool and gym among other planned spaces for the public. Resistance to the proposed cultural center is due to its location; two blocks from Ground Zero in New York City.

The exchanges between opposing sides have been heated because the proponents of the cultural center argue they are simply expressing their freedom to practice any religion they choose as guaranteed by the Constitution.

Opponents of the cultural center claim the building of the Islamic cultural center is beyond insensitive to the victim's families and serves to embolden terrorists of the Islamic faith.

The presence of Islam in the United States is not a recent trend and has been practiced in America since 1530. The number of Muslims living in the United States is projected to pass the Jewish population this year.

This would make Islam the second largest religion in the United States after Christianity. On the East Coast, the percentage of the population that is Muslim is 32.2, in the South it is 25.3, in the Midwest 24.3, and on the West Coast it is 18.2 according to the website Islam For Today (<http://www.islamfortoday.com/historyusa4.htm>) which cites a State Department Fact Sheet.

When asked about the Islamic presence in Monterey County, Bryce Hamilton, senior, Business, said, "I have no problems at all. The country was founded on freedom of religion. I don't see why people think they can pick and choose what and when the Constitutional rights should be allowed and for who."

Other students had the same sentiment, "If I said somebody wasn't free to worship the way they wanted, then they could say I couldn't worship the way I wanted," said Leslie Anderson, senior, Psychology.

"I could care less if a Mosque was built in the area it wouldn't bother me. I think the fear comes from people automatically associating terror with Islam," says Gary Shurtz, senior, Human Communication.

Prop 19 Means Marijuana for 21 and Up

California's November Vote Can End the Marijuana Prohibition

Brandt Barstad, Staff Reporter
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Californians -inhabitants of a state so green one cannot turn the television on without an advertisement for a hybrid car, solar panels or clean energy solutions- will vote on Proposition 19 Nov. 4, a proposition that would solidify California's "green" reputation. Proposition 19 is set to appear on this year's ballot, rolling with the slogan "Yes We Cannabis!"

Advocates for Proposition 19 speak of the economic benefits the recreational sale of marijuana can have for our state already plagued in debt. Jeffery Miron, a Harvard Economist said, "Legalizing and taxing marijuana will allow responsible adults to consume marijuana without fear of legal penalty while generating billions in resources."

Those who oppose legalizing marijuana for recreational use argue the psychological and physical health risks are too high to have the flower made available to the population over the age of 21. They also claim the economical effects could be detrimental to California as well. Senator Dianne Feinstein said, "It is a poorly constructed initiative that will cause harm to Californians on our roadways, and

in our schools, workplaces and communities."

Feinstein expresses the proposition omits any definition of what constitutes being "under the influence" of marijuana, leaving users to drive just after consuming without fear of a DUI test, because no such test exists.

Feinstein's belief is shared amongst many, even here at CSU Monterey Bay (CSUMB). Jessica Dunajski, sophomore, VPA, said, "I think it's a step in the right direction, but it has a lot of changes that need to be made before it's actually something I would fully support."

Proposition 19, though legalizing marijuana for recreational use, carries with it many stipulations that could make a large percent of the marijuana using population unhappy.

Users would be limited to carrying only up to an ounce of marijuana on their person; the amount of space used to plant marijuana would also be limited, restricting the amount each individual would be able to grow at a time.

With support and opposition from both the Liberal and Conservative sides of the political spectrum, Nov. 4 is gearing up to being a historic day for California

and the entire United States. This day could mark the end of another prohibition which according to Alice Huffman, California NAACP President, has caused "so many of our young people get their start in the criminal justice system over a joint."

For current users of marijuana, legal medicinal use or illegal recreational use, the price of the buds themselves may drop, meaning no more black-market-inflated prices.

Lisa Leef, of the Huffington Post, found that the price is likely to drop from the current \$375 per ounce sold in medical marijuana dispensaries to \$38 per ounce.

Though the price is expected to drop, the revenue it will produce from taxes is still very real. Don Perata, the former State Senate President Pro-Temp, said, "In this time of economic uncertainty, it's time we thought outside the box and brought in revenue we need to restore the California dream."



PHOTO PROVIDED

POLITICS

THE RACE FOR SACRAMENTO

PART I: Jerry Brown

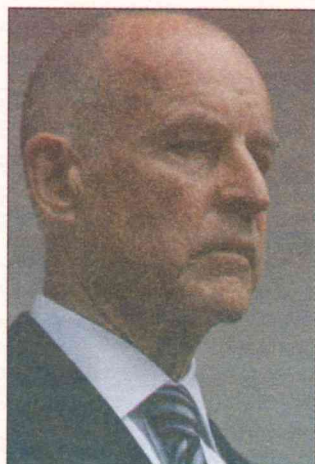


PHOTO PROVIDED

"I think we need someone in there with the skills and the knowledge; and, maybe more importantly, an insider's knowledge and an outsider's mind"

Lauren Bates-Rodríguez, Staff Reporter
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When asked who Jerry Brown is, a group of CSU Monterey Bay students answered: "No idea." However, Brown, the candidate of the Democratic Party for the November's gubernatorial race has a long history in California politics.

It has been 35 years since Brown first obtained the position of governor of California and since then he has added Secretary of State of California and the Mayor of Oakland to his resume; he is also currently serving as Attorney General of California. In 1975, Brown took over the California governorship from Ronald Reagan, who had succeeded Brown's father Edmund G. "Pat" Brown, and served as governor for eight years. "There are real life consequences for who's in Sacramento and who's in Washington," Brown said.

His campaign underlines Brown's profile as a politician and his dedication to frugality; the key points of Brown's recent campaign for governor are "frugality," "honesty," and

"innovation." As governor of California, Brown refused to live in the newly built million-dollar governor's mansion and, instead, rented, minutes away, from the political center of Sacramento. He did not keep the governor's private plane but sold it; and he did not ride in the bullet proof, private limousine of the Reagan years but, in contrast, a compact Plymouth Satellite. Signs of frugality may be the governor's support for Proposition 13 (The People's Initiative to Limit Property Taxation, 1978), which allowed taxpayers to save an estimated \$528 billion by lowering property tax throughout the state.

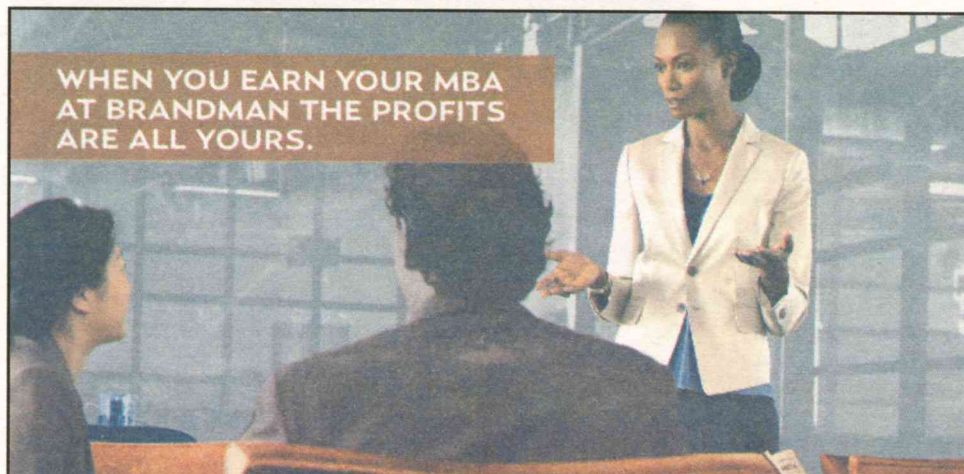
In one of his campaign speeches Brown states his main policies "When you're talking about mortgages, when you're talking about health care, when you're talking about insurance policies you want government making sure that this mad rush for money is done in an honest, transparent way according to the rules... I've seen all the aspects and variations of what this government is, and also the politics in which it is embedded, and I really think that I can make a difference" Brown stated.

According to his campaign agenda, Brown plans to focus on the prison system. When he first took over the position of governor of California funding toward prisons took up 2-3 percent of the state budget, however, today the percentage has risen to 10 percent. Brown has expressed a need for refinement of the prison system as a whole, mainly pointing to the need for a defined rehabilitation program for those who will be serving minimum sentences and require drug treatment. "We've got a lot of resource and we've got a lot of creativity but we've got to stop that bickering, that poisonous partisanship in Sacramento. I think we need someone in there with the skills and the knowledge; and, maybe more importantly, an insider's knowledge and an outsider's mind," Brown stated.

The California Labor Federation endorses the candidate and notes that in 1980, Brown signed SB 1874, a law that would require employers to obtain and share information publicly, with workers especially, about hazardous and/or toxic substances handled or produced in the work environment. "[F]ighting against the underground economy where workers are exploited" is, what Brown calls, "pro-business... an honest business where you pay people what the law says." Environmental and education law are also on the agenda as they have been throughout Brown's political career.

If Brown were to win the governorship this November he would be the first person in California history to hold the record of oldest and youngest to become California governor.

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Sustainable Students

Tuba Abbasi, Staff Reporter
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Duane Lindsey has a plan; a plan that may make CSU Monterey Bay (CSUMB) even more environmentally friendly. Lindsey, Junior, ENVS is planning to present a fee referendum on sustainability to the Associated Students Senate (AS Senate) which if approved, will go to a student vote. Although Lindsey focuses on the environmental benefits, other students may be weary of the additional costs.

The proposed referendum, titled Green - Life, would enable students, faculty and staff to ride the Monterey-Salinas Transit on any bus route for free. This includes to and from trips to San Jose, the Del Monte Center, or Big Sur. Another section would cover around \$20,000 for biking programs and bike paths.

Athletics and Otter Student Union (OSU) are also considering a fee referendum. OSU Chair, Edward Sena, Senior, Business, stated, "OSU gets \$22 as an organization. Associated Students gets \$48. Apart from this, Duane is asking for \$30-some dollars. That's more than my entire organization. I admire his ambition toward making this campus more environmentally friendly, but I just feel that the student's money could be allocated toward a variety of other things."

The referendum would allow the CSU Monterey Bay (CSUMB) to invest in car sharing programs including Zip Car and Zimride.

Zip Car allows members to check automobile availability and reserve a car through the telephone or internet. Members pay for the specific time they reserve the car and a gas card is included in their purchase. Contrastingly, Zimride is a carpooling and ridesharing website.

Adam Sa, Senior, ESTP, stated "While I don't necessarily like the idea of another fee increase to my constantly-increasing school fee, I like being able to board the bus anywhere for free. I also like the idea of having upgraded bike paths because not having a nice bike path sometimes keeps me from riding my bike. All-in-all, I think the increase would be worth a more convenient bus pass and better paths to bike." Another student, Jordan Slugggett, Sophomore, HCOM, stated, "I would have to say I agree with this referendum because it will be such a short fee increase with such a large positive impact. Although funds may be tight, this could help our student body out hugely."

*What some think as a way to ruin your body
is actually a piece of art...*

ART & ENTERTAINMENT

A WALKING PIECE OF ART

Erin O'Bryant, Staff Reporter
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A visible tattoo is one of the first things you notice about someone else. On the leg, the neck or even covering the arm, tattoos are public self expression, and in the right hands, can be fascinating body art. But not to everyone.

Artwork is not what comes to mind to some people when they see a tattoo. To them, tattoos are unsightly, pointless and intimidating. They see skin advertisements for gangs, or maybe reminders of bad relationships. The acceptance and understanding that a tattoo is still a piece of art is not there. But much like painting or any other artistic creation, tattoos can be art.

A unique idea comes to the artist and is sketched until satisfactory. Then fine details are added and the piece is cleaned up. After it is complete it goes on display for all to see. The difference is a tattoo is on display in its own personal gallery.

Needles are used instead of paint brushes and bodies as canvas, but art aspects and skills are still present. Precision, patience and accuracy are skills needed by any type of artist, but even more so for tattoo artists.

A canvas can be thrown out and replaced if a mistake is made, someone's skin cannot. Accuracy is important along with regular art skills.

The skills of a tattoo artist and those of a painter overlap each other in numerous ways. Cristina Giron, senior, Visual and Public Arts (VPA) puts both skills to use.

Giron has been drawing and painting since she was a small child. She never thought growing up that she would be a tattoo artist. It wasn't until she started viewing tattoos as an art form and creating stencils that her

mind was made up.

The fact that there is an artist behind every piece, making the stencil come alive is the reason Giron sees tattoos as art. "What makes it an art form is the fact that the artist is super dedicated to what they are doing," said

Giron who is dedicated to every tattoo she does whether she designed it or not.

With over 200 tattoos done in two years her dedication is obvious. Giron feels like you can see her as an artist in every piece she has ever done, even if it's not her style.

The style Giron prefers similar to day of the dead artwork because

overturned a ban on tattoo parlors in Hermosa Beach. The city claimed that tattoo parlors were bringing an "unsavory element" into the city.

The reason for the overruling was due to tattoos being protected under the First Amendment as a form of self expression.

Tattoos are no longer only symbols of gangs or negativity; they now represent matters of importance like a lost loved one, a personal interest or a cultural background. They are done by skilled artists who have a passion for what they do.



PHOTO PROVIDED BY ERIN O'BRYANT

it connects to her Mexican heritage. Paintings she has done for her VPA classes show her style that is also apparent in her own tattoos.

"If you look at my paintings, my arm, my tattoos, you will definitely see the connection," said Giron.

The controversy still remains though for those who are against tattoos. Earlier this month, the Ninth District U.S. Court of Appeals in California

Needles are used instead of paint brushes & bodies as canvas, but art aspects & skills are still present.

CYCLEPATH

The Healthy and Fun way to get around CSUMB & Monterey is powered by the legs

Brian Remas, Staff Reporter
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CSU, Monterey Bay (CSUMB) has made many additions to the campus since the doors were first opened in 1994. CSUMB has taken upon itself to make it a more "green" campus, or more environmentally friendly. Everything from the vegetation grown to the way that students access records has been transformed in this way. In Fall 2009, a new addition to the university was created; a bicycle center.

The Otter Cycle Center is where students can pay a small fee to rent bikes, get their bike repaired or to get a tune up. It has been used by some students in the past, but is not used by many because its existence is largely unknown. The person that runs the Otter Cycle Center is a certified

bicycle mechanic, Aron Casaday.

Casaday's love of bicycling and his goal to make more students aware of the usefulness of bikes and the bike center has driven him to create a mountain bike ride for students. This ride has free mountain bike rentals, for students that do not already own one.

The Otter Cycle Center encourages bicycling for the mental and physical health of the individual. Little efforts like riding a bike to class or to stores as opposed to driving can make a large difference one's attitude and health. According to nationmaster.com, the United States is the most obese country in the world. When someone bicycles, they burn anywhere between 130-350 calories per 30 minutes of riding depending on pace and terrain, according to calorie-counter.net.

Once with a bicycle, there are many places that students can ride to from campus. From the university, there is a way to get onto the bike path to go north toward Marina or South toward Monterey. The coastal path is about 16 miles of paved bike path, off the main roads. If you want to be shown where they are, go with the university bike club, the M.O.B. (Monterey Otter Bikers) for one of their Sunday rides.

While on the bike path, one can leave the path for the nearby restaurants, stores, markets, etc. The bike path makes it much easier to get around for students without a vehicle. In addition to going for a ride on the coastal bike path, students can go for mountain bike rides in old Fort Ord.

Exploring the back area by oneself can potentially be dangerous and

it is always a good idea to go mountain biking with someone. A way for students to learn new routes is to go on the Friday mountain bike rides that meet at 11 a.m. in the Otter Cycle Center. Individuals that have some experience on these trails and know the area, including the university mechanic, lead these rides.



PHOTO PROVIDED BY BRIAN REMAS

"The coastal bike path makes it easy for me to get to the Monterey Farmer's Market, in Downtown Monterey, -Zach Eurich"

ARTS & ENTERTAINMENT

Pump It Up

Sam Martinez Staff Reporter
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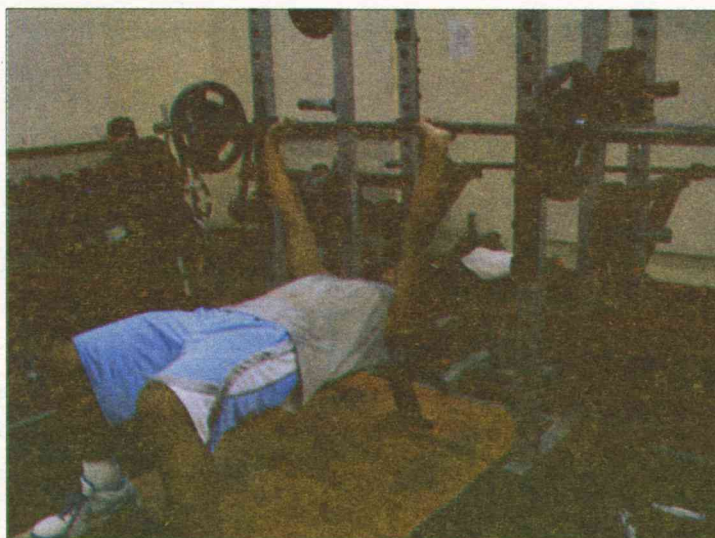
Futuristic Facilities

CSU Monterey Bay sports center has a high-tech gymnasium floor, new weight racks, new weights, new treadmills and new elliptical machines; however all this was far different just two years ago. The sports center is used daily by hundreds of students; yet, many are unaware what is now a modern fitness center was once an outdated facility in which its users were no stranger to treadmills that turned off while in midstride, weights and weight racks that looked as if they had been donated from the local prison and a gym floor that was better known for causing shin splints than harboring practice. Freshman student-athlete, basketball player, Troy Watkins, biology, was surprised, as most are, to learn that not so long ago our sports center was in shambles. "Wow, I didn't know our gym was once that bad, we use it regularly as a team and it definitely suits us well now," he said.

The rise in CSUMB's enrollment, fees and tuition provided the funds and made it possible for the campus fitness center to be updated. The upgrades have come in various ways. A remodeled gym floor with modern layered technology, to better absorb impact, replaced a classic concrete founded gymnasium floor. New electrically controlled bleachers replaced old school wooden pullouts. Four treadmills that partially worked are now 10 treadmills, 10 elliptical machines with built in TVs and several other new stationary cycles, which would all make some of CSUMB's most recent alumni jealous.

Gradual improvement in the facilities created a gradual increase of students and faculty, recalls Sam Campanelli, senior, Kinesiology, gym attendant for three years, "When I first started to work here it was always empty, now there is always a good crowd." The increase in student usage along with some of the changes has been disliked by some, as the complaint of overcrowding during peak hours is common. Also the conversion of a racket ball court, to make room for the new equipment, now forces students to have to wait on racket ball courts.

Overall, it appears that the facility is reaching its capacity where more space may become necessary in the near future if the trend of growth continues; however, what can be noted is that in the recent years, with the gradual improvements and free use for enrollees and faculty, the sports center has become the popular for many at CSUMB.



PHOTOS PROVIDED BY JESSICA BLACKWOOD

Vision & Volume

Chris Rankin, Staff Reporter
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No Age- Everything In between

You're an adult. That means no more listening to Nickelback, no more bro-downs with Kings of Leon, and certainly no more 'respecting Adam Levine's talent as a vocalist.' The transition will not be easy, but that's why I'm here. Seriously next time you claim Dave Matthews Band is just super chill or that Sublime is your all time favorite band, remember how big of jerk you sound like and grow up.

No Age is set to release their third studio album- Everything in Between- on September 28th; however, through secret tubes on my own personal internet, I was able to obtain an early copy.

For a band firmly rooted as the kings of No-Fi, a minimalist music styling, their third album could have been expected to go one of two ways: The duo cleans up their sound and has drummer/vocalist Dean Spunt actually stand next to the microphone (at least in the same room), or they rebel against their new found fame and release their loudest, fastest album to date.

Pleasantly, we got neither. Everything in Between shows the same No Age we have grown to love, with catchy vocals set behind the cacophony of guitar and drum effects. That's not to say the duo didn't experience growth; Everything in Between shows these guys have serious pop sensibilities. While No Age has always shown their pop writing chops, it has never been more apparent. With the release of their third album, No Age has left their No-Fi thrown to reign over their new kingdom of Noise Pop.

Another Thing...

If you are not familiar with the Hitchhiker's Guide Trilogy then you might as well stop reading now. I recognize this is a redundant request as the 'you' I am referring to are almost certainly illiterate; aka fan of Dan Brown novels.

Moving on, this book has a problem, -- Author of the last five novels Douglas Adams is dead.... And even the inventor of the infinite improbability drive couldn't possibly have swung that from the grave. So Adams widow commissioned Eoin Colfer to finish the sixth and installment of the literary series.

Knowing it wouldn't be fair to read the book right away, as there was no way to go into it with a sober mind-- I waited a year, got drunk and decided thusly: gave us, but inevitably we have all been deprived of the new laughs and twists the unconquerable Adams would have provided- should he not be dead.

If you type And Another Thing... into the Guide you'll find that where Colfer's biggest weakness is, he mimicked the voice of Adams with too much precision. Upon reading the book one is left with a similar feeling they get after they finished one of the other five books. While Colfer managed to give us the same wit and tone Adam gave us, inevitably, we have all been deprived of the new laughs and twists the unconquerable Adams would have provided- should he not be dead.



Mix Martial Arts too Savage?

Fatal lifelong effects of mix martial arts are being reviewed to possibly be nixed.

Jonaiza Simbre, Staff Reporter
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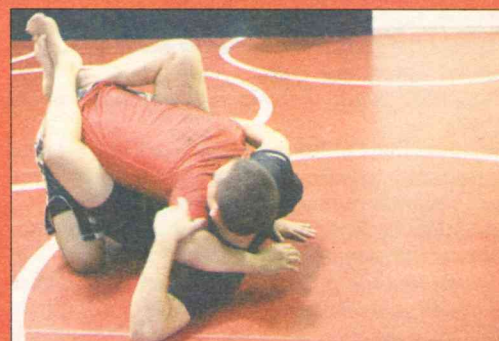
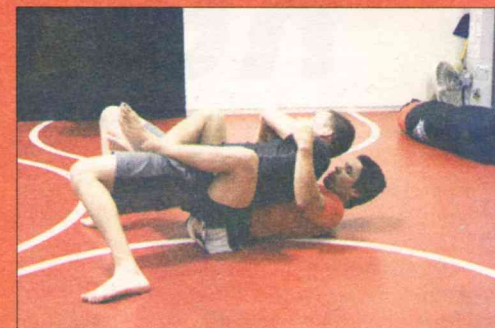
Grapplings, joint locks, take downs and submissions are all part of the Mix Martial Arts sport. The blood on the mats is a bonus, some may think. Fighter B.J. Penn licks his gloves after winning in the octagon. "There is so much technique and training that goes into being an MMA fighter. There are also many safeguards put in place when it comes to professional fighting," said Nicholas Macrina, senior, CSIT, who is a member of the MMA Club on campus. But there is a problem. The Associated Press reported, "[Canada's] largest doctors group wants government to ban mixed martial arts, it is called dangerous because of the risk of potentially lifelong injuries to fighters." The Canadian Medical Association added the sport's intentions are for a fight-

er to harm and incapacitate his or her opponent, which adds another reason to ban the sport. Others have different opinions. "I have more people in all my schools who are getting injured because of other sports: soccer, basketball, and baseball. But we have a bad stigma because it's fighting," said Tom Levanti, owner of Extreme Citizen, MMA school in Salinas and Seaside.

A recent John Hopkins study researched the incidents that occur within a professional MMA fight. The statistic presented, "The overall injury rate was 28.6 injuries per 100 fight participations or 12.5 injuries per 100 competitor rounds." Statistically showing there is a low rate of injuries occurring in MMA. The locals of Extreme Citizen agreed with the study.

"Well I always have been under the philosophy that we are one of the most disciplined sport and safest sport because if you watch ultimate fighter you don't see a lot of injuries. Look at boxing they are taking repeated blows to the head," said Levanti. MMA has lower rates of knockouts than boxing. Extreme Citizen team member Justin Rios, CSU Monterey Bay graduate, said, "Honestly from fighting, I had a busted knee, broken toe but in baseball I've had nine concussions, post concussions, all that stuff. Fighting these last six months I've never had anything that wrong with me."

The full combat sport has become quite popular, monthly scheduling on television has risen 39- percent. There are positive aspects to MMA, but the Canadian Medical Association has a different mind set.



PHOTOS PROVIDED BY JONAIZA SIMBRE

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SPORTS

The Pro's and Con's, and everything in between

Recruiting at CSUMB

Sam Pereira, Copy Editor & Staff Writer
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Imagine being the big man on campus in high school. The star of the men's varsity basketball team, now sitting at home... waiting.

A knock on the door breaks the silence and suddenly a rush of nervousness and excitement replace the boredom. It is Rob Bishop, head coach of the men's basketball team at CSU Monterey Bay (CSUMB).

He offers the many amenities that CSUMB can provide to a player on his team. "You have the opportunity to build a program," he may say. "You can look back 10, maybe 15 years from now and tell whoever is listening, 'You know that CSUMB basketball program? I was a part of that.'"

Coach Bishop then looks at the parents and says, "Our location is perfect. You can come watch your son play because our centralized location is available whether you or your relatives live in Northern or Southern California. You can also enjoy a vacation while you're here. Monterey is one of the most beautiful places in the world."

Recruiting is one of many integral parts of building a sports program. Being 16 years old, CSUMB is building their program from the ground up. And these "selling points," as recruiters call them, are to the advantage of CSUMB over other schools in the California Collegiate Athletic Association (CCAA).

Other "selling points" at CSUMB include the school size and support it brings from the faculty and staff. "The president of the school, Diane Harrison, will know your name," he tells them. "Although, this can be a good point or a bad one," he said. Some players like the pressure and others may be intimidated that all eyes are on them.

Another huge reason why players attend CSUMB is the competition within the CCAA. "The worst team in the league can beat the best team in the league on any given night," Bishop said.

One of the downfalls that CSUMB faces when recruiting is scholarship money. "We cannot afford to give a student-athlete a full-scholarship, so we have to mix and match with financial aid," Bishop said.

This scholarship money only provides CSUMB to sign four to five players a year. Other teams in the CCAA have the money to sign eight to ten players. CSUMB gives the least amount of scholarships in the CCAA.

Vince Otoupal, athletic director at CSUMB, explained the situation. "We don't really have a recruiting budget here," he said. "A lot of scholarship money for student-athletes is donated. We can't use state funds for athletic scholarships, so it's all got to be private money."

One main advantage other schools in the CCAA have is their large alumni base. This is one of the main sources for receiving private donations that leads to more money for scholarships.

"As our alumni base continues to grow and get bigger and our alumni get older, their salaries and disposable incomes go up a bit and then they're able to make the donations," Otoupal explained.

To also gain more donations, the athletic department is able to take advantage of local businesses. CSUMB is able to send recruits to places like P.F. Chang's and Bubba Gump Shrimp with a budget. These, and other restaurants are then able to put a sign up in the gym and the public address announcer puts in a good word for them during the

game. CSUMB, as well as many other schools, use this method for recruiting.

But what sets CSUMB apart during recruiting is all about location. Golf and sailing are two of the more popular sports that make student-athletes want to come to Monterey. The bay is advantageous for the sailors, and the 46 golf courses in and around Monterey County attract the golfers.

"As we get better and have more success, not only on our fields, whether its baseball, softball, basketball or soccer, we will win more games and more academic awards and have academic all-Americans and things like that, we're going to get a better name and a better reputation," Otoupal explained.

"When relationships are built and the CSUMB name is seen around more and more, they can continue to attract recruits and get them to want to come to CSUMB, and vice versa," Otoupal said.

"We recruit good citizens. We want our 253 student-athletes to be really good ambassadors for the university," Otoupal said.

With all the pros and cons that go into recruiting, coaches can still be left confused. "If I could tell you why 18, 19 and 20 year olds choose the schools they choose, I'd be writing books and making a heck of a lot more money," Bishop confessed.

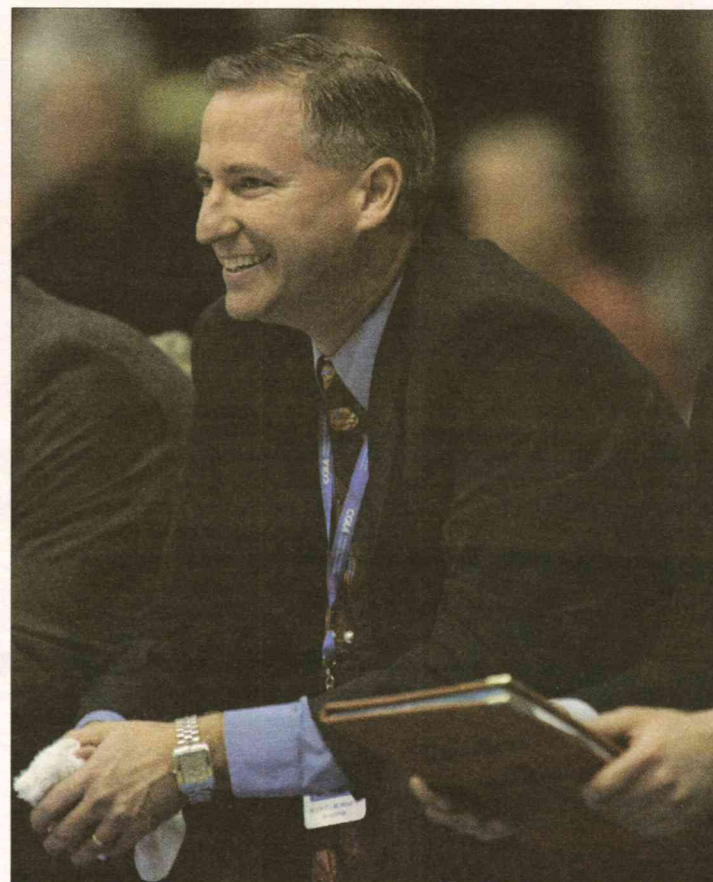


PHOTO PROVIDED BY MINDY MILLS

Women's

A new season begins



Volleyball

Ashley Rourk, Staff Writer
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CSU Monterey Bay's NCAA women's volleyball team is living by one motto this year "Don't talk to me about how rough the waters are, just bring in the ship," said head coach Jody Gary. The conference season will commence September 17 and 18 playing against UC San Diego and Cal State Easy Bay respectively.

This year's roster includes four new players, all of which were specifically recruited to bring "something else to the table in their competitive nature and internal drive," said Gary. The newest members of the team include four incoming freshman Lily Staight, 6-0" middle blocker from San Diego. From Salinas High School, 5-9" middle blocker Lacey Ventura, Zoey Gamble 5-10" from Del Mar High school in San Jose and Molly Kennedy a 5-8" defensive specialist, from Bishop High School in Oakland.

Lily Staight is excited to play at this new level with such a close knit group of women and when asked about overall morale of the team going into the new season said, "team morale is high. I know that we have some very strong competitors that we plan on working very hard to

beat. I really believe in our team, and I think this could be a very great year for women's volleyball."

Over the past four years Coach Gary, had the opportunity to see the team grow and progress, and this season she is eager to start by continuing the teams spring training theme of out smarting the opponent. Gary said that the team is at a point now that they know what to do, and it's just time to do it.

Dana Grimm, senior, Biology major and team captain, said "my goals are always to build a strong relationship with my team and keep us moving together through the season as a unit and to establish a strong sense of family that will carry on for the next seasons as well. Besides that my goals are always to push us to be the best we can be and if we are I know we'll make it farther than ever in our conference." The girls are about to face an aggressive season that includes 22 conference matches in the "ultra competitive" California Collegiate Athletic Association.

CSUMB Appoints Greg Rhines as the Head Cross Country Coach

Rhines rebuilds the cross country program



PHOTO PROVIDED BY GREG RHINES

Grecia Garcia, Staff Reporter
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CSU Monterey Bay (CSUMB) has hired Greg Rhines as the new cross country coach. He hopes to rebuild the men's and women's cross country teams into unstoppable forces on any given terrain. Rhines was quick to put the cross country runners into gear this season. "To start off, we all practice at six a.m. as a team every day. They didn't like it at first but once you get vertical it's not too bad," said Rhines.

The cross country team was surprised when they heard they no longer practiced at four p.m. "One of the big changes is that we practice at six a.m. every morning instead of four p.m. which feels like a huge change, but I know I really like it because it gets my workout out of the way," said Keri Zaro, senior.

The women's cross country team competed at the season-opening Notre Dame de Namur Invitational in Walnut Creek, California where they all recorded personal records. "We've all been improving our times and I think this year were going to beat a lot more teams," said Zaro.

This October, the Otters will compete at the Bronco Invitational where the fastest runners in the country will go head to head. Rhines hopes the team will record their fastest times yet, in preparation for the California Collegiate Athletic Association Championships (CCAA) this November. "I think coach Rhines is a great new addition to our team. I feel like he brings a lot of positive energy to the team and he really believes in us and I think that's one of the most important qualities a leader can have," said Zaro.

One of Rhines' top goals is to get the Otters back into the Stanford invitational. "We want to get our name out there and show we're a serious collegiate sport. One of my goals for next year is to get us back into the Stanford Invitational," said Rhines. The Stanford Invitational is very exclusive; a team can only compete if they have been invited. The CSUMB cross country team has not competed in the Stanford Invitational since 2006.

Previously, Rhines served as the head cross country coach for San Joaquin Delta College in Stockton,

California. While at Delta College, Rhines trained the women's team towards a top 15 ranking in the state of California and a top three ranking in the Northern California Conference. Prior to Delta College, Rhines was the head cross country coach at the University of the Pacific (UOP) where he completed four seasons for the Tigers. While at UOP Rhines coached the most successful cross country years the University has ever had, both in the playing field and academically. At UOP the tigers cross country team had the highest accumulative team grade point average of all the collegiate sports on campus.

This spring, Rhines plans to reinstate the track club at CSUMB. "There is a track team, as of now we are a track club. We have to do track this spring, it's one of my goals," said Rhines.

The Otters will compete this Saturday at Mills College Invitational in Oakland, California.

SPORTS

Remember, The Phone Makes Phone Calls Too

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i get it, u like to txt, as do i. but OMG sumtimes the txtg dryves me krazy. i dnt no y ppl r so %^&*ing obsezed. do u get me? r u takin me seriously? No, neither am i. Okay, I'm a texter. I don't mind texting when done in combination with phone calls, but if it's solely texting, come on. Call me old fashion, but I truly believe that people need to start making the effort to pick up the phone and (gasp) talk. The last time I checked, the purpose of telephones was to make phone calls.

But, I will say that I especially love texting when done between couples because it carries on the excitement. It's unleashing your inner tramp made easy. Greater use of mobile phones, including voice calls and text messaging, is associated with higher levels of love and commitment among respondents involved in romantic relationships. The key here is both voice calls and texting.

"Among adult cell phone users, 72 percent of them now send and receive text messages, up from 65 percent in September 2009, and 58 percent in December 2007," according to "Cell Phones and American Adults," a report from the Pew Research Center's Internet & American Life Project. Sure, the speed of text messages is undeniably impressive and super convenient,

however, you don't receive the entire essence of a message through a text.

Let's take this instance: Person A calls Person B wanting to speak on the phone, and Person B replies with a text saying "u called." Now that is rude, not to mention lazy. But I feel that sometimes it's deeper than that; well, as deep as texting can go. People are now afraid to pick up the phone because they have gotten so used to texting that they lose their ability to interact. "The level social skills are negatively correlated with relative preference for mobile text in comparison with mobile voice phone," according to Ishi Cinichi, author of "Implications of Mobility: The Uses of Personal Communication Media in Everyday Life."

Nonverbal Communication Researcher Albert Mehrabian's findings shows that while communicating, out of 100 percent, we receive seven percent in the meaning of words, 38 percent in the way they are said, and 55 percent in facial expressions. You certainly do not get facial expressions through text messages or even phone calls. Therefore, no matter what, despite all forms of technology, absolutely nothing replaces face to face interaction.

Sam Pereira, Staff Reporter
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Sweating over a ten-foot putt, on the 72nd and final hole to win the tournament. Two years ago Tiger Woods sinks it and screams to the heavens about how awesome he is. Now, Tiger misses the putt. Why is that?

Psychology relates to every sport. We once thought that Tiger Woods had the greatest focus on the planet. He would set his mind to something, and he would just do it, as his sponsor Nike would say. But now, with other issues that I'm sure you have heard about, Tiger's focus seems off and his game is suffering, and our view of him as this great individual that could not be distracted, is distorted.

The brain can be more impor-

24th Man

Hmmmm... maybe sports relates to life a little more than we all think.

tant in sports sometimes than physical attributes. Why has LeBron James never won a championship? He does not yet have the mind-set. He is the most athletically gifted person we have ever seen and the Cleveland Cavaliers built an entire team around him, but he was unable to win. Kobe Bryant of the Los Angeles Lakers will never be seen dancing on the sidelines as LeBron has done. Even with Chris Rock, one of the funniest men alive, screaming jokes in his ear during a game of the NBA finals, Kobe remained stoic and undeterred from his goal of winning a championship.

LeBron will never have the focus it requires to win a championship. He may fall into one or two at some point in his career, but he will not carry his team, and his "indecision" will haunt his legacy forever. He will not win another most valuable player award. He will not be MVP of the finals, if a championship happens to fall into his lap. LeBron wants a ring more than a 40 year-old single woman, but unfortunately he had to sell his soul to acquire one.

A positive mindset and the focus that Kobe has and Tiger had can be more of an advantage in sports than any performance-enhancing drug can provide. Examples of this can be seen all over sports. When LeBron James, the most physically gifted person this world has ever seen, standing 6'8" and weighing 265 pounds, has yet to win a championship, when at his age, a skinny Kobe had three.

Applying this mindset and focus to life and school can be difficult, but if you are not the smartest person in the world, do not let it get you down, just change your mindset.

PG Municipal

"The Poor Man's Pebble Beach" - Golf Digest

Maten Hardenberger, Staff Reporter
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In a world renowned golf mecca, some college students have problems finding affordable golf on the Monterey Peninsula. For a tenth of the green's fees at Pebble Beach (\$495) one can get a quite different, yet special, experience at the Pacific Grove Golf Links (\$42).

Locals come here to play a morning or afternoon round of golf before or after work, often wearing jeans and a t-shirt. However, it is also a venue for tourists. Most days starting tee times will be delayed about 15-30 minutes. Still, the Pacific Grove Golf Links is the most popular course on the Monterey Peninsula with about 100,000 rounds per year.

Pebble Beach Golf Links, the host of the 2010 US Open and the most recognized golf course on the peninsula, gets about 60,000 rounds/year. One may wonder what is so special with Pacific Grove Municipal Golf Links (PG Muni)?

Leticia Halas, former member

of CSU Monterey Bay women's golf team, describes the back nine of the par 70, 5,732-yard golf course as "one of the cheapest and most beautiful ways to enjoy golf along the California coast-line." This is also the reason to why Golf Digest, in 2008, recognized "The poor mans Pebble Beach" as one of the best deals in golf. After playing the starting-nine on the usually crowded golf course in what feels like a life-time, the back side finally takes you over the dunes. The second half of the course, surrounding the lighthouse was built in 1960 by Pebble Beach co-designer, Jack Neville. As of today, there is an ongoing renovation of the back nine. The Golf links has agreed to take part in the "Dunes Restoration Plan." The ice plant (*C. edulis*) was brought to California in the early 1900's to stabilize grounds around railways and cost lines but is now on its way out in an attempt of recreating the old looks of Pacific Grove.

As one of the first courses on the west coast, the starting nine holes officially opened for play in 1932. Harvard captain and multiple NCAA champion H. Chandler Egan designed the course, which didn't quite look like it does today. Before the new clubhouse was built in 1990, the course started out with a par 5 instead of today's two warm-up attribution par threes. In 1929, there had been seeds planted for golf in Pacific Grove in attempt of selling homes. In 1931, S.B.F Morse, previous landowner sold the land to the city of Pacific Grove for a \$10 dollar gold coin and a new era could begin.

After playing the starting-nine on the usually crowded golf course in what feels like a life-time, the back side finally takes you over the dunes, it has been worth the wait.

The back nine of the par 70, 5,732-yard golf course equals heaven to most golfers

Permits to park at your own residence

CSU-Monterey Bay has decided to make parking permits mandatory for East Campus residents

Erin O'Bryant, Staff reporter
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We need permits to be able to park at school, permits to park in North Quad and now permits to park in East Campus. Without permits come 70 dollar tickets. Tickets to visit your friends, tickets to park at your house, tickets for living your life.

The difference between East Campus permits and other campus permits is they are free. Free as long as you are on the lease and are listed on the registration for your car.

This poses as an issue for two types of people. Those who can't be on the registration of their car for various reasons and those who aren't on the lease and can't be. Let's be honest, half the people who live in East Campus aren't allowed to be there.

If a student is using someone else's car or their parents can't or won't add them to the registration, they are out of luck. CSU Monterey Bay (CSUMB) is not taking these factors into consideration.

They say the permits are being put into effect because there is not a lot of parking in East Campus. Although it is true that parking is limited and permits would help, the negative effects outnumber the positive. At least for the students.

*Tickets to visit your friends,
tickets to park at your house,
tickets for living your life.*

For CSUMB there are only positive effects. The school knows that people are going to park despite not having a permit, which means more tickets can be issued. There are more than enough cops in East Campus, already hiding in parking lots to catch speeders, driving in cul-de-sacs trying to find people parked on the grass and now they will have another reason to ticket students. Students who most likely don't have the money to pay for tickets on top of rent, books, outrageously increased tuition and food.

Residents in East Campus pay monthly rent, provide their own meals and have to commute to campus. The lifestyle

is more realistic to the real world than a student living full time on campus. So why should they be subjected to the same restrictions?

CSUMB administrators should put themselves in the shoes of the students and consider how outrageous it would be for them to have a permit to park in front of their own home. Maybe then they would understand why the idea of parking permits for East Campus is not a good one.

The UGLY Truth

Are we getting lazy or dumb?



Martin Hardenberger,
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Fighting the blank page, it suddenly appears to me: journalism is not an occupation for the future. Using the media outlets of today (Internet in particular), everybody can become journalists by writing blogs. This is a problem, not only due to the fact that many journalists are losing their jobs, but it reduces the credibility of "real" journalism. Where shall we go for correct and current information? Wikipedia, hmmm...

What is qualitative journalism? It is up to each and every one of us to decide. Some may think it is the no longer shocking images of Britney Spears appearing at Hollywood nightclubs drunk and, also this time, without underwear. Others might claim Roberto Saviano's portrait of the Neapolitan mob hierarchy (in the book

Gomorra), which eventually helped the police arrest the major part of the mob, to be higher level journalism.

I recently visited our campus totem pole, the library. I asked 20 students if they knew the names of any of the 2009 Nobel Prize winners. Not surprisingly, most knew Barack Obama won the peace prize. Aside from Obama, I received no correct answers. Being on a college campus, I found my observation shocking. Yet, everybody knew who Kim Kardashian is and how she became famous. To me, this exemplifies news media of today. We get what we want to see. What we want to see is Britney's well-trimmed vagina and since we don't read any longer, we

don't care who won the Nobel Prize in literature. So one may wonder if news is something we get exposed to, or if we actually are the ones who decide what goes in it?

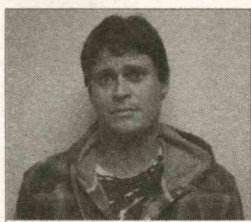
According to a report from the National Endowment for the Arts (2007), Americans read less and less. This is also proven to impact academic performance. Let's face it; people are getting dumber and dumber, or at least lazier.

Digital distractions, such as the Internet and texting, are often blamed for the decrease in reading and therefore also an incorrect, lazy, poor way of using the English language. Texting is a prime example; people don't use the phone to talk anymore, instead they text using zero punctuation or grammar. Now we find LOL and LMFAO in our inboxes. Sometimes I wonder if it is a sign of laziness or if it actually means that we lack the knowledge. Maybe one leads to the other. Are we committing cultural suicide by relying on Wikipedia, bloggers and YouTube instead of "real" journalism?

"We get what we want to see. What we want to see is Britney's well-trimmed vagina and since we don't read any longer, we don't care who won the Nobel Prize in literature."

FYI. The 2009 Nobel Prize winner in literature is a lady, her name is Herta Müller.

OPINION



Chris Rankin, Copy Editor
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Pursuit of Nothing

One man's take on the world at large

I once drank a Bud Light and thought I was a Republican: Mere moments after taking my first gulp I understood my purpose.

The anger that built up inside me was intense. I was so angry, so filled with angry-anger.

It was a certain type of anger so ferocious that it couldn't be tempered even by the smooth stylings of my newly appointed favorite artist- Kid Rock- who coincidentally was jamming hard on the juke in the background.

It was at that moment that I had my first inclination that I might be a Republican.

Anger continuing to build by the second, I drove home... really fast. When arrived at my house I found that my roommate had brought a lady home- A Latina.

Lip curled I began thinking

about my job, and how many more I could have if it wasn't for her and her 48 brothers and sisters.

I let him know what a mistake it was, and how dangerous his decision may be. After all one of my heroes Arizona Governor Jan Brewer told me in a dream that illegal immigrants are beheading people left and right.

I also let him know how unconstitutional their relationship was and thank God for Louisiana State Judge Keith Bardwell for denying such interracial relationships.

I'm not sure, but I think it was my comment that made him do it. He punched me, right in the mouth.

I saw the punch land and science tells me I should have felt it as well, but as Westborough Bap-

tist Church Minister Fred Phelps taught me, science is pretty gay. It did, after all, invent rainbows. So, in order to spite Al Gore, I felt nothing.

My roommate began to apologize for striking me. I told him to stop, that he need not apologize for hitting me. That he should be apologizing for bringing that girl over and letting it soil our furniture- look at her just sleeping over there.

Wide-eyed, the girl proclaimed without any hint of an accent, "I'm not even tired, what is with you?"

That is exactly why soon to be US Senator Rand Paul said we need a national language, I mean: COME ON!

I told my roommate to take her to the nearest bus stop and get her on it... She undoubtedly has a bus pass, I mean: COME ON!

Incensed to the point of seizure I

decided to call it a night, and went into the bathroom to brush my teeth.

The first pass of my toothbrush shot me into consciousness. I felt, for the first time all night- not angry. I was ashamed. Ashamed at the way I treated another human. It was then I realized for sure: I was not a Republican.

As I sat to write this I believed that it was simply getting the final taste of Bud Light off my tongue

that snapped me back to the reality in which I am generally acquainted.

But, as I write the final words of this story, I believe now, that it was, in fact, the simple act of personal hygiene that broke the spell.... Drop the laptop and walk away...

*It was at that moment
that I had my first
inclination that I might
be a Republican.*

La contienda por Sacramento

Jerry Brown candidato a Gobernador

"He visto todos los aspectos y variaciones de lo que este gobierno es, y también la política en que está inmerso, y realmente pienso que puedo hacer la diferencia" declaró Brown.

Lauren Bates-Rodríguez, Staff Reporter
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Cuando le preguntamos a un grupo de estudiantes de California State University Monterey Bay acerca de Jerry Brown, un grupo de estudiantes respondió: "No tenemos idea." Aunque poco conocido entre los estudiantes, Brown, el candidato por el partido demócrata para la gobernación de California tiene una larga trayectoria en la política del estado.

Han pasado 35 años desde que Brown obtuvo por primera vez el cargo de gobernador de California y desde entonces ha añadido a su hoja de vida la Secretaría de Estado, Alcaldía de Oakland a su hoja y actualmente se desempeña como Fiscal General de California. En 1975, Brown sucedió a Ronald Reagan en la gobernación, quien a su vez había reemplazado al padre de Brown, Edmund G. "Pat" Brown. Su trabajo de ocho años le permite decir que "Hay consecuencias reales para la vida que está en Sacramento y que está en Washington."

Sus comunicados de campaña enfatizan que una característica que subyace en la carrera de Brown como un político es su dedicación a la frugalidad; sus puntos de su campaña son: "frugalidad", "honestidad" e "innovación". Como gobernador de California, Brown se negó a vivir en la nueva mansión que cuesta millones gobernador dólar y en cambio alquiló una casa situada a pocos minutos del centro político de Sacramento. Igualmente, Brown decidió vender el avión privado de la gobernación y no viajar en la limusina a prueba de bala de los años de Reagan. Por el contrario, el maneja un coche marca Plymouth. Esta dedicación a la frugalidad la ha demostrado apoyando medidas como la Proposición 13 (Iniciativa Popular para Limitar el Impuesto a la Propiedad, 1978). De acuerdo con los que apoyan esta ley, la Proposición 13 permitiría que los californianos puedan ahorrar cerca de \$ 528 mil millones.

En uno de sus discursos Brown presenta sus políticas "Cuando habla-

mos de hipotecas, del cuidado de la salud, de las pólizas de seguro hablamos de asegurarnos que la carrera loca por el dinero termine y que se hagan las cosas de manera honesta y transparente de acuerdo con las reglas. He visto todos los aspectos y variaciones de lo que este gobierno es, y también la política en que está inmersa, y realmente pienso que puedo hacer una diferencia", declaró Brown.

De acuerdo con su agenda, Brown también tiene previsto concentrarse en el sistema penitenciario. Cuando Brown asumió el cargo de gobernador de California por primera vez, la financiación de las cárceles tomó un 2-3 por ciento del presupuesto del Estado, sin embargo, hoy el porcentaje se ha elevado a 10 por ciento. Brown ha expresado la necesidad de perfeccionar el sistema penitenciario en su conjunto, principalmente apuntando a la necesidad de un programa de rehabilitación para aquellos que cumplen penas mínimas, o que requieren tratamiento de drogas, etc "Tenemos un montón de recursos y tenemos mucha creatividad, pero tenemos que dejar de discutir, que el partidismo venenoso en Sacramento. Necesitamos a alguien con habilidades y conocimiento, y, tal vez más importante, un conocimiento íntimo del sistema político pero manteniendo la mentalidad de una persona independiente", declaró Brown.

La Federación del Trabajo de California apoya al candidato y señala que Brown se centrará en la legislación laboral. En 1980, Brown firmó la SB 1874, una ley que requeriría a los empleadores obtener y compartir información de dominio público, con los trabajadores acerca del riesgo que pueden correr al manipular sustancias tóxicas en el entorno de trabajo. "Queremos combatir contra la economía sumergida donde los trabajadores son explotados" esto es lo que Brown llama "pro-negocios ... un negocio honesto que le paga a la gente lo que dice la ley."

La ley de educación ambiental también está en el orden del día en la agenda del candidato demócrata. Si Brown gana la gobernación en noviembre, esta sería la primera persona en la historia de California que tienen el récord de ser la persona de mayor y de menor edad en convertirse en gobernador de California.

"Hay consecuencias reales para la vida que se están decidiendo en Sacramento y en Washington", declaró Brown.

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om·buds [äm·bu·dz]

1. One who investigates reported complaints (as from students or consumers), reports findings and helps to achieve equitable settlements.

Hello CSUMB,

The Otter Realm staff hopes you had a great summer, but unfortunately for many, it is over. We are now excited and ready to begin our new school year. However, there have been changes within the Otter Realm staff that will bring positive changes all around.

Cameron Fuller, junior, HCOM, was hired as the new Editor-In-Chief; Estella Porras is entering her second semester as our Newspaper Advisor and Sarah Varsik, senior, ITCD, is beginning her second semester as our Production Manager. These new faces to the Otter Realm are helping perk up our summer hangover, as well as our pens.

We are a student-run newspaper, and you may like or dislike some of the changes. In the end, Cameron and Estella make the final decisions, but we accept and encourage suggestions from you, the reader. Good luck this semester!

Sincerely,
 Sam Pereira
 Copy Editor

EDITORIAL POLICY

The Otter Realm is a bi-weekly student publication produced by the Otter Realm club and HCOM 389. Opinions expressed herein do not necessarily reflect the views of the Otter Realm, CSUMB administration, faculty, staff or college policy.

The Otter Realm serves two purposes: It is a training lab for students who wish to develop journalism skills, and it is a forum for free expression of campus issues and news. The Otter Realm Editorial Board will determine what to print on these pages. The Editorial Board reserves the right to edit for libel, space or clarity.

OTTER OOPS

• We look forward to having this clear in Fall '10

S U D O K U

su·do·ku [sōo·dō'kōo]

Each Sudoku has a unique solution that can be reached logically without guessing. Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

			3		6		1	4
		2	7		1			
1	4		5			2		
5				7	3			8
	7	9		1		3	2	
2			8	6				5
		5			2		6	7
			6		4	9		
6	3		9		7			



Sexual Healing

Great Expectations

Lauren Axworthy, Staff Reporter
 LAXWORTHY@CSUMB.EDU

I write this to you from experience. Experience from expecting too much of a person, and of being expected of too much myself. Needless to say this union no longer exists, and, in its failing, this is what I have learned.

Expectations; we all have them. Those little ideas and assumptions about a person we've just met and have now become interested in. Flowers, paying for dinner, opening the door, daily phone calls, etc. are all examples of expectations that both men and women hold. Expectations, or standards, are natural responses to what we hope this new person will uphold, but to what extent do these standards become detrimental to the health and well being of a relationship?

From my own story, the courtship began with chivalry, adventurous dates, and fine dining. Excited, I expected this to continue throughout the remainder of our relationship; I was wrong. In turn, he expected me to devote the every moment of free time I had, away from school and work, to him. We didn't communicate our expectations, and in turn fought consistently enough for us to realize this wasn't working. Only in the end, did I realize we both expected things of each other that neither could uphold. The balance in our relationship had shifted, and because of our lack of communication we were left unsatisfied.

Expectations can be the most damaging thing to a relationship if they're not stated clearly. Not only because you are assuming a person will do something, but because the majority of the time expectations are left uncommunicated and when that need is not met only dissatisfaction ensues. Constantly expecting the best of your partner will create dissatisfaction if those desires are not upheld which won't strengthen your bond, it will eventually break it. No one wants to feel like they're not good enough, and in turn animosity will arise. More often than not, if you continue to hold onto expectations, only grief and contempt will accompany your disappointment.

The fact of the matter is, you will ALWAYS have some expectations, which is perfectly natural. But when those expectations are derived from previous relationships and how you assume a person should act, you might encounter issues. If you continue to wish a person were someone they're not, or to do things you expect, you'll miss out on the current time and place. Remaining open minded and having good communication with your partner are essential to a healthy relationship. Let the person surprise you. Good things come to those who wait.

OTTERS ON CAMPUS



"I have to get another student loan which means I have to pay more later"

-Cami Baer, Sophomore



"I like the 5% increase because it's helping our school to be more successful which helps student education"

-Alex Mesa, Sophomore, Business



"Considering loss of jobs it's more difficult to afford schooling when they keep increasing the tuition"

-Bryce Leo, Senior, ESTP



"Being my first year here at CSUMB I didn't really notice it, but I guess next year if they raise the tuition again I will. It would have been nice if school had been 5% cheaper though, little extra money in my pocket"

-Alex Colin, Freshman, Business



"It affected my budget a lot, but I saw it coming and I'm still glad CSUMB is one of the cheaper schools to attend"

-Linnea Hoffman, Junior, Liberal Studies



"I had to get a second job, it takes away time from studies"

-Amy Martin, Junior, ESTP



"It has affected me because that 5% could have gone to books"

-Thavarri San, Junior, Business



"I had to take loans out; I'm paying more for tuition and getting less"

-Victoria Flores, Sophomore, ESPS



"Less of my psychology classes were offered"

-Kristen Sefton, Sophomore, Psychology



"I have to pull out more loans"

-Joseph Fang, Senior, Business

Day	High / Low	Tide Time	Height Feet	Sunrise Sunset	Moon Time	% Moon Visible
Th 16	Low	12:35 AM	0.3	6:51 AM	Set 12:36 AM	56
16	High	7:40 AM	3.9	7:13 PM	Rise 3:35 PM	
16	Low	12:10 PM	3.1			
16	High	6:04 PM	5.1			
F 17	Low	1:35 AM	0.3	6:52 AM	Set 1:35 AM	66
17	High	8:34 AM	4.1	7:12 PM	Rise 4:13 PM	
17	Low	1:21 PM	2.9			
17	High	7:10 PM	5.1			
Sa 18	Low	2:23 AM	0.4	6:52 AM	Set 2:33 AM	75
18	High	9:08 AM	4.3	7:10 PM	Rise 4:45 PM	
18	Low	2:15 PM	2.6			
18	High	8:05 PM	5.1			
Su 19	Low	3:02 AM	0.4	6:53 AM	Set 3:31 AM	82
19	High	9:36 AM	4.4	7:09 PM	Rise 5:14 PM	
19	Low	2:58 PM	2.2			
19	High	8:51 PM	5.1			
M 20	Low	3:35 AM	0.6	6:54 AM	Set 4:28 AM	89
20	High	9:59 AM	4.6	7:07 PM	Rise 5:40 PM	
20	Low	3:36 PM	1.9			
20	High	9:33 PM	5.0			
Tu 21	Low	4:03 AM	0.8	6:55 AM	Set 5:24 AM	94
21	High	10:20 AM	4.7	7:06 PM	Rise 6:05 PM	
21	Low	4:12 PM	1.6			
21	High	10:12 PM	4.9			
W 22	Low	4:28 AM	1.0	6:56 AM	Set 6:20 AM	98
22	High	10:41 AM	4.9	7:04 PM	Rise 6:30 PM	
22	Low	4:47 PM	1.3			
22	High	10:50 PM	4.7			
Th 23	Low	4:52 AM	1.3	6:56 AM	Set 7:16 AM	99
23	High	11:02 AM	5.0	7:03 PM	Rise 6:56 PM	
23	Low	5:22 PM	1.0			
23	High	11:29 PM	4.5			
F 24	Low	5:16 AM	1.6	6:57 AM	Set 8:14 AM	99
24	High	11:25 AM	5.2	7:01 PM	Rise 7:24 PM	
24	Low	5:59 PM	0.9			
Sa 25	High	12:11 AM	4.3	6:58 AM	Set 9:12 AM	97
25	Low	5:40 AM	1.9	7:00 PM	Rise 7:55 PM	
25	High	11:50 AM	5.2			
25	Low	6:39 PM	0.7			
Su 26	High	12:57 AM	4.0	6:59 AM	Set 10:12 AM	94
26	Low	6:05 AM	2.2	6:58 PM	Rise 8:30 PM	
26	High	12:17 PM	5.3			
26	Low	7:23 PM	0.7			
M 27	High	1:51 AM	3.7	7:00 AM	Set 11:13 AM	88
27	Low	6:32 AM	2.6	6:57 PM	Rise 9:11 PM	
27	High	12:49 PM	5.3			
27	Low	8:15 PM	0.6			
Tu 28	High	2:59 AM	3.5	7:01 AM	Set 12:13 PM	81
28	Low	7:02 AM	2.9	6:56 PM	Rise 10:00 PM	
28	High	1:29 PM	5.2			
28	Low	9:15 PM	0.6			
W 29	High	4:27 AM	3.4	7:01 AM	Set 1:10 PM	73
29	Low	7:43 AM	3.1	6:54 PM	Rise 10:55 PM	
29	High	2:20 PM	5.2			
29	Low	10:23 PM	0.5			