Teenagers Who Have Been Diagnosed With Cancer Are Fighting for a Better Future

Rocio Enriquez

California State University, Monterey Bay

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Teenagers who have been diagnosed with cancer are fighting for a better future.

Rocío Enriquez
Jacob’s Heart Children's Cancer Support Services
Collaborative Health & Human Services
California State University, Monterey Bay
December 2017
Jacob’s Heart Children's Cancer Support Services

Jacob’s Heart Children’s Cancer Support Services is a non-profit organization that “exists to support and improve the quality of life for children with cancer and supports their families in the challenges they face”.

Jacobs’s Heart Children’s Cancer Support Services provides many services to assist each family of children with cancer or other life-threatening illnesses. (“jacobheart.org,” 2017).

Camp Heart & Hands
Teen groups
Cancer in adolescents

About 70,000 young people (ages 15-39) are diagnosed with cancer each year in the United States.

“Leukemia, Lymphoma, Testicular Cancer, and Thyroid Cancer are the most common cancer among 15-24 year old”.

Cause and effect

- Diagnosis test
- Chemotherapy
- Radiation
- Stem or bone marrow transplant

- Discomfort
- Nausea
- Vomiting
- Body pain
- Fever
- Infection
- Fatigue
- Low appetite

- Emotionally paralyze
- Depression
- Suicidal thoughts
- Social anxiety
- Stress
- Increase dependence
- Hopeless
- Fear
- Isolation

30% all the teens Jacob’s Heart serve will graduate with their class.

The Youth Skill Development Curriculum

Help Jacob’s Heart teens flourish in life

When they believe in themselves it’s great to see what they can accomplish
# The Youth Skill Development Curriculum

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday, July 12th</td>
<td>5:00-5:30 p.m.</td>
<td>Understanding the Junior Board</td>
</tr>
<tr>
<td>Wednesday, July 26th</td>
<td><em>Application due!</em></td>
<td></td>
</tr>
<tr>
<td>Wednesday, July 26th</td>
<td>6:00-7:30 p.m.</td>
<td>Building resume and personal statement</td>
</tr>
<tr>
<td>Wednesday, August 16th</td>
<td>6:00-7:30 p.m.</td>
<td>Presenting to the Board members</td>
</tr>
<tr>
<td>Wednesday, August 30th</td>
<td>6:00-7:00 p.m.</td>
<td>Scholarship search</td>
</tr>
<tr>
<td>Wednesday, October 11th</td>
<td>6:00-7:00 p.m.</td>
<td>Guest Speakers from CSUMB</td>
</tr>
<tr>
<td></td>
<td>5:00 – 6:00</td>
<td>Pinning Ceremony</td>
</tr>
</tbody>
</table>
The Youth Skill Development Curriculum

Workshops

- **Flourish** - Grown and think about their future

  Give hope for a cancer survivors for their future goal

The Junior Board

- **Mentors** - An experienced and trusted adviser

- **Empower** - Become stronger and more confident, especially in controlling one's life and claiming one's rights.

- **Critical thinking** - Analyze and evaluate an issue in order to form a judgment.
Results

Attendance

Workshop #1: Six teens
Workshop #2: Two teens

2017 CSUMB Open House

Two of our Jacob’s Heart teens were interested in attending the 2017 CSUMB Open House in October

Pinned for the Junior Board

1. A president
2. A secretary
Challenges & Recommendations

Try focusing on limiting the number of workshops in order to increase the number of participants.
Acknowledgement

Stephanie McMurtrie
Lecturer
Health, Human Services & Public Policy
smcmurtrie@csumb.edu

Mariela Medina
Teen Family Support Specialist
Jacob’s Heart Children’s Cancer Support Services
mariela@jacobsheart.org

Margaret Keith
Manager
Student Disability Resources
mkeith@csumb.edu

My family and
Jacob’s Heart Children Cancer Support Services staff

Thomas Rogers
Career Advisor, Career Development
Lecturer
Health, Human Services & Public Policy
throgers@csumb.edu

Purvi Shah
Assistant Director for Recruitment
Office of Admissions
pshah@csumb.edu
References


