Teaching in a Digital Age: Internet Safety Education

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Teaching in a Digital Age:

Internet Safety Education

Christina Putnam

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Abstract

This paper is an exploration into internet safety education for elementary age students. The participants for this Capstone Project included 22 fourth-grade students that attend a free after school program, located in the Bay Area of California. This paper took a look at the issues that arise for children on the internet and what is important for them to know for their wellbeing while using it. This Capstone will describe a four-week program created in effort to better educate students on how to stay safe and act appropriately while being a part of the online community. The findings that emerge from the project show positive growth and understanding after completion. There is an important connection to the career of teaching since technology is frequently used in the classroom, both students and educators need to be prepared to combat any issues that arise from its usage.

*Keywords*: Internet, Education, Digital Citizenship.
Literature Review

One issue that is plaguing the nation, is the dangers that wait online for students who are not prepared for them. The amount of technology that is used in the classroom today can be shocking to those who have not been in a classroom recently. One element of research conducted during this capstone was a personal interview with a current educator, this educator has a masters in technology and acts as the technology liaison for their district. For the use of this paper, this educator will go by the pseudonym I. Stevens. As this teacher has shared, internet based technology is on the rise and constantly used in a current classroom. Some of these software used for education include, Google Classroom, an atmosphere to communicate with other students as well as get information for projects. Another example of software used is Freckle, a program that allows students to practice math at a pace that best fits their ability. Classrooms are now using digital pen pals to communicate with peers in different areas. It is even possible now to go on virtual field trips, to explore places that would not be able to be accessed by students before. In Ms. Stevens’s class they have become class partners with other classes using large amounts of technology, allowing them to learn from peers that they would not be able to be in contact with otherwise. With these class partners they can learn and experience other parts of their state or country and see how it is different than their own. Class Instagram, Youtube Channels, and films made in iMovie allows parent involvement in all aspects of the school day. In several schools there are devices available at a one to one ratio for students for the students to take home and use when they are doing homework. This amount of technology opens up the world for students to be able to gain knowledge that would not have been available to them before.
Due to the large spike in technology, there are potentially dangerous situations arising for the youth that are using them. These situations include risk of being confronted with online predators that want to take advantage of young technology users as presented in several articles (Dorman, 1997; DeFranco, 2011; Lukefahr, 1999). There are several encounters of children being influenced by someone who convinces them they are someone that they are not. People online can hide behind a false identity and convince younger audiences into trusting them, then an attack emotionally or physically can appear. In other cases these people can misguide youth into giving them personal information, home addresses, and account information from their parents. Though the unknown adult perpetrators are a threat to students using technology, the bigger threat is what students can do to themselves or others. Tokunaga, (2010) conducted an article that states cyberbullying is one of the largest issues that follows students with internet access. On all platforms of social media and some sites that are used exclusively for education purposes allow for communication between peers. This opens a door for bullying that previous generations did not have to deal with, threats that come from the internet. Cyberbullying is when one person is attacking another person through the use of the internet, this can be done by personal messages, posting photos, or creating media that negatively affects the other person (Tokunaga, 2010). Due to this new form of bullying, children and teens are finding themselves with higher levels of anxiety and depression, all combining for lower grades in school. When students do not know what avenues to take in these situations they leave themselves vulnerable for more attacks.

One of the most important issues that comes from students using technology is their lack of understanding how their actions online will follow them in other aspects of their life.
Everything on the internet is public, and it is a common misconception that the internet comes with any amount of privacy. Yet, the fact is that anything that is published to the internet will remain there regardless of an attempt to delete it. This can have a negative effect on future aspects of the student’s life. This is because what is placed on the internet stays there, and can not ever be permanently erased, as discussed by I. Stevens. Beyond this, the ability to forward messages and media to others creates a cycle of response that will permanently engrave whatever messages they create, into the world of the web.

Why the Elementary Level?

Elementary is the ideal time to start internet safety education for several reasons, the research found states that children have a significant amount of knowledge surrounding internet based technology, even at the preschool age (Edwards, Nolan, Henderson, Mantilla, Plowman, & Skouteris, 2016). This is because there is research surrounding the idea that there are two groups of people currently in the world. According to the DeFranco article there are “internet immigrants” who are typically people over 30, who did not grow up with the internet. These are the people who are less comfortable with technology and how it works. On the opposite side of the spectrum there is “internet natives” which are those who grew up with the internet as part of their world (DeFranco, 2011). The difference between the two are those who have baseline information about all things surrounding the web, and the immigrants are the parents in the situation. Because of this parent involvement can be difficult in several situations. This is because research shows, through the Ribble article, that parents who have less knowledge surrounding technology and internet safety they can not properly educate their children on the matter, since one cannot teach something they do not know (Ribble, M.) This leads to parents
taking a more authoritarian stance when it comes to monitoring youth, generally taking away technology or using scare tactics to keep students from making mistakes. Although parents have the best interest when it comes to keeping their children safe, this approach seems to scare children without them knowing what to be scared of, or using technology incorrectly. Research done in the article “Internet safety education for youth: Stakeholder perspectives” states that educators are the ideal candidates to teach internet safety education (Moreno, Egan, Bare, Young, & Cox, 2013). Since the modern classroom relies so heavily on technology, teachers have a perfect situation to teach lessons to students while they are using their devices. In there was a survey that stated one-hundred percent of educators interviewed stated that they would feel comfortable teaching material on internet safety education, and a majority of students and other adults in a child’s life agree that educators are the right fit. In further research by the same article, it states evidence that youth believe education for internet safety can start as early as 1st or 2nd grade. Because even at that age there are spending a considerable amount of time on the internet already at that age, it is a necessity to give them education in order to keep them safe. (Valcke, Wever, Keer., & Schellens, 2011).

What do Fourth Grade Students Need to Know to Stay Safe?

When focusing on fourth grade students specific guidelines need to be set in order to be successful in educating them. At that age students are exploring social media, excited at the idea that they can contact others outside of school hours. This is also when children start to define themselves, who they are and what their personalities consist of. Because at this age the use of technology is exceptionally in the classroom and is expanding yearly, students around grade 4
need to have a grasp on safety guidelines. The biggest aspect of internet safety students of this age need to be aware of is the idea of digital citizenship (Stevens 2019).  

Digital citizenship is the idea of creating a safe environment for everyone on the internet. Someone with a good sense of digital citizenship would know that what you put on the internet will be permanent, even if you try to delete it, and it can have a serious effect on others as well as their own personal life. Knowing that media on the internet can not be erased is important for fourth graders because they need to understand their digital footprint (Stevens 2019). This is the fact that whatever they post or comment will be able to be accessed even if it is gone from their view. To future college admission boards, employers, or even significant others, things that are posted at any point of time could arise and would influence their opinions about that person. Yet, if fourth graders learn to use the
internet in a safe manner than they can open up doors to their future by presenting themselves appropriately on a digital platform.

Success with teaching these ideals to fourth graders comes when there is an open line of communication between the instructor and the students. Based off of research on ways to teach elementary internet safety the best motto to use is, “Don’t regulate, educate” (Livingstone, 2001). This stems from research saying that authoritarian styles of control over a student’s internet education will have a negative effect over the child. When there is more effort put into educating the student on the matter rather than dictating what to do and taking away materials when there is a mistake. Fourth-grade students need to learn how to behave appropriately, what words to use and how to think about their actions. Students need to learn about how to trust their gut feeling when it comes to speaking with others online, (I. Stevens 2019). It is clear that students know the difference between right and wrong, but sometimes they need help navigating situations that will arise (Youth Safety on a Living Internet. 2010). These are the types of conversations educators must be able to have within their classrooms if they want students to be able to be successful learners using the internet.

What are the Best Methods for Educators to Accomplish Internet Safety Education for Students?

First and foremost, the lack of cyber safety awareness affects students who use the internet. Since internet safety education is a collaborative effort by the adults in a student’s life, there are several approaches that can be taken in order to make sure children receive the information they need to. There are several different methods such as collaboration with parents and teachers, hiring help to take on the task without the teacher, or programs that can be
implemented. All which can be explored to help with internet safety education, educators have to look at the pros and cons when it comes to what would be the best option.

The first option to attempt to keep young scholars safe when it comes to internet safety is to hire professionals to come into the classroom to teach lessons. This is something currently being done at several schools, but for this specific paper, the school that and is discussed in the Stevens interview. She describes professional-hired individuals who come in for an hour or so and teach students about digital citizenship and how to be safe when it comes to using technology. These people are not educators and do not work exclusively for the school, but are up to date with current information to share with the children. In essence, these are people hired from the technology field, they come in with their own lesson plans and curriculum that may or may not follow what the teacher’s own planning.

The second option to help aid internet safety education is to implement Parent Teacher Collaboration Nights, to help inform parents on what needs to me taught to students. This stems from research that states parent and teacher collaboration nights are vital to the success of students. (Hernandez & Leung, 2012). This would be best done in areas that have lower income households since statistically they are the families that have adults with the least amount of knowledge of technology. In areas that have programs in place such as take home Chromebooks, giving more exposure to the internet at home creates a need for more supervision and awareness. Faculty would host parents to a presentation where students and less knowledgeable teachers can come together and get more familiar with the devices that are available to the students. Hopefully, with the creation of these nights the safety net that protects students when it comes to being on the web will widen.
Option three to address the issue of a lack of internet education would be to build and execute a four-week-program, coined Cyber Safety Month, to give an exciting educational experience for students to learn about safety. This would consist of one day a week for four weeks straight having group lessons dedicated to cyber safety. Week one’s lesson would consist of an introduction to digital citizenship, where students and teachers will open a communication about how actions on the internet can affect lives in other ways in the future. The children would also answer a baseline survey. The second week would invite a guest speaker, preferably a police officer, to come in as an expert on the subject to not just speak at the young scholars but with them, but to also answer all of their questions about the internet and its legal aspect. (DeWarns, n.d.) Ideally these questions will be thought out with the teacher before hand. If there is no speaker available a movie or audio clip can be found and used instead, but questions should still be asked and addressed. On the third day of the cyber safety week, the class will split into groups to make a presentation on how to be a good digital citizen and what they need to know when it comes to staying safe online. If they do not have the time to present on the third day of the program they can present on the last day which will also be the day to wrap up all information, take a follow-up survey and to celebrate their hard work. All students will get a certificate upon completion to feel accomplished and remind them of all they learned during the program. This program would be run during normal school hours and with the exception of the invited guest speakers, would be run by the educator in the classroom making things more comfortable for students. (I. Stevens 2018).
Evaluations of Options

It is important to look at all options with a set of criteria to evaluate what would be the best recommendation for internet safety education. The criteria for this paper will be: effectiveness, cost, and sustainability. Effectiveness will examine how effective the option is, will it show lasting results, and will it be engaging to the students. Cost will look at the expense of the option and if it is realistic to implement in on a school budget. Lastly, sustainability will look at the ability the option would have to continue going through the school years and for following students. This does not include the need to incorporate current information, but will look at the option as a whole and its ability to stand for years to come. All criteria are based scaled from 1-5, 5 being the highest.

Table 1

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<th>Effectiveness</th>
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*Note: this table is based off of a scale ranging 1-5, 5 being the highest.*

When looking at the first option, the idea to have hired professionals come in to lead a presentation on internet safety, it has its advantages as well as benefits. When the effectiveness of the solution is considered, it has to be known that having a stranger come into the classroom
will not allow for the children to have the same amount of open communication as having a conversation with their role-model that they see everyday which they have a relationship with. Regardless, having anyone who is credible come in would give influence over students in a way keeping safe over the internet. When it comes to cost, option 1 is an expensive ordeal. Having someone come in who does not already work for the school district can be expensive, and seeing as the person who comes in needs to be a professional, it can be assumed their time is expensive. As far as sustainability, this option has a good amount of promise when it comes to always having someone with current information, so no matter how many years this option would be in place, the option would fit the environment. Where the sustainability is lacking is the cost and scheduling of having a hired professional come in to each classroom, or grade, several days would take up a considerable amount of time out of a school schedule and budgets. (I. Stevens, 2019).

The second option, of parent and teacher collaboration nights, also has positive factors along with negative ones. While examining the effectiveness of parent teacher collaboration nights, it can be determined that their pay off would be very high. As earlier discussed in this capstone paper, internet safety education is ultimately a joint effort between parent and educator, and having educator hosted nights will ensure that children are getting the same education and knowledge at home as they would at school. This constant support will have lasting effects with a student’s digital citizenship. The only drawback of this option would be the fact that it does not directly involve the students, possibly making it less impactful for them. Cost of the collaboration nights would not be detrimental to a school budget, there would be a necessary amount to spend to make them a reality. The teachers who are leading the night, as well as the
ones in attendance, need to be fairly compensated for their after-hours commitment. Extra time in the school with the set up, clean up, and materials necessary to make the night happen will run up the bill, and even though it will not be large, it will be existent. Sustainability with this option would have a ripple effect. As the community of parents and educators the information would spread, and as time passes the nights continue there is the option to dive deeper into more advanced material, or satisfy the need and re-band in following years for new parents at the school.

The third option has the most benefits with the least drawbacks. The option of a four-week-program, would have a very high effectiveness. This would combine all of the best methods to explore internet safety for students, and allow it to be done gradually, not as a “one-and-done” type experience, where they would only spend an hour or so on it. Allowing students to be involved in hands on project-based learning will engage students and give them the ability to expand their knowledge. This is also done in the comfort of the classroom, with their well known teacher whom they trust. They will also be visited by professionals with whom will not lecture them but work with them. When it comes to cost, this option is exceptionally low. Since the cyber week happens during normal school hours there would be no extra expense paid to teachers or other faculty in order to make it happen. Beyond this, there will be a small expense for materials but mostly supplies found in the classroom can be used. Sustainability with the cyber-safety month is also quite high. Once the lesson plan for the week is created and all of the materials set up, the execution happens by teacher and student communication. It can also be incorporated into normal routine of everyday practices in the classroom. To extend the activity
journal prompts or lessons can involve the theme of internet safety. This plan can be modified for other grades and can be recycled for years in the future.

After taking a look at all of the criteria, the third option will be the recommendation that will become the project in this capstone paper. It will be developed, drafted, and implemented in a school program. Then results will follow.

**Project**

In the literature review that prefaces this section of the paper several written, spoken, and observed works were compiled together to gather information regarding internet safety and internet education when dealing with elementary age students. All of the research has been reviewed and compared to create lessons that could be impactful when implemented with students. Three options were created and after weighing the options with main criteria the option to create a Cyber-Safety Month, which will reinforce internet safety and correct behavior on the internet for students who participate in the program.

Through this portion of the paper several things will be addressed. To start, there will the Design section, this will be where the context and explanation of the project will be found along with the logistics of the project. This will explain why the Cyber Safety Lessons were formed. Following, the implementation portion of the project will go into detail about how the lesson plan will be executed. This will give explanation of how an educator can perform each lesson to achieve success in teaching internet safety education. The next section in the paper is the evaluation section, which will discuss the project after it has already been implemented and will give an explanation of results gained by completion of the Cyber Safety Month lessons.
Design

In the Bay Area of California there was a program put in place to the two most underserved schools with the goal to support students to excel in their educational journey, an afterschool program that was built to do much more than just supervise children but to help develop them into young scholars. The goal of this after-school program is to, “broaden and enrich lives, to instill educational values, and to encourage students.” They accomplish this by offering care to students in grades first to five, who all have a designated space to be in every afternoon following a day of school. This program has a teacher for every grade that not only provides homework help, but gives lessons in writing, physical education, as well as creates STEAM (science, technology, engineering, arts, and math) activities revolving around monthly themes. A percentage of the population served in this program are many children who are first generation students in the United States, several of the families in the community are new to the country do not speak English or have the ability to help students in education the way that they want to. The program tries to grant that portion of their population, as well as all the other parents that make up their community, with the knowledge that their children’s wellbeing is in good hands. This community has been chosen for this capstone project because the program provides a space for students to learn and experience things that they would not have the opportunity to in other circumstances.

This capstone project will focus on internet safety for students, something that this community will benefit from greatly. Through their grant the after-school care program has been able to secure chrome books for the students to work off of in addition to the chrome books every fourth and fifth-grade students receives from the school, as well as the computer lab, which is available to each class once a week.
Beyond this, the program, just as many other schools, has to combat the ever growing technology epidemic that the youth are a part of. Several elementary school children have phones or devices that have access to the internet and as best educators try to keep them off of school grounds they appear anyway, as well as being available to the students the second they get off of campus. The goal with internet safety is to understand the benefits that the internet and technology bring to the table yet at the same time being aware of the dangers that come along with the world wide web. Through this capstone process, the students will learn more about the responsibility of internet access and how to keep themselves safe when online.

Not having enough information in regards to the internet and its dangers can have devastating results when it comes to the youth. It is an issue that plagues the nation, young people are falling victim to threats on the internet. This after-school program represents a portion of youth that have a need for internet safety education. Based on the evidence that supports the claim that elementary age is the ideal time to start internet safety, aiming to set them up to be protected on the web in the future. All of these students deserve to be aware of online danger, and it is an educator's responsibility, along with the other parents within the child’s life, to make sure they receive the right education when it comes to their online wellbeing.

Since the after-school program that this capstone will work with is in a low-income area children can not rely on parents alone, this capstone takes the stance that internet safety education is a group collaboration. Through this capstone paper, there will be solutions built to help educators in the mission to give internet safety education to students. This particular project is aimed for fourth-grade students and use Common Core Content Standards from the fourth-grade level in order to accurately measure growth in the students.

Implementation
This capstone paper will cover one entire unit, referred to as Cyber-safety month, split into four different lessons. Each lesson is designed to help create a learning experience for fourth-grade students to learn how to use the internet, and internet accessible technology correctly and effectively. In the first lesson there will be a pre survey (see figure one) given before anything else happens.

Figure one:

![Survey Image]

After that, there will be an internet usage survey (see figure 2) given for the educator to gather how much access to the internet the group of students have and what will be relevant information to them. This is to make sure each topic discussed with the group is relevant to what they students have access to and enjoy. After this, the lesson goes into a discussion of key terms.
and themes and then an activity about how information can travel on the internet (see Appendix 1 section 1).

Figure 2:

Please Answer all Questions to Best of Your Ability

1. How often do you use the internet/social media on a phone or the computer?
   A. Once a month
   B. Once a week
   C. Everyday
   D. Multiple times a day
   E. Never

2. Where do you have access to the internet? (Circle all that apply)
   A. Home
   B. School
   C. At a friends house
   D. I have internet access all of the time
   E. I do not have access to the internet

3. Do you have a phone that has internet access?
   A. Yes
   B. No
   C. I do not have a phone

4. Which type of social media do you use? (Circle all that apply)
   A. Facebook
   B. Instagram
   C. Musically
   D. Twitter
   E. Myspace
   F. Snapchat
   G. TikTok
   H. Youtube
   I. Other ______________
   J. None of the Above
In the second lesson, (Appendix 1 section 2) students will have a guest speaker which the educator will prepare them for. In the preparation for a guest speaker, students will gather pen and paper to take notes as well as formulate questions they will want to ask the speaker. The speaker will be a professional in the field or someone in the law enforcement field that has expertise in internet safety. If no guest speaker, instructors can rely on the aide of videos and research can substitute. In the third lesson there will be project based learning when the students are split into groups. Each group will create a poster about internet safety and what people should know about being online. After they are created they will present them in front of the rest of the class (see Appendix 1 section 3.) In the last lesson there will be a review discussion and recap. The students will do the post survey and then they will all receive a certificate for their accomplishment in finishing the program. (Lesson 4 located in Appendix 1 section 4).

**Evaluation**

Evaluation of this capstone paper is determined by the internet usage survey, as well as pre and post surveys, and finally the posters from the third lesson. The first thing students in the Cyber Safety Month program completed was an internet usage survey. There were 14 completed surveys returned out of these 71% had a response stating they have their own cell phone with internet access. Beyond that 79% of students responded with “everyday” or “multiple times a day” as the amount they have access the internet.

The way that the Pre and Post survey was evaluated is according to the change that is seen from one survey to the other. When looking at the assessments what will be noted in this capstone is if there is a change, and if that change is a positive or negative change. Each pre-and-post survey will be scored as one, and will be given a point for a positive change and subtracted a
point when there is a negative change. A change can be defined by an answer to a question that is different between surveys. A change is also defined by the post survey having an answer appear where there was a blank answer in the pre survey. Positive change is where there was a blank answer or an answer that is a negative use of technology that is changed to an answer that comes from positive growth or positive internet usage ideals. Negative change is where a blank answer or previously filled out answer changes and shows an incorrect usage of internet technology.

Out of 15 students who participated in the pre-and-post survey sections, 12 are viable since 3 students were not able to return for the post survey. Out of these surveys they showed an average of 2.25 points worth of growth, or 20%. The highest score recorded was 5 points of change and the lowest was a score of 0. The most common score was 1 point of change. The following example is of a student who made several improvements between surveys.
Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:
1. It is important to have a good understanding of how a technology works
   Agree
   Disagree
   I do not know

2. I have learned about the potential problems or issues related to using technology
   Agree
   Disagree
   I do not know

3. I follow the same rules for technology use at home and at school
   Agree
   Disagree
   I do not know

4. My behavior online can affect others
   Agree
   Disagree
   I do not know

5. It is okay to say something to someone online that you would not say in person
   Agree
   Disagree
   I do not know

Please fill in the blank for the following questions:
6. Being a good Digital Citizen means _______________

7. Plagiarism is _______________

8. Technology helps my education by _______________

9. One way I can misuse technology is by _______________

For the following questions please circle the best answer:
10. When adding friends on social media how do you decide who can follow you?
    a. I only allow others I know in person to follow me on all my social media.
    b. I let everyone follow me.
    c. I only allow some strangers to follow me, but not just anyone.

11. Do you have friends online?
    a. Yes, I chat with whoever I want
    b. No, I only chat with people I know
    c. I sometimes chat with strangers, but only ones who seem nice

12. Do you keep your accounts private?
    a. Yes, my accounts are on private
    b. No, my accounts are public

13. Do your parents check your social media?
    a. Yes, my parents check my social media
    b. No, my parents don’t check my social media, but they know about them.
    c. No, my parents don’t check my social media, they do not know they exist.

14. Technology helps my education by _______________

15. One way I can misuse technology is by _______________

For the following questions please circle the best answer:
16. When adding friends on social media how do you decide who can follow you?
    a. I only allow others I know in person to follow me on all my social media.
    b. I let everyone follow me.
    c. I only allow some strangers to follow me, but not just anyone.

17. Do you have friends online?
    a. Yes, I chat with whoever I want
    b. No, I only chat with people I know
    c. I sometimes chat with strangers, but only ones who seem nice

18. Do you keep your accounts private?
    a. Yes, my accounts are on private
    b. No, my accounts are public

19. Do your parents check your social media?
    a. Yes, my parents check my social media
    b. No, my parents don’t check my social media, but they know about them.
    c. No, my parents don’t check my social media, they do not know they exist.
While looking at the results of the survey it is important to also take in account that many answers remained unchanged. Out of 156 answers 107 answers remained unchanged, 68% of all answers, from the first survey given to the second. This can be broken down in different categories of explanations to why the answers remained unchanged. 88 of these answers did not change between surveys because the student already had the correct knowledge of proper internet usage and showed it on both papers, this was 82% of the 107. In total 11% of the 107 that stayed the same were considered negative answers defined by showing incorrect knowledge of internet usage behavior on the first survey and repeating it again on the second. Of this, 7 of all unchanged answers were left blank on both surveys, .065% of all responses were unanswered questions.

The posters that the student groups created are the last example to evaluate for this capstone (See Appendix four for all posters). Each group was tasked with “creating a poster about what someone should know when it comes to using the internet.” Three of the four posters were created in a manner that stated positive things in regards to the internet as well as the negative things to be aware of. One of the posters solely focused on positive uses of the internet. All of the student groups stood up and spoke about their posters successfully and showed true understanding of every image that they has drawn.
Example of Completed Poster:
Reflection

Discussion

Through the research done in the literature review for this capstone it became evident that there is a need by elementary age students for education in internet safety. Several sources used for this project state that children are aware of the internet at an early age, and because of this internet safety education is necessary early. Through other sources it became clear that this capstone needed to focus not only on ideals that would keep students safe in the traditional sense but also safe from cyberbullying, online scams, as well as knowing how to contribute to a safe atmosphere while being online.

The growth shown through the pre and post survey states that the Cyber safety Month program had successes. One of these successes was the string activity. In multiple surveys there was a higher response rate to question number which directly correlated to the activity where string was passed along. One possible reason this could be is the fact that it was a very interactive, it was a point in the program where the kids were in control and got to talk with one another. In the end of the string activity there is a visual indicator, the web that is created, which makes it easier to understand the bigger picture that the activity is meant to convey.

The number one challenge that affected the Cyber Safety month program was the lack of time available. This capstone would ideally be done over the course of four weeks, where not only one day a week there would be activities that are explained in the lesson plans, but in addition to the lessons there could be conversation and other factors that can be interwoven into other classroom activities. Even without the extra time spend beyond the lessons the program itself should be done over four days, one lesson each day. Because of the lack of time available this capstone was only able to be at the after school program for two days, and a limited time
each day. There was a decision to cut the second lesson due to the time shortage and the first and third lesson were completed on the first day and the fourth lesson on the second day. Though the program did end up to be a success there is no way of knowing how much more successful it could have been if the lessons were spread over a longer amount of time as well as including the second lesson.

Another challenge was the fact that this capstone was done at an after school program not in a regular day classroom. This was a challenge because students from the program would be picked up early, or some were in attendance the first day but not on the second day. Beyond this, the students are still in an educational space, but have already gone through their full day of education and are less engaged or focused during the time available for this capstone.

All together the execution of this capstone project was positive. The main ideas that were meant to be taught to the students participating in the program were proved to be absorbed using the pre and post survey. It seemed as if the students enjoyed the program, they were all very energetic and excited especially during the poster making and when they received their certificate of completion.

**Recommendation**

Going forward it would be recommended that anyone who attempts this program should keep all of the themes of the Cyber Safety week. The program covers things that are important for fourth graders to know especially the idea of being a good Digital Citizen because they are exposed to so much technology. The program has a good balance of warnings of what could happen if the internet is misused as well as positive uses of technology and how to correctly use the internet. For example, the program encourages students to not only think about dangers of the internet such as losing sensitive information or cyberbullying, but also to look at the positive
uses of technology that can help their education grow—Google Classroom, Epic reading, or virtual field trips.

One thing that could be changed going forward with this project would certainly be to make it more visual and more interactive. During the first lesson the students and instructor attempted to make use of the white board to make lists but there were not visuals or manipulatives for the students to connect further with the lesson until the string activity where their attention picked up. This is not ideal because so much information comes in the first half of the lesson, so going forward it might be considered to add a powerpoint, pictures, or use a website to make it more exciting for students to learn.

Something else that might be a good idea to change is the amount of time that is spent in the classroom for this project. Seeing as there were still some questions left completely blank on the pre-and-post survey, it might be concluded that if the program was implemented in the full amount of time it was designed for was completed there could have been a better result. Going forward it would be a better idea to attempt all four lessons, all falling on different days, and seeing what improvements, if any, that contributes for the students.

**Future Plans to Build on Capstone**

To build on this Capstone it might be helpful to incorporate actual programs that the students are currently using in their classrooms. For many teachers, technology has many helpful tools that make providing education to students easier. When students know how to behave properly online teachers can feel more confident and comfortable using online programs in the classroom. When students fully understand the risks and consequences that come with using the internet they will act more responsible. This means after educators use the Cyber Safety Month
program or one that stems from it they can know their students will know what is right and what is wrong even without the teacher hovering over their shoulder.

As future educators it is a teacher's job to best prepare students for the world, and the current world is one where technology is extremely important. Everyday there are more jobs in the technology industry as the technology of the world grows. It is no longer possible to go through life without coming into contact with technology and the internet. To leave students without knowledge of how to navigate the internet to determine what is appropriate and what is not would be a disservice to them. Teachers who incorporate technology into the classroom give students a better chance at being successful adults. For instructors to use this program in their classroom it would be one step towards setting students up for that success.

Conclusion

After completion of this capstone project it can be determined that this project was a success. After all of the research done in the literature review and tying it into the lesson plans the project turned out to be something that can help students when it comes to internet safety. When the results are taken into account it is clear that the Cyber Safety Month program is a benefit to elementary school students.

To conclude, it is important for students of all ages to know about the risks and the benefits of using the internet in the classroom and at home. The program implemented in this Capstone project covers what is necessary for students to use technology to better their education and how to keep safe while doing it. This Capstone reflects the importance of the growing wave of technology that is in a students life today, and after completion of the program students and teachers can use the web more comfortably.
References

DeFranco, Joanna F. (2011). *Teaching Internet Security, Safety in Our Classrooms. Techniques: Connecting Education and Careers* (pp. 52-55) (J1), v86 n5


APPENDIX 1: LESSON PLANS
APPENDIX 2: INTERNET USAGE SURVEY
APPENDIX 3: PRE/POST SURVEYS
APPENDIX 4: POSTERS
Lesson 1 Overview

**Subject:** English Language Arts, Literacy

**Topic of study:** Discussion of internet

**Grade Level:** Fourth Grade

**Measurable Learning Objective:** By the end of the first lesson, students should be able to define “Digital Citizenship.”

**Lesson summary:** Week one will start with two surveys for the students to take, the first one is a number of questions to see what exposure to the internet and social media this particular group of students have. The second survey a pre-survey to see where the students fall before any lessons when it comes to digital citizenship and online internet safety. Following this we will have a discussion about internet safety and digital citizenship.

1: **What is Digital Citizenship?** Make sure students know that this is how to treat others on the internet respectfully, as well as be respectful of the devices. Do not plagiarize, know that what you say affects others, would you say something to someone online that you wouldn’t say face to face.

2: **What are some ways we use technology in school/ at home?** Have students recall what they use in the classroom and how they use it. How is this different than the way they use it at home? Why is it different?

3: **What are some positive uses for technology?** How does that help their education? Gives them more access to more knowledge, keeps them in contact with others, opens the world when they couldn’t have without it.

4: **What are some things to be aware of online/ways to misuse technology?** Viruses, cyberbullying. How information might affect school and jobs. People who are not who they say they are. How it can affect others. End on personal information.

During this students will participate in an interactive activity with a ball of yarn where we will sit in a circle and throw the ball of yarn to someone we would "trust with information" and see how far information could be spread on the internet. This will show how far and quickly information can spread when using the internet and social media.

**Implementation**

**Learning Context:** This lesson will be the beginning lesson for Cyber-Safety

**Teaching Strategy:** Discussion based learning lead by teacher
Time Allotment: 15 minutes for both surveys, and 15 minutes for discussion and activity. Total 30 minutes.

Procedure
Anticipatory Set: Start by asking students what their favorite thing to do online is. Tell them that today, and in the weeks to come that as a class they will all be doing “Cyber-safety month” and how it will be broken up into different lessons and activities. Explain how the surveys need to be filled out, and that they are anonymous. Tell them it is not a test and there is no correct or incorrect answer, but it will be helpful to the instructor later on. Pass out surveys and tell them how long they have to finish it.

Modeling: The instructor will be sitting in the circle with the students and will lead the discussion. The discussion will revolve around key points that are explained in the lesson summary. The discussion will start in the circle about how people using the internet are more likely to share something with another person even though it is not their personal information, and how it continues to spread. They will then use sentence phrasing such as, “I believe (insert student's name here) is trustworthy and I would share something about myself with them” and while keeping a hand on the end of the string, pass the ball of yarn to the student whom has been named. The instructor should ideally choose a student seated across the circle.

Guided practice: The teacher and the student will work together to recap the rules of the activity.

Independent Practice: Prompt students to stick to questions given. Have the student that is currently holding the ball of yarn think of a friend or classmate that is sitting in the circle whom they would share information with. Encourage that student to then gently toss the ball of yarn to the classmate of their choice while still holding on to a part of the string, and remind them of how the instructor has done it. Allow students to come to answers feely. Have the students continue the method of choosing a classmate and tossing the yarn to create a geometric web between the students.

Closure: Take a look around the circle and see how far the original information has gone. Discuss what kind of information this could be, anything ranging from a harmless joke or secret to personal information that can hurt someone or themselves. Discuss what to do when put in this situation.

Follow up: Going on to the next lesson that gives real life examples to the students when it comes to internet safety.

Materials and resources
**Instructional materials:** Pre-survey and internet access survey, yarn and discussion notes, print out of Digital Citizenship chart.

**Resources:** Discussion lead by instructor, chart on Digital Citizenship.

**Standard and assessment**

**Content standard:** [CCSS.ELA-LITERACY.SL.4.1.C](#)

Pose and respond to specific questions to clarify or follow up on information, and make comments that contribute to the discussion and link to the remarks of others.

**Assessment plan:** Check in with students, instructor should ask students if they learned anything new during the first lesson.

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**Lesson 2 Overview**

**Subject:** English Language Arts

**Topic of study:** Literacy

**Grade Level:** Fourth Grade

**Measurable Learning Objective:** Students will have written answers to the questions that are formed.

**Lesson Summary:** The Second lesson would have a guest speaker or use of a YouTube video in order to hear from a professional when dealing with online issues. Beforehand the students and instructor will talk about etiquette when someone is speaking, review how to take notes on their information, and also create a list of questions that they want to ask the professional. Then they will listen to the speaker. If relying on a video or recording, if questions that were formed beforehand were not already answered through media have students work as a team to receive answers to the questions.

**Implementation**

**Learning Context:** This lesson will follow the beginning lesson for Cyber-safety awareness and allow the students to get realistic answers from a credible sources.

**Teaching Strategy:** Guest Speaker
**Time Allotment:** 30-60 minutes depending on the type of presentation.

**Procedure**

**Anticipatory Set:** Describe the expert who will be coming in and why they are an expert in their field. Go over etiquette when someone is speaking, review how to take notes on their information, and also create a list of questions that they want to ask the professional.

**Modeling:** Give examples of questions that can be asked of the professional, what the difference between an inappropriate question and a scholarly question.

**Guided Practice:** Students and teacher will work together to write keep track of questions as well as define what is an appropriate question and what is not.

**Independent Practice:** Give students time to ask their questions and if necessary find the information necessary to answer the questions.

**Closure:** Have the students share the information that they have found. Possibly have them write a “Thank You” letter to the person who has come in to speak with them.

**Follow Up:** Going on to the next lesson in Cyber-Safety Month which surrounds project based learning.

**Materials and resources**

**Instructional materials:** Note sheet and Question paper/journals.

**Resources:** Expert or scholarly approved video.

**Standard and assessment**

**Content standard:** CCSS.ELA-LITERACY.SL.4.3

Identify the reasons and evidence a speaker provides to support particular points.

**Assessment plan:** Have Students write in their journal about what they have learned, use it as the beginning of the next lesson.

**Lesson 3 Overview**

**Subject:** English Language Arts

**Topic of study:** Literacy
Grade Level: Fourth Grade

Measurable Learning Objective: Students will create a poster that recounts the information learned through lesson.

Lesson Summary: The third Lesson is the most important, that is where the students will use project based learning to make posters on internet safety and digital citizenship then share what they have created with each other. This will be the longest lesson.

Implementation
Learning Context: This lesson will use project based learning to connect to internet safety education.

Teaching Strategy: Project Based Learning

Time Allotment: 30-45 Minutes

Procedure
Anticipatory Set: Have the instructor show an example of a poster that is created on something that is different to the lesson.

Modeling: The instructor will give a minute presentation on what their mini-poster’s topic. Example: the mini poster could be about the life of a caterpillar, there should be pictures of every stage of the insects journey and key terms, not full paragraphs. The teacher will speak about the information in the poster.

Guided Practice: Student and teacher will work together to choose ideas that should go onto the posters. Determine what type of internet terms or images would be appropriate to put on the posters and what would not.

Independent Practice: Students will then create posters on the theme of internet safety education, using ideas such as digital citizenship, information traveling, tips on how to handle situations, respect, and using the internet as an educational tool. Instructor will walk around and help students remember all of their information, have them use their notes, and give assistance when it comes to creating the poster. Have students present on their poster, they can share the knowledge to the peers in their class or ideally they can teach younger grades.
Closure: Complement the students on their work and allow them to give each other feedback and reassurance about the strengths of their projects. Have the students hang up their work to look at daily.

Follow Up: Head into the next lesson which is a wrap up and celebration of completion.

Materials and resources

Instructional materials: Posters, notes, question sheets.

Resources: N/A

Standard and assessment

Content Standard: CCSS.ELA-LITERACY.SL.4.4
Report on a topic or text, tell a story, or recount an experience in an organized manner, using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace.

Assessment Plan: Look over the posters and make sure that all the student’s work is on track, they should have relevant information and it should be complete work. Make sure students are creating original work and not just copying from resources.

Lesson 4 Overview

Subject: Digital Citizenship

Topic of study: Technology and Online Safety

Grade Level: Fourth Grade

Measurable Learning Objective: Students will show a growth in understanding of internet behavior through the pre-and-post survey.

Lesson summary: The last lesson will consist of a follow up survey, and wrap-up discussion. The discussion will stem from the journal prompt that is assigned to them in their classroom. At the end they will receive a certificate for completing the program- a take home reminder to be a good digital citizen and make smart choices on the internet

Implementation
Learning Context: This lesson will act as a wrap-up for Cyber-Safety Month that will encourage and reinforce all of the student's knowledge.

Teaching Strategy: Discussion and Celebration

Time Allotment: 10 minutes for survey, 10 minutes for wrap-up discussion and certificate distribution.

Procedure

Anticipatory Set: Have the students recall everything that they have learned so far.

Modeling: Have the instructor share what they have seen with the student’s progress with the lessons they have completed. The teacher should state what they have learned, if anything, and what she enjoyed about the program.

Guided Practice: Students and teacher will work together to recap the highlights of the program. Sharing what they learned and what they enjoyed.

Independent Practice: Allow students to do their survey and relay back to the instructor what they did or did not like during the month. They should state what they thought might need to be changed and what they learned as well as how they would use it.

Closure: Pass out the certificates to the students to allow them to have a sense of completion and accomplishment. This will act as a physical reminder of everything they have learned.

Follow Up: Have the students use the information they have learned while using the internet for educational benefits. Students will be able to implement their understanding when using social media as well as all the technology that is used in their classroom and at home.

Materials and resources

Instructional Materials: Post Survey and certificate of completion

Resources: N/A

Standard and assessment

Content standard: CCSS: DIGITAL CITIZENSHIP
Demonstrate the responsible use of technology and an understanding of ethics and safety issues in using electronic media at home, in school and in society
Assessment Plan: Look at the pre/post surveys and see how they differ. Note the growth in understanding or lack of change.
APPENDIX 2 INTERNET USAGE SURVEY
Please Answer all Questions to Best of Your Ability

1. How often do you use the internet/social media on a phone or the computer?
   A. Once a month
   B. Once a week
   C. Everyday
   D. Multiple times a day
   E. Never

2. Where do you have access to the internet? (Circle all that apply)
   A. Home
   B. School
   C. At a friends house
   D. I have internet access all of the time
   E. I do not have access to the internet

3. Do you have a phone that has internet access?
   A. Yes
   B. No
   C. I do not have a phone

4. Which type of social media do you use? (Circle all that apply)
   A. Facebook
   B. Instagram
   C. Musically
   D. Twitter
   E. Myspace
   F. Snapchat
   G. TicTok
   H. Youtube
   I. Other
   J. None of the Above
Please Answer all Questions to Best of Your Ability

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   F. Snapchat
   G. TicTok
   H. Youtube
   I. Other
   J. None of the Above
APPENDIX 3 PRE/POST SURVEY
Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how technology works
   Agree Disagree I do not know

2. I have learned about the potential problems or issues related to using technology
   Agree Disagree I do not know

3. I follow the same rules for technology use at home and at school
   Agree Disagree I do not know

4. My behavior online can affect others
   Agree Disagree I do not know

5. It is okay to say something to someone online that you would not say in person
   Agree Disagree I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means
   Do not do anything wrong.

7. Plagiarism is
   a hard word and I never heard of it before.

8. Technology helps my education by
   helping in math, reading, and writing.

9. One way I can misuse technology is by
   seeing stuff that I don’t have to see.

For the following questions please circle the best answer:

10. When adding friends on social media how do you decide who can follow you?
    a. I only allow others I know in person to follow me on all my social media.
    b. I let everyone follow me.
    c. I only allow some strangers to follow me, but not just anyone.

11. Do you chat with strangers online?
    a. Yes, I chat with whoever I want.
    b. No, I only chat with people I know.
    c. I sometimes chat with strangers, but only ones who seem nice.

12. Do you keep your accounts on Private?
    a. Yes my accounts are on private.
    b. No my accounts are public.

13. Do your parents check your social media?
    a. Yes my parents check my social media.
    b. No, my parents don’t check my social media, but they know about them.
    c. No, my parents don’t check my social media, they do not know they exist.
Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   Agree  Disagree  I do not know

2. I have learned about the potential problems or issues related to using technology
   Agree  Disagree  I do not know

3. I follow the same rules for technology use at home and at school
   Agree  Disagree  I do not know

4. My behavior online can affect others
   Agree  Disagree  I do not know

5. It is okay to say something to someone online that you would not say in person
   Agree  Disagree  I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means
   _______ to use the internet right

7. Parental is
   _______ do not remember

8. Technology helps my education by
   _______

9. One way I can misuse technology is by
   _______

For the following questions please circle the best answer:

10. When adding friends on social media how do you decide who can follow you?
    a. I only allow others I know in person to follow me on all my social media.
    b. I let everyone follow me.
    c. I only allow some strangers to follow me, but not just anyone.

11. Do you chat with strangers online?
    a. Yes, I chat with whoever I want.
    b. No, I only chat with people I know.
    c. I sometimes chat with strangers, but only ones who seem nice.

12. Do you keep your accounts on Private?
    a. Yes my accounts are on private.
    b. No my accounts are public.

13. Do your parents check your social media?
    a. Yes my parents check my social media.
    b. No, my parents don't check my social media, but they know about them.
    c. No, my parents don't check my social media, they do not know they exist.
INTERNET SAFETY EDUCATION

Student 2 Pre survey

Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   - Agree
   - Disagree
   - I do not know

2. I have learned about the potential problems or issues related to using technology
   - Agree
   - Disagree
   - I do not know

3. I follow the same rules for technology use at home and at school
   - Agree
   - Disagree
   - I do not know

4. My behavior online can affect others
   - Agree
   - Disagree
   - I do not know

5. It is okay to say something to someone online that you would not say in person
   - Agree
   - Disagree
   - I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means _________
   - stuff that will hurt people

7. Plagiarism is _________ someone who copies you
   - on a book that you did

8. Technology helps my education by _________ in _________
   - online

9. One way I can misuse technology is by _________
   - using it to chat with friends at school

For the following questions please circle the best answer:

10. When adding friends on social media how do you decide who can follow you?
    - a. I only allow others I know in person to follow me on all my social media.
    - b. I let everyone follow me.
    - c. I only allow some strangers to follow me, but not just anyone.

11. Do you chat with strangers online?
    - Yes, I chat with whoever I want
    - No, I only chat with people I know
    - I sometimes chat with strangers, but only ones who seem nice

12. Do you keep your accounts on Private?
    - a. Yes my accounts are on private
    - b. No my accounts are public

13. Do your parents check your social media?
    - a. Yes my parents check my social media
    - b. No, my parents don't check my social media, but they know about them.
    - c. No, my parents don't check my social media, they do not know they exist
Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   Agree □ Disagree □ I do not know

2. I have learned about the potential problems or issues related to using technology
   Agree □ Disagree □ I do not know

3. I follow the same rules for technology use at home and at school
   Agree □ Disagree □ I do not know

4. My behavior online can affect others
   Agree □ Disagree □ I do not know

5. It is okay to say something to someone online that you would not say in person
   Agree □ Disagree □ I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means _____ Bullying and _____.

7. Plagiarism is _____.

---

Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   Agree □ Disagree □ I do not know

2. I have learned about the potential problems or issues related to using technology
   Agree □ Disagree □ I do not know

3. I follow the same rules for technology use at home and at school
   Agree □ Disagree □ I do not know

4. My behavior online can affect others
   Agree □ Disagree □ I do not know

5. It is okay to say something to someone online that you would not say in person
   Agree □ Disagree □ I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means _____.

7. Plagiarism is _____.

---

For the following questions please circle the best answer:

10. When adding friends on social media how do you decide who can follow you?
    a. I only allow others I know in person to follow me on all my social media.
    b. I let everyone follow me.
    c. I only allow some strangers to follow me, but not just anyone.

11. Do you chat with strangers online?
    a. Yes, I chat with whoever I want
    b. No, I only chat with people I know
    c. I sometimes chat with strangers, but only ones who seem nice

12. Do you keep your accounts on Private?
    a. Yes, my accounts are on Private
    b. No, my accounts are public

13. Do your parents check your social media?
    a. Yes, my parents check my social media
    b. No, my parents don’t check my social media, but they know about them.
    c. No, my parents don’t check my social media, they do not know they exist.
Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   - Agree
   - Disagree
   - I do not know

2. I have learned about the potential problems or issues related to using technology
   - Agree
   - Disagree
   - I do not know

3. I follow the same rules for technology use at home and at school
   - Agree
   - Disagree
   - I do not know

4. My behavior online can affect others
   - Agree
   - Disagree
   - I do not know

5. It is okay to say something to someone online that you would not say in person
   - Agree
   - Disagree
   - I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means ___________

7. Plagiarism is ___________

For the following questions please circle the best answer:

8. Technology helps my education by ___________
   a. Homework check answers
   b. Again
   c. Improvement

9. One way I can misuse technology is by ___________
   a. Being mean to others
   b. Cyberbullying
   c. I do not know

10. When adding friends on social media how do you decide who can follow you?
    a. If only allow others I know in person to follow me on all my social media.
    b. Let everyone follow me.
    c. Only allow some strangers to follow me, but not just anyone.

11. Do you chat with strangers online?
    a. Yes, I chat with whoever I want
    b. No, I only chat with people I know
    c. I sometimes chat with strangers, but only ones who seem nice

12. Do you keep your accounts on Private?
    a. Yes my accounts are on private
    b. No my accounts are public

13. Do your parents check your social media?
    a. Yes my parents check my social media
    b. No, my parents don't check my social media, but they know about them.
    c. No, my parents don't check my social media, they do not know they exist.
Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   Agree  Disagree  I do not know

2. I have learned about the potential problems or issues related to using technology
   Agree  Disagree  I do not know

3. I follow the same rules for technology use at home and at school
   Agree  Disagree  I do not know

4. My behavior online can affect others
   Agree  Disagree  I do not know

5. It is okay to say something to someone online that you would not say in person
   Agree  Disagree  I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means you don’t ________ and you don’t ________
   bully  and  you don’t

7. Plagiarism is ________ or ________ in the real world only you start using other’s work.
   ________  and  ________

8. Technology helps my education by ________
   easy access to websites
   that have information

9. One way I can misuse technology is by ________
   to cheat on a test

For the following questions please circle the best answer:

10. When adding friends on social media how do you decide who can follow you?
    a. I only allow others I know in person to follow me on all my social media.
    b. I let everyone follow me.
    c. I only allow some strangers to follow me, but not just anyone.

11. Do you chat with strangers online?
    a. Yes, I chat with whoever I want.
    b. No, I only chat with people I know.
    c. I sometimes chat with strangers, but only ones who seem nice.

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    a. Yes my accounts are on private.
    b. No my accounts are public.

13. Do your parents check your social media?
    a. Yes my parents check my social media.
    b. No, my parents don’t check my social media, but they know about them.
    c. No, my parents don’t check my social media, they do not know they exist.
Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   Agree  Disagree  I do not know

2. I have learned about the potential problems or issues related to using technology
   Agree  Disagree  I do not know

3. I follow the same rules for technology use at home and at school
   Agree  Disagree  I do not know

4. My behavior online can affect others
   Agree  Disagree  I do not know

5. It is okay to say something to someone online that you would not say in person
   Agree  Disagree  I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means ________________

7. Plagiarism is ________________

8. Technology helps my education by ________________

9. One way I can misuse technology is by ________________

For the following questions please circle the best answer:

10. When adding friends on social media how do you decide who can follow you?
    a. I only allow others I know in person to follow me on all my social media.
    b. I let everyone follow me.
    c. I only allow some strangers to follow me, but not just anyone.

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    a. Yes, I chat with whoever I want
    b. No, I only chat with people I know
    c. I sometimes chat with strangers, but only ones who seem nice

12. Do you keep your accounts on private?
    a. Yes, my accounts are on private
    b. No, my accounts are public

13. Do your parents check your social media?
    a. Yes my parents check my social media
    b. No, my parents don’t check my social media, but they know about them.
    c. No, my parents don’t check my social media, they do not know they exist.
Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   - Agree
   - Disagree
   - I do not know

2. I have learned about the potential problems or issues related to using technology
   - Agree
   - Disagree
   - I do not know

3. I follow the same rules for technology use at home and at school
   - Agree
   - Disagree
   - I do not know

4. My behavior online can affect others
   - Agree
   - Disagree
   - I do not know

5. It is okay to say something to someone online that you would not say in person
   - Agree
   - Disagree
   - I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means ______ you can do ______ on your own.

7. Plagiarism is ____________

8. Technology helps my education by _______
   and _______

9. One way I can misuse technology is by _______

For the following questions please circle the best answer:

10. When adding friends on social media how do you decide who can follow you?
    a. I only allow others I know in person to follow me on all my social media.
    b. I let everyone follow me.
    c. I only allow some strangers to follow me, not just anyone.

11. Do you chat with strangers online?
    a. Yes, I chat with whoever I want.
    b. No, I only chat with people I know.
    c. I sometimes chat with strangers, but only ones who seem nice.

12. Do you keep your accounts on private?
    a. Yes, my accounts are on private.
    b. No, my accounts are public.

13. Do your parents check your social media?
    a. Yes, my parents check my social media.
    b. No, my parents don’t check my social media, but they know about them.
    c. No, my parents don’t check my social media, they do not know they exist.
Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   - Agree
   - Disagree
   - I do not know

2. I have learned about the potential problems or issues related to using technology
   - Agree
   - Disagree
   - I do not know

3. I follow the same rules for technology use at home and at school
   - Agree
   - Disagree
   - I do not know

4. My behavior online can affect others
   - Agree
   - Disagree
   - I do not know

5. It is okay to say something to someone online that you would not say in person
   - Agree
   - Disagree
   - I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means...
   - Staying away from any unethical behavior
   - Respecting others

7. Plagiarism is...
   - Using someone else's ideas without giving them credit
   - Copying from a piece of article that has already been printed

For the following questions please circle the best answer:

8. The technology helps my education by...
   - Learning to code or use a laptop or computer
   - Getting things wrong

9. One way I can misuse technology is by...
   - Posting inappropriate content online
   - Drawing things on my private

For the following questions please circle the best answer:

10. When adding friends on social media how do you decide who can follow you?
    a. I only allow others I know in person to follow me on all my social media.
    b. I let everyone follow me.
    c. I only allow some strangers to follow me, but not just anyone.

11. Do you chat with strangers online?
    a. Yes, I chat with whoever I want
    b. No, I only chat with people I know
    c. I sometimes chat with strangers, but only ones who seem nice

12. Do you keep your accounts on Private?
    a. Yes, my accounts are private
    b. No, my parents don't check my social media, but they know about them.
    c. No, my parents don't check my social media, they do not know they exist.

13. Do your parents check your social media?
    a. Yes, my parents check my social media
    b. No, my parents don't check my social media, but they know about them.
    c. No, my parents don't check my social media, they do not know they exist.
INTERNET SAFETY EDUCATION

Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   - Agree
   - Disagree
   - I do not know

2. I have learned about the potential problems or issues related to using technology
   - Agree
   - Disagree
   - I do not know

3. I follow the same rules for technology use at home and at school
   - Agree
   - Disagree
   - I do not know

4. My behavior online can affect others
   - Agree
   - Disagree
   - I do not know

5. It is okay to say something to someone online that you would not say in person
   - Agree
   - Disagree
   - I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means

7. Plagiarism is

Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   - Agree
   - Disagree
   - I do not know

2. I have learned about the potential problems or issues related to using technology
   - Agree
   - Disagree
   - I do not know

3. I follow the same rules for technology use at home and at school
   - Agree
   - Disagree
   - I do not know

4. My behavior online can affect others
   - Agree
   - Disagree
   - I do not know

5. It is okay to say something to someone online that you would not say in person
   - Agree
   - Disagree
   - I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means

7. Plagiarism is

Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. Technology helps my education by
   - Agree
   - Disagree
   - I do not know

2. One way I can misuse technology is by
   - Agree
   - Disagree
   - I do not know

For the following questions please circle the best answer:

10. When adding friends on social media how do you decide who can follow you?

   a. I only allow others I know in person to follow me on all my social media.
   b. I let everyone follow me.
   c. I only allow some strangers to follow me, but not just anyone.

11. Do you chat with strangers online?

   a. Yes, I chat with whoever I want.
   b. No, I only chat with people I know.
   c. I sometimes chat with strangers, but only ones who seem nice.

12. Do you keep your accounts on private?

   a. Yes, my accounts are on private.
   b. No, my accounts are not private.

13. Do your parents check your social media?

   a. Yes, my parents check my social media.
   b. No, my parents don't check my social media, but they know about them.
   c. No, my parents don't check my social media, they do not know they exist.
Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   
   Agree ☐  Disagree ☒  I do not know ☒

2. I have learned about the potential problems or issues related to using technology
   
   Agree ☒  Disagree ☐  I do not know ☐

3. I follow the same rules for technology use at home and at school
   
   Agree ☐  Disagree ☒  I do not know ☒

4. My behavior online can affect others
   
   Agree ☐  Disagree ☒  I do not know ☒

5. It is okay to say something to someone online that you would not say in person
   
   Agree ☐  Disagree ☒  I do not know ☒

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means ___________ you are ___________.

7. Plagiarism is ___________.

8. Technology helps my education by ___________.

9. One way I can misuse technology is by ___________.

For the following questions please circle the best answer:

10. When adding friends on social media how do you decide who can follow you?
    
    a. I only allow others I know in person to follow me on all my social media.
    b. I let everyone follow me.
    c. I only allow some strangers to follow me, but not just anyone.

11. Do you chat with strangers online?
    
    a. Yes, I chat with whoever I want
    b. No, I only chat with people I know
    c. I sometimes chat with strangers, but only ones I seem nice

12. Do you keep your accounts private?
    
    a. Yes my accounts are on private
    b. No my accounts are public

13. Do your parents check your social media?
    
    a. Yes my parents check my social media
    b. No, my parents don’t check my social media, but they know about them.
    c. No, my parents don’t check my social media, they do not know they exist.
Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   - Agree
   - Disagree
   - I do not know

2. I have learned about the potential problems or issues related to using technology
   - Agree
   - Disagree
   - I do not know

3. I follow the same rules for technology use at home and at school
   - Agree
   - Disagree
   - I do not know

4. My behavior online can affect others
   - Agree
   - Disagree
   - I do not know

5. It is okay to say something to someone online that you would not say in person
   - Agree
   - Disagree
   - I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means _______.

7. Plagiarism is _______.

For the following questions please circle the best answer:

8. Technology helps my education by _______.
   - Review new things online
   - Teaching new things online

9. One way I can misuse technology is by _______.
   - Looking up inappropriate things
   - Not doing anything
   - Not exhibiting good behavior

For the following questions please circle the best answer:

10. When adding friends on social media how do you decide who can follow?
    a. I only allow others I know in person to follow me on all my social media
    b. I let everyone follow me
    c. I only allow some strangers to follow me, but not just anyone

11. Do you chat with strangers online?
    a. Yes, I chat with whoever I want
    b. No, I only chat with people I know
    c. I sometimes chat with strangers, but only ones who seem nice

12. Do you keep your accounts on Private?
    a. Yes, my accounts are on private
    b. No, my accounts are public

13. Do your parents check your social media?
    a. Yes, my parents check my social media
    b. No, my parents don't check my social media, but they know about them.
    c. No, my parents don't check my social media, they do not know they exist.
Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   - Agree
   - Disagree
   - I do not know

2. I have learned about the potential problems or issues related to using technology
   - Agree
   - Disagree
   - I do not know

3. I follow the same rules for technology use at home and at school
   - Agree
   - Disagree
   - I do not know

4. My behavior online can affect others
   - Agree
   - Disagree
   - I do not know

5. It is okay to say something to someone online that you would not say in person
   - Agree
   - Disagree
   - I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means ____________________________

7. Plagiarism is ____________________________

For the following questions please circle the best answer:

8. Technology helps my education by ____________________________

9. One way I can misuse technology is by ____________________________

10. When adding friends on social media how do you decide who can follow you?
    a. I only allow others I know in person to follow me on all my social media.
    b. I let everyone follow me.
    c. I only allow some strangers to follow me, but not just anyone.

11. Do you chat with strangers online?
    a. Yes, I chat with whoever I want.
    b. No, I only chat with people I know.
    c. I sometimes chat with strangers, but only ones who seem nice.

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    a. Yes, my accounts are on private
    b. No, my accounts are public.

13. Do your parents check your social media?
    a. Yes my parents check my social media
    b. No, my parents don’t check my social media, but they know about them.
    c. No, my parents don’t check my social media, they do not know they exist.
Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   Agree Disagree I do not know

2. I have learned about the potential problems or issues related to using technology
   Agree Disagree I do not know

3. I follow the same rules for technology use at home and at school
   Agree Disagree I do not know

4. My behavior online can affect others
   Agree Disagree I do not know

5. It is okay to say something to someone online that you would not say in person
   Agree Disagree I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means being a good person online.

7. Plagiarism is copying someone else's work

---

INTERNET SAFETY EDUCATION

8. Technology helps my education by
   I do not know

9. One way I can misuse technology is by
   not using it

For the following questions please circle the best answer:

10. When adding friends on social media how do you decide who can follow you?
    a. I allow others I know in person to follow me on all my social media
    b. I let everyone follow me.
    c. I only allow some strangers to follow me, but not just anyone.

11. Do you chat with strangers online?
    a. Yes, I chat with whoever I want.
    b. No, I only chat with people I know
    c. I sometimes chat with strangers, but only ones who seem nice

12. Do you keep your accounts on private?
    a. Yes, my accounts are on private
    b. No, my accounts are public.

13. Do your parents check your social media?
    a. Yes, my parents check my social media.
    b. No, my parents don't check my social media, but they know about them.
    c. No, my parents don't check my social media, they do not know they exist.
Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   - Agree
   - Disagree
   - I do not know

2. I have learned about the potential problems or issues related to using technology
   - Agree
   - Disagree
   - I do not know

3. I follow the same rules for technology use at home and at school
   - Agree
   - Disagree
   - I do not know

4. My behavior online can affect others
   - Agree
   - Disagree
   - I do not know

5. It is okay to say something to someone online that you would not say in person
   - Agree
   - Disagree
   - I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means _____________

7. Plagiarism is _____________

Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   - Agree
   - Disagree
   - I do not know

2. I have learned about the potential problems or issues related to using technology
   - Agree
   - Disagree
   - I do not know

3. I follow the same rules for technology use at home and at school
   - Agree
   - Disagree
   - I do not know

4. My behavior online can affect others
   - Agree
   - Disagree
   - I do not know

5. It is okay to say something to someone online that you would not say in person
   - Agree
   - Disagree
   - I do not know

Please fill in the blank for the following questions:

6. Being a good Digital Citizen means _____________

7. Plagiarism is _____________
Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:

1. It is important to have a good understanding of how a technology works
   - Agree
   - Disagree
   - I do not know

2. I have learned about the potential problems or issues related to using technology
   - Agree
   - Disagree
   - I do not know

3. I follow the same rules for technology use at home and at school
   - Agree
   - Disagree
   - I do not know

4. My behavior online can affect others
   - Agree
   - Disagree
   - I do not know

5. It is okay to say something to someone online that you would not say in person
   - Agree
   - Disagree
   - I do not know

Please fill in the blank for the following questions:

6. A good Digital Citizen means you won't hurt others or do things you wouldn't show your parents

7. Plagiarism is when you copy someone else's work or writing and call it your own

8. Technology helps my education by helping me research things I want to know the answer(s) to.

9. One way I can misuse technology is by
   - Helping others
   - Doing things that I am not allowed to do.

For the following questions please circle the best answer:

10. When adding friends on social media how do you decide who can follow you?
   - I only allow others I know in person to follow me on all my social media.
   - I let everyone follow me.
   - I only allow some strangers to follow me, but not just anyone.

11. Do you chat with strangers online?
   - Yes, I chat with whoever I want.
   - No, I only chat with people I know.
   - I sometimes chat with strangers, but only ones who seem nice.

12. Do you keep your accounts on Private?
   - Yes, my accounts are on private
   - No, my accounts are public

13. Do your parents check your social media?
   - Yes, my parents check my social media
   - No, my parents don't check my social media, but they know about them.
   - No, my parents don't check my social media, they do not know they exist.
Please Answer all Questions to Best of Your Ability

For the following statements please circle one answer:
1. It is important to have a good understanding of how a technology works
   Agree       I do not know   Disagree
2. I have learned about the potential problems or issues related to using technology
   Agree       I do not know   Disagree
3. I follow the same rules for technology use at home and at school
   Agree       I do not know   Disagree
4. My behavior online can affect others
   Agree       I do not know   Disagree
5. It is okay to say something to someone online that you would not say in person
   Agree       I do not know   Disagree

Please fill in the blank for the following questions:
6. Being a good Digital Citizen means ________________________________

7. Plagiarism is ________________________________

For the following questions please circle the best answer:
8. Technology helps my education by ________________________________
   a. not using it
   b. using it
   c. not using it
9. One way I can misuse technology is by ________________________________
   a. playing a game
   b. talking to strangers
   c. not using it

For the following questions please circle the best answer:
10. When adding friends on social media how do you decide who can follow you?
    a. I only allow others I know in person to follow me on all my social media.
    b. I let everyone follow me.
    c. I only allow some strangers to follow me, but not just anyone.

11. Do you chat with strangers online?
    a. Yes, I chat with anyone
    b. No, I only chat with people I know
    c. I sometimes chat with strangers, but only ones who seem nice

12. Do you keep your accounts on Private?
    a. Yes, my accounts are on private
    b. No, my accounts are public

13. Do your parents check your social media?
    a. Yes, my parents check my social media
    b. No, my parents don’t check my social media, but they know about them.
    c. No, my parents don’t check my social media, they do not know they exist.
APPENDIX 4 POSTERS

The Safety of the Internet

NO Bullying

Stay Safe

NITRO

type

NO HACKING
Technology is helpful.

You should use technology correctly.

Use games for learning.

Use video for entertainment.

Use social media for communication.
Bad Things

- No phone at school
- So peers don't get distracted at school/ask to you like strangers

Good Things

- Take up to friends
- Out of school where is contact

Jimmy

- Talking
- Using
- Social media
- Screens
- Online

Game
- ROBLOX
INTERNET SAFETY EDUCATION