California State University, Monterey Bay

Digital Commons @ CSUMB

Capstone Projects and Master's Theses

5-2019

Higher Education for At-Risk Youth in Santa Cruz County

Abbye Bohon
California State University, Monterey Bay

Follow this and additional works at: https://digitalcommons.csumb.edu/caps_thes_all

Part of the Curriculum and Instruction Commons, Health Services Research Commons, Higher Education Commons, Prison Education and Reentry Commons, and the Public Health Education and Promotion Commons

Recommended Citation

Bohon, Abbye, "Higher Education for At-Risk Youth in Santa Cruz County" (2019). *Capstone Projects and Master's Theses.* 522.

https://digitalcommons.csumb.edu/caps_thes_all/522

This Capstone Project (Open Access) is brought to you for free and open access by Digital Commons @ CSUMB. It has been accepted for inclusion in Capstone Projects and Master's Theses by an authorized administrator of Digital Commons @ CSUMB. For more information, please contact digitalcommons@csumb.edu.



Collaborative Health and Human Services

Department of Health, Human Services & Public Policy

Higher Education for At-Risk Youth in Santa Cruz County

Abbey Bohon



Problem Statement

Too many at-risk youth do not pursue higher education in the county of Santa Cruz due to a lack of knowledge of higher education opportunities.

Background

- Typically youth who keep delinquency habits can stay up to 3 to 5 years in a probation facility (Greenwood, 2008).
- At-risk youth tend to have longer stays in the probation/ juvenile system due to the lack of education (Greenwood, 2008).

Agency Description

Friday Night Live (FNL) County of Santa Cruz is an adult and youth-led leadership advocacy program that creates positive changes in the county's local communities. FNL caters to all youth populations which include at-risk youth who are in the probation system as well as post-probation.

Motivation

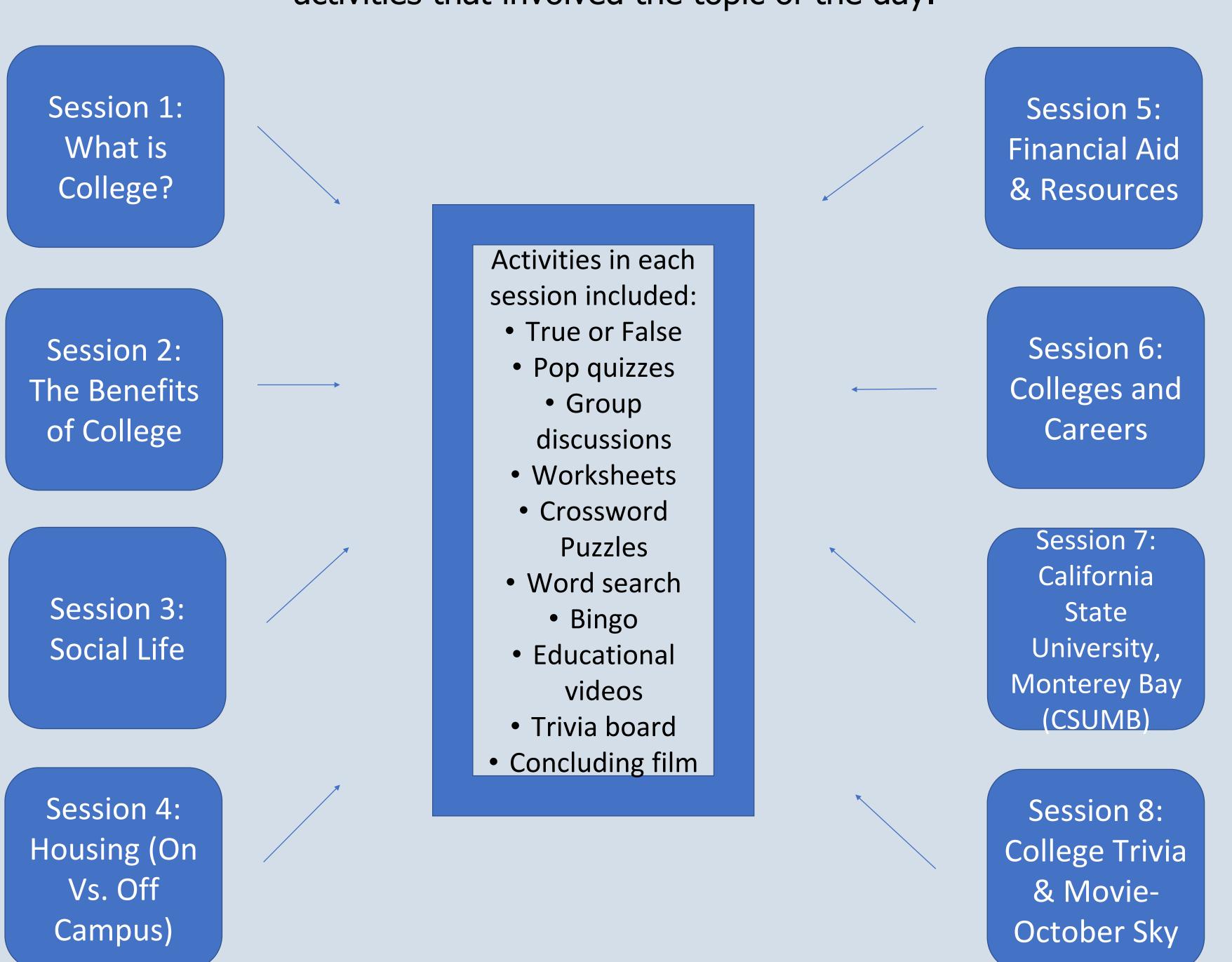
- In the County of Santa Cruz, at-risk youth are not exposed or have minimal to no awareness of higher education (Greenwood, 2008).
- At-risk youth are not receiving the proper resources when it comes to higher education (Greenwood, 2008).

Capstone Project Description

- This project involved an implementation process of a created curriculum for an 8-week duration that lasts for an hour. Each week covers a different topic that connects back to the Higher Education unit under the curriculum for the chapters of Juvenile Hall and Evening Center.
- Before and after the implementation process, participants are given an evaluation of a pre- and post- survey that tackles questions regarding higher education and background knowledge.

Capstone Implementation

This capstone implementation process was held at the Juvenile Hall facility in Felton, California. This process consisted of a one-hour, 8 weekly session that happened once a week at the facility. Each lesson plan (session) consisted of at least 4-5 activities that involved the topic of the day.



Assessment

Expected Outcomes:

- High participant satisfaction.
- Increased knowledge about higher education.

Results:

- Around 70% of participants were 'satisfied' with the capstone project.
- Participants also mentioned how much knowledge they have gained after the implementation process has been completed.

Conclusion / Recommendations

- The unit implemented as part of this capstone surpassed expectations and will be included in future curriculums at the Juvenile Hall and Evening Center chapters for the FNL organization.
- I recommend Friday Night Live implementing similar units in other traditional chapters that we work with, specifically those in the County of Santa Cruz school districts.

Acknowledgments

I would like to thank those who have supported me: My family, friends, mentors Maggie McGonigle and Rebecca Verlaque, supporting staff Sara Rowe and Mickaela Bernado, professor Ignacio Navarro, the CHHS department and CSUMB.

References

County of Santa Cruz. (2018). Friday night live & club live. *Health services agency*. Retrieved from

http://www.santacruzhealth.org/HSAHome/HSADivisions/BehavioralHealth/SubstanceUseDisordersServices/SantaCruzFridayNightLiveClubLive.aspx

Friday Night Live. (n.d.) Mission Statement. Retrieved from http://fridaynightlive.org/about-us/cfnlp-overview/

Greenwood, P. (2008). Prevention and intervention programs for juvenile offenders. *The Future of Children, 18*(2). Retrieved from http://link.galegroup.com/library2/csumb.edu;2048/apps/doc/A189000558/AONF2u=csumb.

http://link.galegroup.com.library2.csumb.edu:2048/apps/doc/A189000558/AONE?u=csumb_main&sid=AONE&xid=3c861e08

photo cred